

# 8th Annual

## Running for Parkinson's 5k Run/walk And 1 Mile Walk

Saturday, April 13, 2019 at Presque Isle Beach 7 Shelter 2. Start Time 9:00 AM

In honor of National Parkinson's Awareness Month, Running for Parkinson's, a local 501c3 organization, will be hosting a 5k run/walk and a 1 mile walk on April 13, 2019. This event will benefit our local Parkinson Partners of Northwestern Pa.

**Questions? Contact Angela Badaracco at 814-823-9536**

**Online registration is available at <https://runsignup.com/Race/PA/Erie/RunforParkinsons>**

Last Name \_\_\_\_\_ First \_\_\_\_\_ M/F \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ zip \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_ Age (day of race) \_\_\_\_\_

\*Awards given for 5k only. Top first Male and Female finisher, and top 3 each age group.

**Deadline to guarantee t-shirt is March 31st. Packets can be picked up day of race at rotary pavilion after 7am.**

Entry fees:

5K run \$25 with t-shirt \_\_\_\_\_ \$20 No shirt \_\_\_\_\_

1 mile walk \$15 with t-shirt \_\_\_\_\_ \$10 No shirt \_\_\_\_\_

(Circle shirt size) AS M LG XL XXL or youth sizes YS YM YL

\*Please make checks payable to Running for Parkinson's and send to:

**Running For Parkinson's  
12667 Donation Rd.  
Waterford, PA 16441**

## 1 Mile Walk of Empowerment

We will provide a unique opportunity to honor our loved ones with PD. For every walker, Running for Parkinson's will purchase a PD care card to be displayed at the finish in their name. The proceeds for this will go to the Erie PD Purposeful Movement and Wellness program.

Name to be put on PD care card: \_\_\_\_\_

\*Extra PD care cards will be available for \$1 on day of the walk.

Waiver: In consideration of acceptance of this entry, I do hereby, for myself, my heirs, executors and administrators waive and release and discharge from all claims or liabilities of any kind arising from participation in this event, Running for Parkinson's, and any and all service organizations, sponsors and volunteers connected with the operations and running of this event. I am aware that, because of insurance limitations, seeking eye dogs, baby joggers, strollers and wheelchairs will only be permitted in the 1/2 mile race. No bikes, roller skates or roller blades will be permitted in either race. I know that competing in a road race is potentially dangerous. I certify that I have trained sufficiently for this event. I assume any risks associated with this event. I also permit my likeness or photo to be used by the race committee and information about my competition to be used by the Erie Runners Club and such information to be shared with third parties. Parent or guardian must sign if under 18 years of age.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_