

Overall Results

Open

Place	Name	Age	----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total Time
			Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	
1	Alex Eversmeyer	28	2	17:48.45	5:45	00:35.30	3	30:57.15	2:30	00:30.90	3	18:05.25	5:50	1:07:57.0
2	Joshua Loren	29	1	16:42.80	5:23	00:41.45	10	32:33.05	2:38	00:45.00	2	17:45.15	5:44	1:08:27.4
3	Kert St. John	37	3	17:49.55	5:45	00:37.25	15	32:59.65	2:40	00:31.80	1	17:41.95	5:42	1:09:40.2
4	Christopher Welsh	26	5	18:04.20	5:50	00:56.50	7	32:02.50	2:35	01:13.55	9	19:43.10	6:22	1:11:59.8
5	Jim Samuels	41	4	17:56.45	5:47	00:49.80	19	33:19.25	2:41	00:46.80	8	19:37.55	6:20	1:12:29.8
6	Rob Jung	30	29	20:42.15	6:41	00:45.20	8	32:05.95	2:35	00:42.35	4	18:36.00	6:00	1:12:51.6
7	Aaron Garrity	31	11	19:02.75	6:08	00:51.15	1	30:08.25	2:26	00:52.15	26	22:00.45	7:06	1:12:54.7
8	John Trucilla	48	15	19:26.40	6:16	00:51.85	5	31:13.40	2:31	00:45.80	13	20:41.25	6:40	1:12:58.7
9	Chris Borgia	49	10	19:00.15	6:08	00:42.25	16	33:01.00	2:40	00:40.80	11	20:19.05	6:33	1:13:43.2
10	Jeremy Lowry	28	6	18:19.75	5:55	01:28.25	27	34:16.50	2:46	00:54.45	5	19:02.25	6:08	1:14:01.2
11	Rick Shigo	46	12	19:05.00	6:09	01:03.95	11	32:47.05	2:39	01:12.55	10	19:58.80	6:26	1:14:07.3
12	Kevin Rinehardt	38	13	19:06.55	6:10	01:06.90	9	32:24.95	2:37	01:27.75	18	20:53.15	6:44	1:14:59.3
13	Pamela McCormick	36	20	19:54.40	6:25	00:53.90	13	32:51.50	2:39	00:45.40	16	20:46.60	6:42	1:15:11.8
14	Jared Lowry	26	8	18:31.45	5:58	02:08.80	30	34:27.55	2:47	01:14.45	7	19:13.70	6:12	1:15:35.9
15	Craig Zonna	46	33	21:08.95	6:49	01:03.10	2	30:45.75	2:29	00:50.75	35	22:32.10	7:16	1:16:20.6
16	Andrew Rose	26	32	21:08.55	6:49	01:08.55	4	31:02.15	2:30	01:07.25	24	21:54.25	7:04	1:16:20.7
17	Brian Tillett	29	7	18:30.30	5:58	01:18.70	12	32:47.85	2:39	01:17.55	37	22:44.90	7:20	1:16:39.3
18	Jenni Keil	31	17	19:42.25	6:21	00:48.35	35	34:45.35	2:48	00:43.65	15	20:45.75	6:42	1:16:45.3
19	Alexander Zarger	20	16	19:29.10	6:17	01:10.70	34	34:45.20	2:48	01:12.65	12	20:29.80	6:36	1:17:07.4
20	Mike Elleman	40	9	18:46.10	6:03	01:17.40	51	36:59.95	2:59	01:18.35	6	19:08.25	6:10	1:17:30.0
21	Alex Daquila	29	31	21:04.35	6:48	01:08.30	6	31:17.90	2:31	01:09.85	43	23:34.55	7:36	1:18:14.9
22	Bob Prelerson	53	24	20:16.35	6:32	01:30.90	33	34:41.95	2:48	01:12.45	14	20:41.35	6:40	1:18:23.0
23	Chris Coulston	41	27	20:25.65	6:35	00:52.85	23	33:53.20	2:44	00:51.05	36	22:34.35	7:17	1:18:37.1
24	Lewis Cody	29	14	19:10.45	6:11	00:38.45	48	36:37.85	2:57	00:36.90	22	21:38.95	6:59	1:18:42.6
25	Benjamin Snyder	31	26	20:23.20	6:35	01:03.30	41	35:56.50	2:54	00:52.85	17	20:52.85	6:44	1:19:08.7
26	Eric Mellers	28	45	21:35.75	6:58	00:50.75	21	33:39.05	2:43	00:40.30	34	22:30.40	7:15	1:19:16.2
27	Dan Young	49	30	20:58.65	6:46	01:02.10	26	34:11.40	2:45	01:10.70	29	22:14.05	7:10	1:19:36.9
28	Tony Mazza	44	25	20:17.95	6:33	01:22.10	40	35:25.25	2:51	01:12.20	32	22:26.00	7:14	1:20:43.5
29	Dan Snyder	24	48	22:04.45	7:07	01:02.40	31	34:32.65	2:47	01:01.75	30	22:14.80	7:10	1:20:56.0
30	Pete Eaglen	38	34	21:10.60	6:50	01:07.70	24	33:56.85	2:44	01:02.80	50	23:54.05	7:43	1:21:12.0
31	Christopher Comer	20	37	21:19.75	6:53	01:48.00	18	33:10.05	2:40	01:22.70	45	23:42.45	7:39	1:21:22.9
32	Eric Consiglio	36	36	21:18.10	6:52	01:21.90	22	33:43.30	2:43	01:17.95	47	23:44.25	7:39	1:21:25.5
33	Andrew Church	18	43	21:28.15	6:55	00:45.45	28	34:21.45	2:46	00:39.60	55	24:13.05	7:49	1:21:27.7
34	Steve Pakela	42	35	21:11.70	6:50	01:02.55	44	36:03.10	2:54	00:50.85	31	22:23.90	7:13	1:21:32.1
35	Jason Czerwinski	24	23	20:14.25	6:32	00:53.65	63	37:59.60	3:04	00:44.35	23	21:48.85	7:02	1:21:40.7

Overall Results

Open

Place	Name	Age	----- 5k Run -----		T1	----- Bike -----			T2	----- 5k Run -----			Total Time	
			Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time		Pace
36	Jessica Dahlberg	29	18	19:43.25	6:22	01:15.00	65	38:11.55	3:05	01:24.00	21	21:32.75	6:57	1:22:06.5
37	Kody McCracken	15	39	21:21.15	6:53	00:49.30	29	34:22.10	2:46	01:03.60	69	24:54.60	8:02	1:22:30.7
38	Jamie Mead	51	53	22:17.65	7:11	01:01.80	38	35:16.25	2:51	01:07.45	38	22:50.55	7:22	1:22:33.7
39	Donnelle Super	34	55	22:39.70	7:18	01:16.55	20	33:29.05	2:42	01:12.15	53	23:59.90	7:44	1:22:37.3
40	Steve Easly	48	41	21:26.20	6:55	00:53.75	56	37:35.95	3:02	00:45.75	25	21:56.25	7:05	1:22:37.9
41	Kiyoshi Hayakawa	45	21	20:05.60	6:29	02:01.55	54	37:13.75	3:00	02:06.15	20	21:30.15	6:56	1:22:57.2
42	Pete Simon	41	57	22:45.50	7:20	01:36.30	17	33:02.35	2:40	00:56.10	64	24:40.15	7:57	1:23:00.4
43	Christopher Bradley	28	68	23:37.05	7:37	00:55.65	14	32:58.45	2:40	00:49.75	70	25:01.15	8:04	1:23:22.0
44	Tom Adamczyk	51	49	22:11.35	7:09	01:16.10	25	33:59.95	2:44	02:01.50	51	23:54.45	7:43	1:23:23.3
45	Steven Vogt	40	28	20:26.10	6:35	01:06.00	75	39:03.75	3:09	00:45.75	28	22:08.90	7:08	1:23:30.5
46	Bryan Delio	36	46	21:36.35	6:58	01:22.05	39	35:17.70	2:51	01:21.10	54	24:11.90	7:48	1:23:49.1
47	Mark Papa	36	40	21:22.55	6:54	01:15.60	61	37:52.15	3:03	01:19.10	27	22:08.55	7:08	1:23:57.9
48	Mark Osborne	51	22	20:06.30	6:29	00:54.10	105	41:16.35	3:20	00:54.40	19	21:10.80	6:50	1:24:21.9
49	Stephanie Montgomery	28	47	21:44.65	7:01	01:23.10	49	36:46.50	2:58	01:19.40	48	23:50.20	7:41	1:25:03.8
50	Debbie Mizikowski	52	69	23:38.15	7:37	01:14.60	36	34:49.25	2:48	01:24.25	57	24:19.70	7:51	1:25:25.9
51	Paul Bates	61	51	22:14.65	7:10	01:30.05	55	37:16.90	3:00	01:13.65	41	23:24.60	7:33	1:25:39.8
52	Ted Williams	47	54	22:33.20	7:16	00:51.85	72	38:41.75	3:07	00:45.05	40	23:11.05	7:29	1:26:02.9
53	Jeff Wolfe	31	38	21:20.55	6:53	01:48.05	85	39:43.60	3:12	01:11.25	39	22:51.95	7:22	1:26:55.4
54	Kristin O'Hern	21				23:50.15	68	38:25.70	3:06	00:38.15	60	24:27.55	7:53	1:27:21.5
55	Ann Morris	48	71	23:44.55	7:39	00:54.95	46	36:28.10	2:56	01:03.00	72	25:17.00	8:09	1:27:27.6
56	Dave Perkowski	48	60	22:51.30	7:22	01:13.85	57	37:37.15	3:02	01:22.90	62	24:35.45	7:56	1:27:40.6
57	Kevin Garity	56	97	25:38.25	8:16	01:41.25	37	35:13.55	2:50	01:21.60	49	23:50.50	7:41	1:27:45.1
58	Mark Lorei	43	59	22:46.75	7:21	01:19.70	62	37:58.30	3:04	01:19.05	59	24:23.00	7:52	1:27:46.8
59	Peter Bates	59	52	22:17.05	7:11	01:24.20	69	38:26.95	3:06	01:24.35	56	24:18.55	7:50	1:27:51.1
60	Sarah Bergman	26	64	23:29.40	7:35	01:30.20	76	39:21.80	3:10	01:22.75	33	22:29.70	7:15	1:28:13.8
61	Michael Mang	39	80	24:20.45	7:51	02:04.30	47	36:31.70	2:57	01:52.35	44	23:36.35	7:37	1:28:25.1
62	Ellen Bannick-Kellar	36	83	24:26.15	7:53	01:19.70	45	36:06.10	2:55	01:20.35	71	25:14.05	8:08	1:28:26.3
63	Kristen Pakela	41	73	24:05.55	7:46	01:22.85	58	37:37.70	3:02	01:00.30	63	24:37.55	7:56	1:28:43.9
64	Denny Morell	45	92	25:04.15	8:05	01:42.50	43	36:02.15	2:54	01:20.85	66	24:47.30	8:00	1:28:56.9
65	Brennan Donnelly	21	66	23:36.00	7:37	01:30.65	32	34:38.90	2:48	01:28.45	101	27:43.25	8:56	1:28:57.2
66	Dana Ellis	43	63	23:11.05	7:29	00:50.30	99	41:00.30	3:18	00:39.40	42	23:30.05	7:35	1:29:11.1
67	Eric Wilkosz	31	62	23:10.95	7:28	01:02.45	66	38:16.00	3:05	00:57.60	80	25:53.05	8:21	1:29:20.0
68	Gerald Cermak	45	61	23:04.45	7:26	01:36.55	52	37:11.80	3:00	01:45.55	77	25:47.40	8:19	1:29:25.7
69	Jason Weismiller	35	50	22:13.35	7:10	01:34.25	96	40:38.40	3:17	01:13.20	58	24:19.80	7:51	1:29:59.0
70	Randy Doutt	55	72	23:57.95	7:44	01:44.45	50	36:56.50	2:59	01:45.55	83	26:07.10	8:25	1:30:31.5

July 26, 2009

Overall Results

Open

Place	Name	Age	----- 5k Run -----				T1	----- Bike -----			T2	----- 5k Run -----			Total
			Rnk	Time	Pace	Time		Rnk	Time	Pace		Time	Rnk	Time	
71	David Komlenic	50	84	24:26.45	7:53	01:36.80	53	37:12.90	3:00	01:19.45	86	26:18.65	8:29	1:30:54.2	
72	Gregory Johnson	30	75	24:11.90	7:48	01:02.05	92	40:14.75	3:15	00:57.55	65	24:42.90	7:58	1:31:09.1	
73	Corey Fedor	33	67	23:36.30	7:37	01:20.35	89	39:54.00	3:13	01:31.25	68	24:53.70	8:02	1:31:15.6	
74	Sarah Hoffman	34	78	24:14.35	7:49	01:09.90	73	38:56.35	3:08	01:11.05	84	26:09.35	8:26	1:31:41.0	
75	Kelly Frager	41	85	24:28.55	7:54	01:43.90	64	38:05.55	3:04	01:15.40	88	26:34.20	8:34	1:32:07.6	
76	Laurie Thompson	44	79	24:15.00	7:49	02:08.60	70	38:33.45	3:07	01:35.15	79	25:50.30	8:20	1:32:22.5	
77	Liz Mellers	28	77	24:14.05	7:49					41:53.80	91	26:48.05	8:39	1:32:55.9	
78	Evan Thomas	21	58	22:46.10	7:21	01:27.40	109	42:00.50	3:23	00:59.95	82	26:02.90	8:24	1:33:16.8	
79	Susan Wawrzyn	36	91	25:02.85	8:05	01:45.00	91	40:13.25	3:15	01:44.35	61	24:33.15	7:55	1:33:18.6	
80	Kevin Rose	49	82	24:22.15	7:52	02:13.45	74	39:02.80	3:09	01:56.65	81	25:57.05	8:22	1:33:32.1	
81	Ryan Victory	34	89	24:44.35	7:59	01:40.95	77	39:22.05	3:10	01:32.80	90	26:41.40	8:36	1:34:01.5	
82	Kari Frost	30	86	24:34.75	7:55	01:00.75	93	40:15.05	3:15	00:37.75	102	27:48.15	8:58	1:34:16.4	
83	Jack Hines	45	56	22:45.45	7:20	02:47.70	102	41:03.85	3:19	02:09.65	74	25:31.05	8:14	1:34:17.7	
84	Paul Zebrowski	62	65	23:30.30	7:35	01:31.55	111	42:31.25	3:26	01:10.15	75	25:39.90	8:16	1:34:23.1	
85	Michael Mowery	37	44	21:33.45	6:57	02:23.95	136	45:22.85	3:40	01:12.90	52	23:57.45	7:44	1:34:30.6	
86	Chris Kozik	29	96	25:33.95	8:15	01:32.95	71	38:34.40	3:07	01:25.95	97	27:33.95	8:53	1:34:41.2	
87	Laith Wardi	47	94	25:20.75	8:10	01:46.90	42	35:56.95	2:54	02:31.30	121	29:20.90	9:28	1:34:56.8	
88	Ron Hartle	53	101	25:58.25	8:23	01:32.60	87	39:50.65	3:13	01:49.80	87	26:32.55	8:34	1:35:43.8	
89	Bob Clark	60	76	24:11.90	7:48	01:19.35	120	43:49.60	3:32	00:59.40	73	25:28.35	8:13	1:35:48.6	
90	Daniel Scutella	50	74	24:05.55	7:46	01:15.45	121	43:55.35	3:33	01:05.00	78	25:49.65	8:20	1:36:11.0	
91	Ben Deppen	20	93	25:18.50	8:10	00:57.00	108	41:53.20	3:23	00:44.75	95	27:22.00	8:50	1:36:15.4	
92	Scott Steinbrink	47	118	27:26.85	8:51	01:44.70	83	39:39.40	3:12	01:19.00	92	26:52.10	8:40	1:37:02.0	
93	Donald Hill	36									175	1:37:06.4	31:19	1:37:06.4	
94	Jeffrey Presogna	52	81	24:21.85	7:51	02:12.50	101	41:03.40	3:19	01:58.95	96	27:31.70	8:53	1:37:08.4	
95	Bill Dorsch	48	112	27:03.75	8:44	02:37.10	60	37:45.05	3:03	01:34.50	111	28:19.60	9:08	1:37:20.0	
96	Erich Zech	51	100	25:53.25	8:21	01:17.50	113	42:46.45	3:27	01:45.70	76	25:41.30	8:17	1:37:24.2	
97	Tim Romanski	35	87	24:40.60	7:57	01:37.70	103	41:04.00	3:19	01:21.35	116	29:04.00	9:23	1:37:47.6	
98	David Cerniglia	33	122	27:34.90	8:54	01:37.05	95	40:26.65	3:16	01:38.70	89	26:39.35	8:36	1:37:56.6	
99	Anthony Berdis	42	70	23:41.45	7:38	01:00.65	110	42:03.40	3:23	01:22.00	124	29:55.30	9:39	1:38:02.8	
100	Gregg Haid	50	129	27:51.35	8:59	00:49.50	97	40:45.80	3:17	00:55.95	100	27:42.35	8:56	1:38:04.9	
101	Roger Burzak	54	102	26:05.35	8:25	02:39.60	86	39:46.55	3:12	02:28.45	94	27:12.35	8:46	1:38:12.3	
102	Phoebe Clemente	35	88	24:41.40	7:58	01:10.80	142	46:43.85	3:46	00:54.90	67	24:52.00	8:01	1:38:22.9	
103	Chris Berdis	47	90	24:52.35	8:01	01:49.80	112	42:38.80	3:26	02:11.35	93	26:52.75	8:40	1:38:25.0	
104	Larry Mroz	37	120	27:27.50	8:51	01:26.00	81	39:38.20	3:12	01:46.75	108	28:10.75	9:05	1:38:29.2	
105	Vang Nguyen	53	99	25:43.55	8:18	01:04.45	114	42:56.65	3:28	00:50.55	109	28:13.90	9:06	1:38:49.1	

July 26, 2009

Overall Results

Open

Place	Name	Age	----- 5k Run -----		T1	----- Bike -----			T2	----- 5k Run -----			Total Time	
			Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time		Pace
106	Tracy Riedel	38	119	27:26.90	8:51	02:07.45	88	39:50.95	3:13	01:57.20	104	28:06.75	9:04	1:39:29.2
107	Chrissy Welsh	25	116	27:21.65	8:49	01:30.35	78	39:28.60	3:11	01:17.45	125	30:00.00	9:41	1:39:38.0
108	Allison Keenan	52	117	27:26.15	8:51	01:23.80	80	39:31.70	3:11	01:30.70	126	30:01.20	9:41	1:39:53.5
109	Cassandra Garrison	24	110	26:57.60	8:42	01:49.05	79	39:31.65	3:11	01:34.65	130	30:14.60	9:45	1:40:07.5
110	Steve McKenrick	36	114	27:11.05	8:46	01:13.20	129	44:44.55	3:36	01:04.05	85	26:13.40	8:27	1:40:26.2
111	Patrick Rafferty	57	109	26:44.15	8:37	01:24.55	123	44:08.40	3:34	01:10.65	110	28:13.90	9:06	1:41:41.6
112	Scott Teeter	35	95	25:32.00	8:14	02:01.65	84	39:42.45	3:12	02:01.45	145	32:39.95	10:32	1:41:57.5
113	Mike Salamon	41	42	21:27.35	6:55	02:10.50	161	53:34.05	4:19	01:09.60	46	23:43.65	7:39	1:42:05.1
114	Heather Pietro	29	113	27:10.75	8:46	01:35.55	115	43:20.75	3:30	01:25.00	115	28:36.65	9:14	1:42:08.7
115	Will Taylor	34	121	27:28.75	8:52	02:33.40	67	38:20.85	3:05	02:15.60	139	31:36.85	10:12	1:42:15.4
116	Ginnie Haid	51	135	28:10.00	9:05	01:15.15	106	41:21.85	3:20	01:15.95	131	30:28.00	9:50	1:42:30.9
117	Peter J. Gauriloff	22	103	26:08.95	8:26	02:42.25	98	40:59.35	3:18	02:24.25	132	30:29.70	9:50	1:42:44.5
118	George Loren	59	106	26:22.75	8:30	01:19.25	137	45:25.20	3:40	01:21.75	112	28:20.20	9:08	1:42:49.1
119	David Young	57	142	29:05.70	9:23	00:54.95	127	44:24.65	3:35	00:53.30	99	27:39.10	8:55	1:42:57.7
120	Steve Walling	66	105	26:18.95	8:29	02:50.50	117	43:35.40	3:31	02:38.70	103	27:52.85	8:59	1:43:16.4
121	Nicole Hunter	27	131	27:52.70	8:59	00:55.90	138	45:36.05	3:41	00:45.20	107	28:10.45	9:05	1:43:20.3
122	John Bucci	46	123	27:39.15	8:55	02:10.20	104	41:12.35	3:19	02:11.90	129	30:12.80	9:45	1:43:26.4
123	Colleen McClung	17	98	25:41.95	8:17	01:15.00	133	45:06.60	3:38	00:39.20	133	30:50.20	9:57	1:43:32.9
124	Catherine Zawadski	30	111	27:01.55	8:43	01:20.50	143	46:53.45	3:47	00:53.15	105	28:07.80	9:04	1:44:16.4
125	Rebecca Easly	14	130	27:51.75	8:59	01:21.90	144	47:03.55	3:48	01:03.35	98	27:35.80	8:54	1:44:56.3
126	Don DeWolf	50	107	26:35.70	8:35	01:41.90	126	44:20.05	3:35	01:26.60	135	31:10.40	10:03	1:45:14.6
127	Alicia Perras	19	115	27:17.70	8:48	02:01.60	135	45:08.15	3:38	01:46.65	120	29:20.25	9:28	1:45:34.3
128	Kathy Schreckengost	60	157	31:23.20	10:07	02:16.25	59	37:41.75	3:02	02:09.20	142	32:08.50	10:22	1:45:38.9
129	Tim May	39	124	27:40.15	8:55	01:47.20	132	45:04.95	3:38	01:22.85	123	29:46.00	9:36	1:45:41.1
130	Steven Matusiak	36	127	27:46.55	8:57	01:08.30	141	46:40.35	3:46	00:55.50	119	29:17.70	9:27	1:45:48.4
131	Dawn Egan	42	151	30:05.95	9:42	01:42.90	119	43:42.15	3:31	01:33.50	127	30:04.05	9:42	1:47:08.5
132	Kirsten Rispin	24	141	28:53.30	9:19	01:00.60	131	45:01.80	3:38	00:44.80	140	31:40.45	10:13	1:47:20.9
133	Alisha Travelpiece	29	165	32:35.35	10:31	01:05.85	90	39:54.00	3:13	01:05.35	147	33:12.75	10:43	1:47:53.3
134	Scott Gotham	39	148	29:49.65	9:37	01:59.45	100	41:02.30	3:19	02:20.60	146	32:42.85	10:33	1:47:54.8
135	Tara Plimpton	41	150	30:05.55	9:42	01:47.40	118	43:41.75	3:31	01:33.95	134	30:55.05	9:58	1:48:03.7
136	Cheryl McChesney	32	139	28:34.45	9:13	02:13.10	124	44:17.20	3:34	01:48.50	136	31:15.85	10:05	1:48:09.1
137	Christopher Johns	39	147	29:49.00	9:37	02:37.20	94	40:20.45	3:15	02:17.40	148	33:20.70	10:45	1:48:24.7
138	Anita Parker	47	125	27:45.25	8:57	01:52.35	134	45:07.05	3:38	01:35.95	144	32:18.35	10:25	1:48:38.9
139	Barbara Bensur	59	154	30:21.05	9:47	02:14.05	122	44:03.30	3:33	01:54.35	128	30:12.40	9:45	1:48:45.1
140	Annie Schuster	53	132	27:56.55	9:01	02:11.70	148	49:09.75	3:58	01:54.95	113	28:29.80	9:11	1:49:42.7

Overall Results

Open

Place	Name	Age	----- 5k Run -----		T1	----- Bike -----			T2	----- 5k Run -----			Total Time	
			Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time		Pace
141	Daniel Miller	27	133	28:03.35	9:03	02:23.95	151	49:37.55	4:00	01:23.00	117	29:06.25	9:23	1:50:34.1
142	Mauriella Ditommaso	28	134	28:03.40	9:03	02:26.50	150	49:34.40	4:00	01:23.85	118	29:06.30	9:23	1:50:34.4
143	Richard Griola	36	155	30:53.75	9:58	03:33.30	107	41:38.40	3:21	02:55.95	141	31:45.15	10:15	1:50:46.5
144	Ron Bennett	62	128	27:50.25	8:59	03:01.75	140	46:30.30	3:45	02:03.65	138	31:35.20	10:11	1:51:01.1
145	Joe Barbado	47	156	31:19.10	10:06	01:37.50	116	43:29.40	3:30	01:25.70	150	33:23.65	10:46	1:51:15.3
146	Sherri Siegel	52	144	29:35.50	9:33	01:22.70	146	48:19.70	3:54	00:56.20	137	31:19.45	10:06	1:51:33.5
147	Jennie Ives	25	140	28:39.55	9:15	01:19.55	130	44:51.40	3:37	01:11.70	161	35:45.35	11:32	1:51:47.5
148	Leanne Krause	28	108	26:37.10	8:35	01:52.95	139	46:15.15	3:44	01:28.25	160	35:37.05	11:29	1:51:50.5
149	James Uhrmacher	62	149	29:49.90	9:37	02:38.95	82	39:39.00	3:12	01:36.50	168	39:38.80	12:47	1:53:23.1
150	James McKenrick	39	152	30:16.60	9:46	01:49.50	125	44:17.70	3:34	01:13.05	162	36:03.10	11:38	1:53:39.9
151	Zoe Siegel	17	145	29:35.65	9:33	01:24.95	162	53:49.40	4:20	00:41.45	106	28:09.60	9:05	1:53:41.0
152	Sara Lasher	27	146	29:38.05	9:34	01:33.30	149	49:11.05	3:58	01:40.95	151	33:26.45	10:47	1:55:29.8
153	Kimberly Kloecker	36	143	29:16.25	9:26	05:53.80	152	49:51.45	4:01	01:37.70	122	29:22.25	9:28	1:56:01.4
154	Steven Bailey	26	104	26:17.55	8:29	01:37.05	169	58:59.40	4:45	01:31.40	114	28:34.00	9:13	1:56:59.4
155	Lawrence Berdis	75	158	31:30.55	10:10	01:12.60	147	48:41.65	3:56	01:17.15	157	35:02.40	11:18	1:57:44.3
156	Emily Pinto	19	126	27:45.45	8:57	01:13.35	163	54:03.65	4:22	00:51.10	155	34:25.85	11:06	1:58:19.4
157	James Riley	54	164	32:32.10	10:30	01:16.50	154	50:02.60	4:02	01:34.25	149	33:23.25	10:46	1:58:48.7
158	Dana Hogue	44	159	31:35.30	10:11	02:18.40	157	51:04.00	4:07	02:10.95	143	32:16.10	10:25	1:59:24.7
159	Randy Davis	47	168	35:06.60	11:19	01:12.80	160	52:28.00	4:14	01:32.85	154	33:29.20	10:48	2:03:49.4
160	Leslie Szall	53	166	33:13.45	10:43	01:22.00	155	50:34.50	4:05	01:06.10	166	38:31.10	12:25	2:04:47.1
161	Lindsay Deering	24	136	28:19.35	9:08	04:49.50	166	56:46.10	4:35	02:09.00	152	33:27.75	10:47	2:05:31.7
162	Jon Mengham	25	137	28:19.65	9:08	04:47.35	167	56:46.60	4:35	02:10.55	153	33:27.85	10:47	2:05:32.0
163	Tice Ashurst	34	163	32:15.05	10:24	04:37.55	159	52:07.20	4:12	02:30.15	156	34:51.30	11:15	2:06:21.2
164	Heather Dudley	24	169	35:27.35	11:26	01:43.95	128	44:26.05	3:35	01:31.65	174	43:24.20	14:00	2:06:33.2
165	Clare Yannella	36	153	30:18.80	9:46	01:26.30	168	58:30.10	4:43	01:35.70	159	35:26.30	11:26	2:07:17.2
166	Jamie Howard	44	170	36:35.60	11:48	01:30.30	158	51:49.80	4:11	02:11.20	158	35:20.85	11:24	2:07:27.7
167	Cindy Styer	29	162	31:46.90	10:15	01:27.60	164	54:35.50	4:24	01:25.15	167	39:16.35	12:40	2:08:31.5
168	Mikah Simmons	42	167	34:50.30	11:14	04:15.75	153	50:00.40	4:02	02:59.05	165	37:03.25	11:57	2:09:08.7
169	Bev DiCarlo	65	172	38:37.70	12:27	02:06.75	145	47:51.05	3:52	02:11.60	169	39:40.05	12:48	2:10:27.1
170	Richard West	68	171	38:25.10	12:24	01:31.60	156	50:58.85	4:07	01:57.50	172	42:13.75	13:37	2:15:06.8
171	Carol Emanuel	48	174	40:04.15	12:55	01:28.15	165	56:17.55	4:32	01:14.80	170	39:47.00	12:50	2:18:51.6
172	Courtney Tedesco	24	161	31:38.15	10:12	02:30.30	172	1:07:34.6	5:27	02:17.65	164	36:06.00	11:39	2:20:06.7
173	Melissa Brockett	24	160	31:38.00	10:12	02:30.65	171	1:07:30.7	5:27	02:21.60	163	36:05.75	11:38	2:20:06.7
174	Jarad Roach	24	138	28:21.65	9:09	04:49.90	173	1:11:03.1	5:44	02:52.05	171	41:17.80	13:19	2:28:24.5
175	Peggy Thomas	51	173	39:06.85	12:37	02:28.60	170	1:06:33.4	5:22	03:54.25	173	42:17.25	13:38	2:34:20.4

Overall Results

Male Relay

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>5k Run</u>		<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>5k Run</u>			<u>Total</u>	
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Fat Rat Racing	19	3	19:03.30	6:09	00:38.40	1	31:29.75	2:32	00:56.30	3	20:30.90	6:37	1:12:38.6
2	Creative Chaos	47	1	18:36.60	6:00	01:00.30	3	35:15.00	2:51	00:41.45	1	18:43.85	6:02	1:14:17.2
3	Proud Fathers	51	4	21:35.25	6:58	00:45.85	4	35:34.30	2:52	00:43.05	4	21:09.85	6:49	1:19:48.3
4	Kevin/Paul	28	2	18:57.00	6:07	01:05.90	8	40:45.30	3:17	00:49.90	2	19:04.45	6:09	1:20:42.5
5	Campbell-Lamb	17	6	22:31.95	7:16	00:45.80	2	33:29.45	2:42	00:40.50	6	24:11.00	7:48	1:21:38.7
6	Gates--LeBaron	35	5	22:25.55	7:14	00:49.60	6	36:25.55	2:56	00:46.95	5	22:35.25	7:17	1:23:02.9
7	Swantek/Bohrer	28	8	25:22.55	8:11	00:56.45	5	35:49.30	2:53	00:46.85	7	24:40.20	7:57	1:27:35.3
8	Get Some	40	7	24:56.70	8:03	00:58.05	7	37:11.55	3:00	00:56.00	8	25:38.45	8:16	1:29:40.7
9	Gilette/Menz	63	10	27:06.70	8:45					40:19.65	10	28:56.20	9:20	1:36:22.5
10	Salt & Pepper	65	9	26:32.30	8:34	01:06.25	9	43:20.40	3:30	00:56.85	9	28:55.40	9:20	1:40:51.2

Overall Results

Female Relay

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>5k Run</u>		<u>T1</u>	<u>Bike</u>		<u>T2</u>	<u>5k Run</u>		<u>Total Time</u>		
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>		<u>Time</u>	<u>Pace</u>
1	1 4 Our Homies	27	1	20:20.70	6:34				40:29.05	1	20:45.60	6:42	1:21:35.3
2	Fab 42	42	5	28:09.05	9:05	01:01.70	1	36:52.35	2:58	4	26:24.80	8:31	1:33:22.0
3	D.P.W.O.B.	21	2	23:07.05	7:27	00:45.00	6	45:37.35	3:41	2	23:47.20	7:40	1:34:04.3
4	McCreary Roofing Wives Club	24	4	25:27.75	8:13	00:54.05	4	39:45.80	3:12	5	27:32.10	8:53	1:34:29.8
5	Andrea Collins/Amy Thompson	40	3	24:51.25	8:01	00:59.60	5	43:49.90	3:32	3	25:53.85	8:21	1:36:36.2
6	Keep It Copacetic	23	7	28:56.15	9:20	00:44.90	2	38:22.75	3:06	7	30:25.15	9:49	1:39:12.6
7	Team Kade	48	6	28:49.35	9:18	01:08.80	8	49:24.10	3:59	6	28:27.80	9:11	1:48:48.8
8	Fire H2O	35	9	33:43.85	10:53	00:59.80	3	38:30.00	3:06	9	36:41.05	11:50	1:50:58.5
9	Swantek/Shade	44	8	32:47.00	10:35	01:01.35	7	45:49.55	3:42	8	36:28.10	11:46	1:57:07.4

Overall Results**Mixed Relay**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>5k Run</u>		<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>5k Run</u>			<u>Total Time</u>	
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Pace</u>
1	The White Cliffs	19	2	19:30.15	6:17	00:47.00	2	30:11.50	2:26	00:33.75	2	19:49.75	6:24	1:10:52.1
2	Edinboro Power	54	1	19:27.05	6:16	00:49.40	9	34:55.30	2:49	01:00.85	1	19:42.10	6:21	1:15:54.7
3	fleet feet pgh	43	4	21:20.35	6:53	00:42.80	6	34:04.00	2:45	00:46.15	3	21:33.85	6:57	1:18:27.1
4	Cioccio Express	38	15	24:52.60	8:01	00:48.55	1	27:29.00	2:13	00:48.35	11	24:56.70	8:03	1:18:55.2
5	Just 4 Fun	12	5	22:14.75	7:10	00:40.70	3	31:53.50	2:34	00:53.20	6	23:26.30	7:34	1:19:08.4
6	YEP	25	3	21:14.10	6:51	00:43.85	10	35:40.45	2:53	00:48.80	4	22:25.15	7:14	1:20:52.3
7	Running on Empty	34	10	23:21.55	7:32	00:48.65	4	31:54.05	2:34	00:44.30	8	24:09.85	7:47	1:20:58.4
8	Swim Sun	33	7	22:35.10	7:17	00:46.60	8	34:54.90	2:49	00:55.65	7	23:29.40	7:35	1:22:41.6
9	The In-Laws	31	8	22:50.10	7:22	01:08.70				37:28.75	5	22:43.60	7:20	1:24:11.1
10	Have No Freer	35	12	24:37.70	7:56	00:54.20	5	33:28.05	2:42	00:47.35	9	24:34.05	7:55	1:24:21.3
11	Just Du It	57	6	22:34.40	7:17	00:48.55	11	36:04.80	2:55	00:48.40	10	24:42.20	7:58	1:24:58.3
12	Cass-Kisiel	37	11	24:25.60	7:53	00:52.75	7	34:29.25	2:47	00:58.30	12	25:19.80	8:10	1:26:05.7
13	Team Ashley	25	9	23:18.05	7:31	01:10.30	14	38:54.80	3:08	01:30.50	13	25:34.60	8:15	1:30:28.2
14	Torn Ligaments	31	18	25:39.15	8:16	00:58.40	13	36:35.80	2:57	00:48.20	18	26:27.95	8:32	1:30:29.5
15	Squeaky Sneakers	12	13	24:40.30	7:57	01:04.65	15	39:48.00	3:13	01:02.25	15	25:59.70	8:23	1:32:34.9
16	Getting' Hitched	33	21	26:25.55	8:31	00:50.05	16	40:42.50	3:17	00:51.35	17	26:26.05	8:32	1:35:15.5
17	Roadrunner Coyote	44	23	27:55.25	9:00	02:04.40	12	36:05.75	2:55	01:02.25	22	29:12.30	9:25	1:36:19.9
18	Smooth Move	36	16	25:14.05	8:08	00:53.10	19	44:35.40	3:36	00:50.85	14	25:50.05	8:20	1:37:23.4
19	Chernicky Speed Demons	57	17	25:25.65	8:12	00:56.70	20	47:02.20	3:48	00:55.25	16	26:21.65	8:30	1:40:41.4
20	Black Ducks	60	19	26:07.95	8:25	01:22.50	18	44:29.90	3:35	01:00.80	21	27:44.40	8:57	1:40:45.5
21	Weg Recke	38	14	24:51.55	8:01	01:05.30	22	50:49.55	4:06	01:19.25	20	27:29.25	8:52	1:45:34.9
22	zoomlenz	53	22	26:45.75	8:38	02:06.20	21	49:00.05	3:57	01:15.50	19	27:18.75	8:48	1:46:26.2
23	One Third Two Third	25	20	26:16.25	8:28	00:53.70	17	42:21.45	3:25	02:00.00	23	39:27.55	12:44	1:50:58.9