

Race Date  
March 12, 16

ERC Winter Series  
Age Group Results

**18k (5k +\_5M + 5k)**

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1	10	Amy Fisher	245	43	1	22:52.5	7:23	1	37:51.0	7:34	1	24:06.2	7:46	1:24:49.7	7:34/M	

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1	1	Steve Locy	392	53	1	19:48.1	6:23	1	32:55.0	6:35	1	19:59.5	6:27	1:12:42.6	6:29/M	

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1	11	Bridget Fetzner	461	41	1	23:34.7	7:36	1	38:33.0	7:43	1	23:47.4	7:40	1:25:55.1	7:40/M	

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1	4	Dan Cass	339	45	1	21:02.8	6:47	1	34:56.0	6:59	1	22:04.7	7:07	1:18:03.5	6:58/M	

Female Senior Grand Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
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ERC Winter Series  
Age Group Results

**18k (5k + 5M + 5k)**

Female Senior Grand Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1	42	Kathy Schreckengost	401	67	1	37:04.1	11:57	1	51:57.0	10:23	1	29:06.3	9:23	1:58:07.4	10:33/M	

Male Senior Grand Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1	25	Jim Tolon	256	64	1	26:58.7	8:42	1	46:25.0	9:17	1	28:43.8	9:16	1:42:07.5	9:07/M	

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ERC Winter Series  
Age Group Results

18k (5k + 5M + 5k)

Female 1 to 12

Place				5k		5M		5k		Total	Total				
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	75 Gweneth Adams	369	11	1	59:34.5	19:13	1	58:53.0	11:47	1	31:10.3	10:03	2:29:37.8	13:22/M	

Male 12 & Under

Place				5k		5M		5k		Total	Total				
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	52 Preston Adams	353	8	1	27:50.5	8:59	1	1:05:49.0	13:10	1	31:09.7	10:03	2:04:49.2	11:09/M	
2	84 Matthew Albreuczynski	190	11	2	47:32.1	15:20	2	1:24:11.0	16:50	2	50:26.0	16:16	3:02:09.1	16:16/M	57:19.9

Female 13 to 19

Place				5k		5M		5k		Total	Total				
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	12 Mackenzie Smith	446	18	1	23:51.4	7:42	1	40:36.0	8:07	1	22:17.2	7:11	1:26:44.6	7:45/M	
2	55 Kelly Cass	340	14	2	34:43.7	11:12	2	57:27.0	11:29	2	34:18.3	11:04	2:06:29.0	11:18/M	39:44.4
3	69 Emily Dunn	387	13	3	35:21.8	11:24	3	1:07:04.0	13:25	3	39:36.8	12:46	2:22:02.6	12:41/M	55:18.0
4	86 Caitlyn Cronk	329	13	4	55:07.8	17:47	4	1:24:13.0	16:51	4	48:20.4	15:35	3:07:41.2	16:45/M	1:40:56.

Male 13 to 19

Place				5k		5M		5k		Total	Total				
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	18 Patrick Dunn, Jr.	456	16	2	28:44.3	9:16	1	40:01.0	8:00	1	25:43.7	8:18	1:34:29.0	8:26/M	
2	47 Ryan Steiger	61	14	3	32:46.6	10:34	2	58:23.0	11:41	2	31:18.2	10:06	2:02:27.8	10:56/M	27:58.8
3	65 Ryan Sibbald	319	18	1	28:30.4	9:12	3	1:02:59.0	12:36	3	44:07.6	14:14	2:15:37.0	12:07/M	41:08.0

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Male 13 to 19

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
4	78	Joseph Albreuczynski	189	14	4	35:56.2	11:35	4	1:06:20.0	13:16	4	51:46.7	16:42	2:34:02.9	13:45/M	59:33.9

Female 20 to 24

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1 *	68	Carrie Milkowski	186	23	1	38:15.4	12:20	1	1:04:41.0	12:56	1	37:02.3	11:57	2:19:58.7	12:30/M	

Male 20 to 24

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1 *	3	Joshua Sibbald	321	21	1	20:16.3	6:32	1	35:27.0	7:05	1	22:04.9	7:07	1:17:48.2	6:57/M	
2	32	Tim Digirolamo	381	24	2	29:22.4	9:28	2	49:03.0	9:49	2	29:48.9	9:37	1:48:14.3	9:40/M	30:26.1

Female 25 to 29

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1 *	63	Emily Solic Grecni	430	25	1	34:12.3	11:02	1	1:07:54.0	13:35	1	31:45.5	10:15	2:13:51.8	11:57/M	

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Male 25 to 29

Place			5k		5M		5k		Total	Total						
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	66	Louis Greci	416	29	1	34:47.6	11:13	1	1:07:57.0	13:35	1	36:21.9	11:44	2:19:06.5		12:25/M

Female 30 to 34

Place			5k		5M		5k		Total	Total						
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	82	Dailene Adams	354	32	1	59:35.5	19:13	1	1:13:58.0	14:48	1	39:28.2	12:44	2:53:01.7		15:27/M

Male 30 to 34

Place			5k		5M		5k		Total	Total						
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	2	Harry Balwick, Jr.	306	31	1	19:45.6	6:22	1	34:24.0	6:53	1	19:44.5	6:22	1:13:54.1		6:36/M
2	8	Brad Wingler	272	31	2	26:55.9	8:41	2	34:52.0	6:58	2	21:14.0	6:51	1:23:01.9		7:25/M 9:07.8

Female 35 to 39

Place			5k		5M		5k		Total	Total						
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	22	Lisa Miller	118	36	3	32:32.2	10:30	1	41:56.0	8:23	1	24:52.4	8:01	1:39:20.6		8:52/M
2	35	Sheri Groenendaal	198	37	1	29:12.2	9:25	2	51:52.0	10:22	2	29:04.3	9:23	1:50:08.5		9:50/M 10:47.9
3	48	Dawn Raffensberger	280	37	4	39:25.4	12:43	3	53:20.0	10:40	3	30:02.6	9:41	2:02:48.0		10:58/M 23:27.4
4	61	Brenda Hertel	287	38	2	31:05.2	10:02	4	57:13.0	11:27	5	43:10.8	13:55	2:11:29.0		11:44/M 32:08.4
5	76	Jill Haemer	455	36	5	40:54.1	13:12	5	1:08:10.0	13:38	4	41:06.1	13:15	2:30:10.2		13:24/M 50:49.6

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Male 35 to 39

Place		5k		5M		5k		Total	Total						
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	5 Martin Raffensberger	285	39	1	22:09.5	7:09	1	36:09.0	7:14	1	21:43.9	7:00	1:20:02.4	7:09/M	
2	14 Brad Wheeler	251	37	3	29:32.4	9:32	2	38:07.0	7:37	3	23:01.0	7:25	1:30:40.4	8:06/M	10:38.0
3	15 Matt Groenendaal	197	39	2	29:12.2	9:25	3	39:11.0	7:50	2	22:22.3	7:13	1:30:45.5	8:06/M	10:43.1
4	36 Thom Miller	117	38	4	42:31.8	13:43	4	43:42.0	8:44	4	24:39.6	7:57	1:50:53.4	9:54/M	30:51.0

Female 40 to 44

Place		5k		5M		5k		Total	Total						
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	17 Heather Cass	338	44	1	25:22.0	8:11	2	42:48.0	8:34	1	24:38.4	7:57	1:32:48.4	8:17/M	
2	19 Stephanie Shattuck	50	41	2	26:18.1	8:29	1	42:28.0	8:30	2	25:44.0	8:18	1:34:30.1	8:26/M	1:41.7
3	27 Kim Steiger	59	41	3	27:05.9	8:44	3	47:49.0	9:34	3	28:04.3	9:03	1:42:59.2	9:12/M	10:10.8
4	31 Tammy Gurlea	341	42	5	28:50.9	9:18	4	49:20.0	9:52	6	29:09.5	9:24	1:47:20.4	9:35/M	14:32.0
5	37 Leanne Morton	156	44	4	28:17.6	9:07	7	56:11.0	11:14	5	28:45.8	9:16	1:53:14.4	10:07/M	20:26.0
6	39 Trisha Schreiber	143	42	6	31:10.6	10:03	5	54:13.0	10:51	4	28:36.9	9:14	1:54:00.5	10:11/M	21:12.1
7	44 Jennifer Wright	203	41	8	33:52.4	10:55	6	55:46.0	11:09	7	30:54.8	9:58	2:00:33.2	10:46/M	27:44.8
8	51 Caroline Sherwin	333	41	7	33:15.5	10:44	8	56:37.0	11:19	9	34:23.6	11:05	2:04:16.1	11:06/M	31:27.7
9	58 Renee Wright	476	43	9	36:37.1	11:49	9	57:09.0	11:26	10	34:59.9	11:17	2:08:46.0	11:30/M	35:57.6
10	67 Kelly Gustafson	268	43	10	36:51.5	11:53	11	1:04:31.0	12:54	11	38:35.8	12:27	2:19:58.3	12:30/M	47:09.9
11	73 Amy Cronk	328	41	11	55:09.2	17:47	10	58:09.0	11:38	8	33:38.3	10:51	2:26:56.5	13:07/M	54:08.1

Male 40 to 44

Place		5k		5M		5k		Total	Total						
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	16 Patrick Zapolski	166	44	1	25:25.2	8:12	1	41:33.0	8:19	1	24:00.6	7:45	1:30:58.8	8:07/M	

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Male 40 to 44

Place	Place	Overall Name	Bib	Age	Rnk	5k Time	5k Pace	Rnk	5M Time	5M Pace	Rnk	5k Time	5k Pace	Total Time	Total Pace	Time Back
2	28	Lewis Baldwin II	239	44	3	27:55.2	9:00	2	48:31.0	9:42	3	27:55.5	9:00	1:44:21.7	9:19/M	13:22.9
3	29	Kenneth Foust	440	41	2	27:09.1	8:45	3	49:24.0	9:53	4	27:56.6	9:01	1:44:29.7	9:20/M	13:30.9
4	49	Mike Gustafson	267	42	5	36:53.0	11:54	6	1:00:25.0	12:05	2	25:30.8	8:14	2:02:48.8	10:58/M	31:50.0
5	57	Brian Marendt	299	42	4	34:58.9	11:17	5	55:47.0	11:09	6	37:27.9	12:05	2:08:13.8	11:27/M	37:15.0
6	64	Andrew Atwood	67	41	6	48:44.5	15:43	4	54:11.0	10:50	5	31:54.2	10:17	2:14:49.7	12:02/M	43:50.9

Female 45 to 49

Place	Place	Overall Name	Bib	Age	Rnk	5k Time	5k Pace	Rnk	5M Time	5M Pace	Rnk	5k Time	5k Pace	Total Time	Total Pace	Time Back
1 *	33	Jennifer Decker	46	45	1	31:32.8	10:10	1	49:25.0	9:53	1	28:07.2	9:04	1:49:05.0	9:44/M	
2	53	Brenda Carr	160	46	3	34:14.5	11:03	2	56:45.0	11:21	2	34:05.6	11:00	2:05:05.1	11:10/M	16:00.1
3	71	Traci Latsko	336	45	4	39:32.0	12:45	3	1:06:28.0	13:18	3	37:15.4	12:01	2:23:15.4	12:47/M	34:10.4
4	85	Janina Lee	237	48	5	48:41.1	15:42	4	1:23:55.0	16:47	4	51:09.5	16:30	3:03:45.6	16:24/M	1:14:40.

Male 45 to 49

Place	Place	Overall Name	Bib	Age	Rnk	5k Time	5k Pace	Rnk	5M Time	5M Pace	Rnk	5k Time	5k Pace	Total Time	Total Pace	Time Back
1 *	9	Rob Roddy	175	48	2	24:04.4	7:46	1	37:00.0	7:24	1	22:07.8	7:08	1:23:12.2	7:26/M	
2	13	Jeff Latsko	335	46	1	23:37.9	7:37	2	40:38.0	8:08	2	24:32.9	7:55	1:28:48.8	7:56/M	5:36.6
3	23	Eric Marendt	300	45	3	26:51.1	8:40	3	45:01.0	9:00	3	27:42.5	8:56	1:39:34.6	8:53/M	16:22.4
4	34	Mark Loch	391	45	4	31:54.2	10:17	4	49:17.0	9:51	4	28:36.4	9:14	1:49:47.6	9:48/M	26:35.4
5	40	Jack Vahey	93	48	7	34:01.7	10:58	5	51:27.0	10:17	6	29:51.0	9:38	1:55:19.7	10:18/M	32:07.5
6	60	Allen Smith	450	49	5	31:59.3	10:19	6	1:05:38.0	13:08	8	33:23.9	10:46	2:11:01.2	11:42/M	47:49.0
7	74	Dennis Albreuczynski	188	47	6	32:56.8	10:37	8	1:24:20.0	16:52	7	32:09.9	10:22	2:29:26.7	13:21/M	1:06:14.

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18k (5k +\_5M + 5k)

Male 45 to 49

Place				5k				5M				5k				Total	Total	
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time	Pace	Time Back	
8	79 Mark Baker	370	49	8	50:05.4	16:09	7	1:17:32.0	15:30	5	29:10.9	9:25	2:36:48.3	14:00/M	1:13:36.			

Female 50 to 54

Place				5k				5M				5k				Total	Total	
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time	Pace	Time Back	
1 *	38 Michelle Easley	181	51	1	29:30.7	9:31	1	54:32.0	10:54	1	29:40.3	9:34	1:53:43.0	10:09/M				
2	46 Tammy Waldo	380	50	2	36:12.8	11:41	2	55:11.0	11:02	2	30:55.5	9:58	2:02:19.3	10:55/M	8:36.3			

Male 50 to 54

Place				5k				5M				5k				Total	Total	
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time	Pace	Time Back	
1 *	6 Michael Lawrence	426	51	1	20:30.3	6:37	1	35:02.0	7:00	1	25:13.1	8:08	1:20:45.4	7:13/M				
2	20 Bob Akerly	240	54	2	25:27.1	8:13	2	42:52.0	8:34	2	26:23.1	8:31	1:34:42.2	8:27/M	13:56.8			
3	21 Jay Williams	78	52	3	26:58.8	8:42	4	44:43.0	8:57	4	27:36.4	8:54	1:39:18.2	8:52/M	18:32.8			
4	24 John Harmle	441	53	5	30:37.1	9:53	3	44:15.0	8:51	3	26:46.6	8:38	1:41:38.7	9:04/M	20:53.3			
5	41 Bill Sibbald	357	54	4	28:21.3	9:09	5	57:57.0	11:35	5	30:30.9	9:50	1:56:49.2	10:26/M	36:03.8			

Female 55 to 59

Place				5k				5M				5k				Total	Total	
Place	Overall Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time	Pace	Time Back	
1 *	45 Elizabeth Rinderle	462	59	4	44:45.9	14:26	1	47:52.0	9:34	1	28:57.9	9:20	2:01:35.8	10:51/M				
2	59 Laurie Haibach	286	58	1	34:56.8	11:16	2	59:24.0	11:53	3	35:10.5	11:21	2:09:31.3	11:34/M	7:55.5			



Race Date  
March 12, 16

ERC Winter Series  
Age Group Results

18k (5k + 5M + 5k)

Female 55 to 59

Place			5k		5M			5k			Total	Total				
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
3	62	Mary Hammer	228	55	2	36:57.9	11:55	3	1:02:37.0	12:31	2	34:00.8	10:58	2:13:35.7	11:56/M	11:59.9
4	77	Maureen Williams	436	56	3	40:40.3	13:07	4	1:13:27.0	14:41	4	39:45.2	12:49	2:33:52.5	13:44/M	32:16.7
5	83	Kim Babay	108	59	5	55:05.6	17:46	5	1:15:21.0	15:04	5	45:46.1	14:46	2:56:12.7	15:44/M	54:36.9

Male 55 to 59

Place			5k		5M			5k			Total	Total				
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	7	Jack Byers	58	56	1	22:30.0	7:15	1	36:53.0	7:23	1	22:21.9	7:13	1:21:44.9	7:18/M	
2	26	Jeffrey Guild	241	56	2	29:03.3	9:22	3	45:44.0	9:09	2	27:59.3	9:02	1:42:46.6	9:11/M	21:01.7
3	72	Jim Babay	107	58	3	55:07.8	17:47	2	43:50.0	8:46	3	45:46.0	14:46	2:24:43.8	12:55/M	1:02:58.

Female 60 to 64

Place			5k		5M			5k			Total	Total				
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	70	Laura Fosco	104	60	1	39:58.5	12:54	1	1:02:40.0	12:32	1	40:18.4	13:00	2:22:56.9	12:46/M	

Male 60 to 64

Place			5k		5M			5k			Total	Total				
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	Time Back
1 *	30	Bill Smith	148	61	2	28:19.9	9:08	2	48:32.0	9:42	1	28:41.9	9:15	1:45:33.8	9:25/M	
2	50	Stephen Spacht	149	60	3	32:24.4	10:27	4	58:36.0	11:43	3	32:05.7	10:21	2:03:06.1	10:59/M	17:32.3
3	54	Steve Guild	242	62	1	27:45.1	8:57	3	49:44.0	9:57	4	48:27.8	15:38	2:05:56.9	11:15/M	20:23.1

Race Date  
March 12, 16

ERC Winter Series  
Age Group Results

**18k (5k + 5M + 5k)**

Male 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
4	56	Gene Connell	100	61	5	50:47.3	16:23	1	44:41.0	8:56	2	31:22.2	10:07	2:06:50.5	11:19/M	21:16.7
5	81	Michael Abt	386	64	4	42:44.6	13:47	5	1:12:38.0	14:32	5	54:59.3	17:44	2:50:21.9	15:13/M	1:04:48.

Male 65 to 69

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	<u>Total</u> <u>Pace</u>	<u>Time Back</u>
1 *	43	Bill Tobin	288	67	1	33:28.2	10:48	1	51:22.0	10:16	1	35:36.9	11:29	2:00:27.1	10:45/M	
2	80	Rick Marendt	292	69	2	39:37.6	12:47	2	1:24:20.0	16:52	2	38:14.8	12:20	2:42:12.4	14:29/M	41:45.3