

# iRock Fitness Charity 5k Run-Walk

## Age Group Results

5k Race

Race Date  
August 23, 2015

### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>	<u>Time Back</u>
1	Laura Walker	Erie PA	177	26	9	20:25.0	20:28.3	0:03.3	6:35/M	

### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>	<u>Time Back</u>
1	Andrew Nowak	Erie PA	174	28	1	16:42.6	16:45.1	0:02.5	5:23/M	

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## 5k Race

## Female No Age Provided

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Janel Bonsell	Erie PA	184		122	34:41.9	35:04.0	0:22.1	11:11/M	14:13.5
2	Eileen Tighe	Erie PA	152	0	137	37:24.2	37:42.3	0:18.1	12:04/M	16:55.9

## Male No Age Given

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Jonathan Metzler	Erie PA	196		28	22:48.9	22:54.0	0:05.0	7:21/M	6:03.8
2	Patrick DeMarco	Erie PA	167		44	24:38.9	24:51.0	0:12.1	7:57/M	7:53.8

## Female 9 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Katie Caryl	Erie PA	25	9	74	28:06.3	28:13.7	0:07.4	9:04/M	7:38.0
2	Daphne Gindlesperger	Mc Kean PA	57	9	157	46:05.1	46:28.1	0:23.0	14:52/M	25:36.7
3	Gillian Fink	Fairview PA	183	7	162	48:45.5	49:08.8	0:23.2	15:44/M	28:17.2

## Male 9 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	William Sanner	Erie PA	125	9	64	27:19.6	27:29.7	0:10.1	8:49/M	10:34.5
2	Preston Adams	Corry PA	5	8	65	27:24.9	27:28.4	0:03.5	8:50/M	10:39.8
3	Grant Adams	Corry PA	3	8	90	30:14.2	30:34.3	0:20.0	9:45/M	13:29.1
4	Brody Bonsell	Erie PA	14	7	116	34:16.4	34:37.2	0:20.8	11:03/M	17:31.3
5	Alexander Gonzalez	Erie PA	59	7	161	48:33.0	48:49.2	0:16.1	15:40/M	31:47.9

## Female 10 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Kierstyn Buczynski	Erie PA	193	12	67	27:48.3	27:54.7	0:06.4	8:58/M	7:19.9
2	Rochelle Flick	Erie PA	176	13	70	27:56.0	27:59.0	0:02.9	9:01/M	7:27.7
3	Gweneth Adams	Corry PA	4	10	78	28:58.0	29:05.0	0:07.0	9:21/M	8:29.6
4	Luci Edgett	Erie PA	192	12	92	30:16.4	30:28.5	0:12.1	9:46/M	9:48.0
5	Raina Smith	Erie PA	142	13	166	50:48.5	51:11.5	0:23.0	16:23/M	30:20.1

## Male 10 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Jeffrey Giannelli	Erie PA	55	13	12	21:09.6	21:12.2	0:02.5	6:49/M	4:24.5
2	Charlie Jr. Caryl	Erie PA	24	12	13	21:13.5	21:16.1	0:02.6	6:51/M	4:28.4
3	Alex Kolodychak	Erie PA	83	14	18	21:39.8	21:42.8	0:03.0	6:59/M	4:54.7
4	Ryland Lutz	Saegertown PA	90	11	20	21:58.1	22:00.8	0:02.7	7:05/M	5:13.0
5	Matthew Serafin	Erie PA	135	14	54	25:46.7	25:46.7		8:19/M	9:01.6
6	Steven Gonzalez	Erie PA	60	10	136	37:18.2	37:36.0	0:17.7	12:02/M	20:33.1

## Female 15 to 19

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Brooke Schneider	Erie PA	126	17	156	45:59.7	46:19.2	0:19.5	14:50/M	25:31.3

## iRock Fitness Charity 5k Run-Walk

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Age Group Results

5k Race

## Male 15 to 19

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		
						Chip Time	Gun Time	Diff	Pace	Time Back
1	Joseph Scrimenti	Erie PA	131	16	8	20:26.6	20:39.0	0:12.3	6:35/M	3:41.5
2	Matthew Jr Harris	Erie PA	64	19	27	22:47.6	23:03.0	0:15.4	7:21/M	6:02.5
3	Alex Keefer	Erie PA	78	15	40	24:11.7	24:15.3	0:03.6	7:48/M	7:26.6

## Female 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		
						Chip Time	Gun Time	Diff	Pace	Time Back
1	Madison Steward	Erie PA	146	25	14	21:16.2	21:19.9	0:03.6	6:52/M	0:47.9
2	Rebekah Seesan	Massillon OH	133	22	34	23:21.5	23:28.9	0:07.4	7:32/M	2:53.2
3	Melissa Bevan	Erie PA	11	28	43	24:37.0	24:45.5	0:08.4	7:56/M	4:08.7
4	Emily Welsh	Erie PA	157	25	62	26:32.8	26:42.1	0:09.2	8:34/M	6:04.5
5	Maria Bondaruk	Erie PA	13	28	79	28:59.2	29:04.0	0:04.8	9:21/M	8:30.9
6	Megan Hollern	Erie PA	73	29	82	29:37.0	29:43.6	0:06.6	9:33/M	9:08.6
7	Tori Steffy	Erie PA	145	21	93	30:23.4	30:42.1	0:18.7	9:48/M	9:55.1
8	Ashley Rogers	Erie PA	122	26	94	30:55.0	31:02.0	0:07.0	9:58/M	10:26.7
9	Alecia Daniels	Erie PA	36	25	97	31:14.7	31:20.9	0:06.2	10:05/M	10:46.3
10	Molly Decker	Erie PA	38	29	99	31:45.7	31:59.2	0:13.5	10:15/M	11:17.3
11	Zoey Rogan	Saegertown PA	121	22	101	31:47.6	31:57.3	0:09.7	10:15/M	11:19.2
12	Erika Medina	Erie PA	101	25	114	33:28.7	33:54.4	0:25.7	10:48/M	13:00.4
13	Kristin Vereb	Erie PA	155	26	117	34:18.4	34:33.6	0:15.2	11:04/M	13:50.0
14	Jennifer Lester	Erie PA	88	23	129	36:11.9	36:19.7	0:07.8	11:40/M	15:43.5
15	Sidney Spaeder	Erie PA	143	22	131	36:30.0	36:40.7	0:10.7	11:46/M	16:01.6
16	Maria Mucci	New Haven CT	106	26	138	38:29.0	38:41.6	0:12.5	12:25/M	18:00.7
17	Chelsea Costello	Meadville PA	33	23	143	40:35.2	40:54.1	0:18.8	13:05/M	20:06.9
18	Megan Kuhn	Erie PA	164	26	149	43:10.9	43:25.6	0:14.7	13:55/M	22:42.6
19	Angelia Brown	Erie PA	17	24	155	45:47.5	46:21.4	0:33.9	14:46/M	25:19.1

## Male 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		
						Chip Time	Gun Time	Diff	Pace	Time Back
1	Ethan Chase	Erie PA	28	24	4	19:45.2	19:49.4	0:04.1	6:22/M	3:00.1
2	William Collins	Erie PA	30	29	11	21:05.1	21:07.6	0:02.4	6:48/M	4:20.0
3	Christopher Hilling	Erie PA	69	26	17	21:30.4	21:37.7	0:07.3	6:56/M	4:45.3
4	Henry Collins	Erie PA	29	24	26	22:47.5	22:50.2	0:02.7	7:21/M	6:02.4
5	Andrew Dugan	Erie PA	41	22	33	23:15.7	23:20.0	0:04.3	7:30/M	6:30.6
6	Nicholas Stolar	Erie PA	147	24	36	23:30.2	23:37.4	0:07.2	7:35/M	6:45.1
7	David Hugar	Erie PA	74	28	41	24:14.2	24:25.1	0:10.9	7:49/M	7:29.1
8	Thomas Mitchell	Erie PA	103	20	59	26:23.3	26:40.0	0:16.7	8:31/M	9:38.2
9	Tim Mello	Erie PA	186	28	61	26:30.4	26:40.0	0:09.6	8:33/M	9:45.3
10	Michael Daugherty	Erie PA	37	29	76	28:46.6	29:01.6	0:15.0	9:17/M	12:01.5

## Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		
						Chip Time	Gun Time	Diff	Pace	Time Back
1	Molly Welch	Erie PA	156	35	45	24:43.3	24:53.4	0:10.1	7:58/M	4:14.9
2	Jennifer Nuber	Erie PA	108	30	51	25:33.9	25:42.3	0:08.4	8:15/M	5:05.5
3	Julie Brugger	Erie PA	19	39	52	25:38.1	25:51.9	0:13.8	8:16/M	5:09.8
4	Daniela Tobin	Girard PA	153	34	57	26:07.0	26:09.3	0:02.2	8:25/M	5:38.7
5	Stephanie Franklin	Erie PA	49	35	58	26:17.9	26:26.1	0:08.1	8:29/M	5:49.6
6	Rose Cortes	Erie PA	32	36	60	26:27.3	26:42.5	0:15.2	8:32/M	5:59.0
7	Maria Bell	Erie PA	10	34	71	27:56.7	28:12.7	0:15.9	9:01/M	7:28.4
8	Tracey Beveridge	Erie PA	12	39	77	28:55.8	29:11.5	0:15.7	9:20/M	8:27.5
9	Leah Fiorelli	Erie PA	48	38	80	29:09.3	29:27.7	0:18.4	9:24/M	8:40.9
10	Michelle Gerhard	Erie PA	54	34	86	29:59.5	30:15.5	0:15.9	9:40/M	9:31.2
11	Abigail Stadler	Erie PA	144	30	96	31:14.5	31:21.0	0:06.5	10:05/M	10:46.2
12	Larissa Lutz	Saegertown PA	89	35	100	31:46.1	31:56.5	0:10.3	10:15/M	11:17.8
13	Randie Peters	Erie PA	111	34	103	31:48.4	32:14.4	0:25.9	10:15/M	11:20.1
14	Michelle MacKanos	Erie PA	91	38	105	31:50.5	32:02.9	0:12.3	10:16/M	11:22.2
15	Cortney Kaliszewski	Erie PA	77	31	109	32:31.2	32:44.3	0:13.1	10:29/M	12:02.8
16	Nicole Potosnak	Erie PA	116	33	112	33:07.5	33:17.4	0:09.8	10:41/M	12:39.2
17	Kristen Heisler	Erie PA	67	34	128	36:07.6	36:15.5	0:07.9	11:39/M	15:39.2
18	Lexa Thompson	Girard PA	151	35	132	36:38.6	37:08.3	0:29.7	11:49/M	16:10.2
19	Dailene Adams	Corry PA	2	31	140	39:02.2	39:22.9	0:20.6	12:35/M	18:33.9
20	Kelly Malone	Erie PA	93	37	147	42:49.2	42:58.1	0:08.9	13:49/M	22:20.9

## iRock Fitness Charity 5k Run-Walk

Age Group Results

## 5k Race

Race Date  
August 23, 2015

## Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
21	Stephanie McIntosh	Erie PA	100	32	160	47:58.1	48:12.0	0:13.9	15:28/M	27:29.7

## Male 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Joe Hunt	Erie PA	75	34	2	18:39.0	18:42.6	0:03.6	6:01/M	1:53.9
2	Eric Ellis	Erie PA	172	38	6	20:07.0	20:10.6	0:03.5	6:29/M	3:21.9
3	Jared Willets	Harborcreek PA	188	33	15	21:24.3	21:27.2	0:02.9	6:54/M	4:39.2
4	David Dodson	Erie PA	40	35	30	23:03.9	23:09.6	0:05.7	7:26/M	6:18.8
5	Chris Hollern	Erie PA	72	31	32	23:11.7	23:16.2	0:04.4	7:29/M	6:26.6
6	Daniel Farley	Erie PA	45	37	53	25:41.4	26:02.6	0:21.2	8:17/M	8:56.3
7	Dan Continenza	Whitehall PA	31	30	69	27:49.7	28:20.8	0:31.1	8:58/M	11:04.6
8	Justin Smith	Waterford PA	139	32	123	35:19.8	35:36.4	0:16.6	11:24/M	18:34.7
9	Karen Gindlesperger	Mc Kean PA	58	38	158	46:05.2	46:29.0	0:23.8	14:52/M	29:20.1

## Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Beth Lowenthal	Laurel MD	173	40	10	21:02.6	21:05.9	0:03.3	6:47/M	0:34.3
2	Becky Siegler	Erie PA	137	45	29	22:48.9	23:00.2	0:11.3	7:21/M	2:20.6
3	Kelly Hilling	Erie PA	70	47	35	23:23.4	23:30.1	0:06.7	7:33/M	2:55.0
4	Christine Caserta	Erie PA	27	49	50	25:30.5	25:47.8	0:17.2	8:14/M	5:02.2
5	Kristen Brandt	Erie PA	171	40	72	27:56.8	28:13.6	0:16.8	9:01/M	7:28.4
6	Norine Gammon	Erie PA	52	46	75	28:45.6	29:00.1	0:14.5	9:16/M	8:17.2
7	Colleen May	Mc Kean PA	99	48	88	30:00.9	30:09.8	0:08.9	9:41/M	9:32.5
8	Annie Sanner	Erie PA	123	45	91	30:15.6	30:27.2	0:11.6	9:45/M	9:47.2
9	Kellylynn Bell	Erie PA	9	43	98	31:18.7	31:35.4	0:16.7	10:06/M	10:50.3
10	Connie Rogan	Saegertown PA	120	48	102	31:48.3	31:57.6	0:09.3	10:15/M	11:19.9
11	Kim Serafin	Erie PA	134	46	104	31:48.8	32:12.1	0:23.3	10:15/M	11:20.4
12	Keilee Heidt	Fairview PA	187	46	106	31:53.8	31:59.4	0:05.6	10:17/M	11:25.5
13	Melanie Harris	Erie PA	65	44	108	32:00.8	32:29.0	0:28.2	10:19/M	11:32.4
14	Tammi Costello	Meadville PA	34	43	110	32:45.6	33:05.4	0:19.7	10:34/M	12:17.3
15	Maria Scott	Erie PA	130	40	111	32:49.1	33:03.6	0:14.5	10:35/M	12:20.7
16	Jennifer Ramm	Fairview PA	117	40	113	33:16.1	33:33.6	0:17.5	10:44/M	12:47.7
17	Shana Krivonak	Erie PA	86	45	118	34:22.1	34:42.6	0:20.5	11:05/M	13:53.7
18	Kerri Boozer	Cochran PA	15	41	120	34:38.4	34:51.6	0:13.1	11:10/M	14:10.1
19	Jodi Batsch	Jacksonville FL	7	40	121	34:38.8	34:51.7	0:12.9	11:10/M	14:10.4
20	Jean Marnella-Berarducci	Erie PA	96	45	124	35:24.3	35:39.4	0:15.1	11:25/M	14:55.9
21	Julia Bagnoni	Fairview PA	6	41	125	35:41.2	35:59.7	0:18.5	11:31/M	15:12.9
22	Christy Gentile	Waterford PA	53	49	126	35:41.4	35:58.1	0:16.7	11:31/M	15:13.0
23	Susan Fagley	Albion PA	44	46	133	36:42.5	36:55.4	0:12.8	11:50/M	16:14.2
24	Carrie Kamholz	Erie PA	166	40	141	39:22.9	39:22.9		12:42/M	18:54.5
25	Jennifer Oberley	Mc Kean PA	109	42	153	43:23.3	43:37.5	0:14.2	14:00/M	22:55.0
26	Amanda Brown	Erie PA	16	49	154	45:47.4	46:21.6	0:34.2	14:46/M	25:19.0

## Male 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Michael Mang	Erie PA	95	45	7	20:18.6	20:26.3	0:07.6	6:33/M	3:33.5
2	Christopher Hawes	Erie PA	66	42	21	21:59.9	22:02.1	0:02.1	7:05/M	5:14.8
3	Russell Robison	Erie PA	119	47	22	22:06.4	22:08.6	0:02.2	7:08/M	5:21.3
4	Brent Kowalczyk	Edinboro PA	85	42	25	22:26.2	22:34.4	0:08.2	7:14/M	5:41.1
5	Alan Hilling	Erie PA	68	49	37	23:39.1	23:46.2	0:07.1	7:38/M	6:54.0
6	John Phillips	Erie PA	113	41	39	23:56.4	24:07.3	0:10.9	7:43/M	7:11.3
7	Keith Malone	Erie PA	92	40	48	24:49.1	24:54.5	0:05.4	8:00/M	8:04.0
8	Jeff Semczur	Erie PA	191	41	55	25:47.3	25:51.3	0:04.0	8:19/M	9:02.2
9	Lance Thornton	Erie PA	180	45	63	27:01.1	27:17.6	0:16.4	8:43/M	10:16.0
10	Steven Brugger	Erie PA	20	41	73	28:05.3	28:14.5	0:09.2	9:04/M	11:20.2
11	Dan Thompson	Girard PA	150	44	135	36:52.7	37:22.5	0:29.7	11:54/M	20:07.6
12	Scott Fink	Fairview PA	182	40	163	48:46.4	49:08.8	0:22.4	15:44/M	32:01.3
13	Kevin Smith	Erie PA	140	42	165	50:48.0	51:12.2	0:24.1	16:23/M	34:02.9

# iRock Fitness Charity 5k Run-Walk

## Age Group Results

### 5k Race

Race Date  
August 23, 2015

#### Female 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Debbie Mizikowski	Fairview PA	104	59	42	24:19.1	24:23.5	0:04.4	7:51/M	3:50.7
2	Allison Keenan	Erie PA	79	58	83	29:47.9	30:05.7	0:17.7	9:36/M	9:19.6
3	Pamela Scrimenti	Erie PA	132	53	85	29:53.5	30:05.7	0:12.2	9:38/M	9:25.2
4	Toni Petrone	East Springfield PA	112	50	87	30:00.3	30:09.3	0:09.0	9:41/M	9:31.9
5	Joanie Giannelli	Erie PA	56	54	95	31:10.2	31:26.2	0:15.9	10:03/M	10:41.9
6	Elizabeth Kelly	Erie PA	81	56	115	33:40.1	33:55.6	0:15.5	10:52/M	13:11.7
7	Karen Pontillo	Erie PA	115	59	130	36:28.6	36:38.2	0:09.6	11:46/M	16:00.2
8	Lorie Daugherty	Harborcreek PA	161	55	144	41:25.1	41:49.1	0:24.0	13:22/M	20:56.7
9	Dana Shaffer	Erie PA	136	53	145	42:20.2	42:35.3	0:15.1	13:39/M	21:51.9
10	Carol Taylor	Erie PA	148	57	150	43:11.0	43:52.2	0:41.2	13:56/M	22:42.6

#### Male 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	John Trucilla	Erie PA	162	54	3	19:41.8	19:43.9	0:02.1	6:21/M	2:56.7
2	George Drushel	Girard PA	169	53	5	20:03.6	20:05.6	0:02.0	6:28/M	3:18.5
3	Mike Smiley	Erie PA	178	57	16	21:24.4	21:25.8	0:01.3	6:54/M	4:39.3
4	Don Fagley	Albion PA	163	53	19	21:41.7	21:54.6	0:12.8	7:00/M	4:56.6
5	Tim Roberts	Erie PA	118	50	31	23:05.0	23:09.1	0:04.1	7:27/M	6:19.9
6	Michael Malpiedi	Erie PA	94	56	38	23:39.8	23:50.2	0:10.4	7:38/M	6:54.7
7	Rich Tregaskis	Erie PA	154	51	47	24:45.3	24:52.1	0:06.8	7:59/M	8:00.2
8	Mike Hirsch	Erie PA	71	54	49	25:21.8	25:47.2	0:25.4	8:11/M	8:36.7
9	Robert Brown	Erie PA	18	52	68	27:49.4	28:05.4	0:15.9	8:58/M	11:04.3
10	Kevin Rose	Erie PA	185	56	84	29:48.2	30:06.1	0:17.8	9:37/M	13:03.1
11	Scott Calhoun	Erie PA	22	54	107	31:54.6	31:59.6	0:04.9	10:17/M	15:09.5
12	Dave Ganska	Erie PA	170	50	119	34:31.9	34:38.4	0:06.5	11:08/M	17:46.8
13	Tony Medina	Erie PA	102	50	139	38:47.5	39:14.6	0:27.1	12:31/M	22:02.4
14	Carl Daugherty	Harborcreek PA	160	55	142	39:23.8	39:44.2	0:20.4	12:42/M	22:38.7
15	Bill Hammerlee	Erie PA	63	57	152	43:21.6	43:37.5	0:15.9	13:59/M	26:36.5
16	Dave Hubler	Erie PA	190	51	159	46:46.2	47:00.1	0:13.9	15:05/M	30:01.1

#### Female 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Nancy Ditmore	Erie PA	39	60	134	36:48.9	37:05.6	0:16.7	11:52/M	16:20.5
2	Donna Laver	Greenville PA	87	65	146	42:44.8	43:06.3	0:21.5	13:47/M	22:16.5
3	Joann White	Mc Kean PA	158	66	164	49:40.2	50:01.2	0:21.0	16:01/M	29:11.8

#### Male 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Rocco Riazzi	Fairview PA	194	60	23	22:11.4	22:17.2	0:05.8	7:09/M	5:26.3
2	Jim Bowen	Erie PA	179	60	24	22:14.0	22:19.9	0:05.8	7:10/M	5:28.9
3	Patrick Smith	Erie PA	141	60	46	24:45.0	24:49.7	0:04.7	7:59/M	7:59.9
4	Jeff Shaw	Erie PA	165	60	56	25:48.3	25:54.9	0:06.6	8:19/M	9:03.2
5	Bill Smith	Harborcreek PA	138	60	66	27:31.7	27:42.9	0:11.2	8:53/M	10:46.6
6	Michael Abt	Erie PA	1	64	127	35:51.9	36:11.6	0:19.7	11:34/M	19:06.8
7	Gary Mizikowski	Fairview PA	195	60	151	43:21.1	43:53.0	0:31.9	13:59/M	26:36.0
8	Gary Bukowski	Erie PA	168	64	167	51:03.0	51:24.0	0:21.0	16:28/M	34:17.9

#### Female 70 to 79

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Jan Hubler	Erie PA	189	72	148	43:05.2	43:14.5	0:09.2	13:54/M	22:36.9

# iRock Fitness Charity 5k Run-Walk

## Age Group Results

5k Race

Race Date  
August 23, 2015

Male 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Chip</u>		<u>Time Back</u>
						<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>	
1	Lucius Bugbee	North East PA	181	76	81	29:18.8	29:37.1	0:18.2	9:27/M	12:33.7
2	Dick Nichols	Centerville PA	175	72	89	30:05.1	30:21.7	0:16.6	9:42/M	13:20.0