

Race Date
August 07, 2016

Lake Erie Duathlon
Age Group Results

Open

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>5k Run Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>5k Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	7	Kelli Proctor	70	38	*****	19:52.40	6:25	1:14.40	*****	38:08.65	19.5	1:08.45	*****	20:02.90	6:28	1:20:26.8

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>5k Run Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>5k Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Aaron Garrity	26	38	*****	17:48.80	5:45	1:01.20	*****	29:17.90	25.4	0:42.75	*****	19:18.85	6:14	1:08:09.5

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Open

Female 19 & Under

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1 *	63	Dominique Conti	61	18	2	28:02.90	9:03	1:43.70	1	50:17.20	14.8	1:05.45	1	27:08.90	8:45	1:48:18.1
2 *	77	Sam Desser	17	19	1	24:52.30	8:01	1:04.05	2	1:05:19.6	11.4	1:09.15	2	28:47.55	9:17	2:01:12.6

Male 19 & Under

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1 *	3	Curtis Royek	75	19	1	18:26.45	5:57	0:40.65	1	32:59.80	22.6	0:33.95	1	19:59.75	6:27	1:12:40.6
2 *	38	Matthew Zajac	103	14	2	23:47.50	7:40	1:05.85	2	46:24.10	16.0	0:48.85	2	28:03.45	9:03	1:40:09.7

Female 20 to 24

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	67	Kellie Wendell	156	23	2	26:46.85	8:38	1:08.45	2	51:21.05	14.5	0:58.50	1	28:55.35	9:20	1:49:10.2
2	71	Allie Sarachene	78	20	3	30:35.55	9:52	1:31.00	1	47:57.55	15.5	1:22.55	3	31:15.80	10:05	1:52:42.4
3	82	Brianna Desser	16	23	1	26:27.85	8:32	1:47.35	3	1:05:27.2	11.4	1:19.00	2	30:17.80	9:46	2:05:19.2

Male 20 to 24

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	27	Ryan Taylor	93	24									1	1:35:52.4	30:55	1:35:52.4

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Open

Female 25 to 29

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	21	Kristin Gordon	31	28	1	24:13.15	7:49	0:41.00	1	37:59.85	19.6	0:34.40	2	26:36.90	8:35	1:30:05.3
2	25	Juliann Worden	101	29	2	26:04.05	8:25	1:16.85	3	41:58.85	17.7	1:02.00	1	24:54.05	8:02	1:35:15.8
3	57	Meghan Stefanko	89	25	4	30:37.15	9:53	1:50.45	2	41:01.95	18.1	2:05.60	4	30:44.10	9:55	1:46:19.2
4	64	Bethany Kelley	44	29	3	27:17.45	8:48	1:34.20	4	49:29.55	15.0	1:38.15	3	28:28.40	9:11	1:48:27.7

Male 25 to 29

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	5	Jeff Sanford	77	26	2	21:05.50	6:48	1:00.25	1	33:10.85	22.4	0:51.60	2	22:45.75	7:20	1:18:53.9
2	6	Patrick Fleming	23	25	1	19:22.55	6:15	1:22.20	3	37:54.65	19.6	0:44.75	1	20:52.65	6:44	1:20:16.8
3	17	Daniel Smith	87	26	3	22:30.25	7:15	1:22.05	2	36:17.40	20.5	2:04.80	3	26:15.20	8:28	1:28:29.7

Female 30 to 34

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	13	Peg Erb	20	33	1	21:36.50	6:58	1:13.05	1	38:08.65	19.5	1:20.45	1	22:38.75	7:18	1:24:57.4
2	23	Kate Amatuzzo	2	31	2	23:30.45	7:35	1:32.80	4	41:41.85	17.8	1:23.50	2	24:54.65	8:02	1:33:03.2
3	26	Molly Spaeder	88	31	3	24:54.75	8:02	1:22.65	3	41:14.20	18.0	1:22.20	3	26:25.85	8:31	1:35:19.6
4	40	Brittany Mays	53	31	5	26:35.55	8:35	1:02.60	5	44:36.35	16.7	1:28.50	4	26:48.40	8:39	1:40:31.4
5	44	Anne Styn	91	32	7	28:03.55	9:03	2:10.80	2	38:58.40	19.1	2:02.15	7	29:58.10	9:40	1:41:13.0
6	65	Amanda Scully	83	30	6	28:03.50	9:03	2:01.25	6	47:45.25	15.6	1:40.15	6	29:07.65	9:24	1:48:37.8
7	68	Jenny Turak	96	31	4	25:47.05	8:19	2:27.30	7	50:44.15	14.7	1:24.40	5	28:53.60	9:19	1:49:16.5
8	78	Allison Fogle	24	34	9	28:55.80	9:20	1:31.05	8	52:56.70	14.1	1:37.55	10	36:27.00	11:45	2:01:28.1

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Female 30 to 34

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
9	83	Robin McNeal	58	32	10	32:10.10	10:23	1:49.65	9	55:23.00	13.4	1:32.35	8	36:09.00	11:40	2:07:04.1
10	86	Patricia Boyer	8	34	11	32:31.55	10:29	1:17.50	10	1:03:46.3	11.7	0:53.80	9	36:13.50	11:41	2:14:42.6

Male 30 to 34

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	2	Mathew McClellan	55	30	1	17:47.15	5:44	0:43.00	1	31:12.30	23.8	0:47.75	1	20:17.70	6:33	1:10:47.9
2	39	Justin Scholl	80	33	2	28:08.40	9:05	1:28.80	2	40:23.35	18.4	1:02.45	2	29:17.30	9:27	1:40:20.3

Female 35 to 39

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	49	Anna Brink	9	38	2	28:39.05	9:15	1:09.00	1	43:04.90	17.3	1:07.55	1	29:30.05	9:31	1:43:30.5
2	69	Debra Stroiney	90	36	3	29:56.00	9:39	1:36.65	2	44:29.40	16.7	1:55.95	2	33:48.80	10:54	1:51:46.8
3	74	Jill Simmons	85	38	4	33:02.50	10:39	0:52.40	3	46:42.35	15.9	1:01.80	3	36:22.80	11:44	1:58:01.8

Male 35 to 39

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Scott Proctor	71	38	1	20:11.00	6:31	0:58.45	2	33:39.50	22.1	0:49.75	1	20:31.25	6:37	1:16:09.9
2	9	Ira Bush	11	37	4	22:47.20	7:21	0:49.70	1	33:09.75	22.4	0:47.05	4	23:45.55	7:40	1:21:19.2

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Open

Male 35 to 39

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
3	10	Justin Buschman	10	35	2	20:54.15	6:45	0:52.75	3	37:15.75	20.0	0:53.90	2	23:09.55	7:28	1:23:06.1
4	15	Mike Schoonover	82	39	3	21:41.45	7:00	1:11.15	5	38:44.10	19.2	0:52.85	3	23:18.15	7:31	1:25:47.7
5	18	Ed Gordon	30	38	5	23:48.50	7:41	0:47.85	4	38:14.40	19.5	0:39.25	5	25:02.45	8:05	1:28:32.4
6	42	Scott Russo	76	39	6	26:32.00	8:34	1:45.40	6	42:03.95	17.7	1:30.70	6	29:00.30	9:21	1:40:52.3
7	61	Brian Melewski	60	35	7	28:47.25	9:17	1:37.55	7	43:34.65	17.1	1:15.65	7	32:36.65	10:31	1:47:51.7

Female 40 to 44

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	14	Donnelle Super	92	41	1	22:52.20	7:23	1:07.85	1	35:43.20	20.8	1:21.85	1	24:29.40	7:54	1:25:34.5
2	35	Phoebe Clemente	12	42	2	24:15.95	7:49	1:10.80	3	47:18.10	15.7	1:03.75	2	25:33.55	8:15	1:39:22.1
3	60	Barbara Welton	100	44	3	28:07.20	9:04	0:56.50	2	45:56.05	16.2	0:54.75	3	31:46.30	10:15	1:47:40.8
4	89	Julie Coughenour	14	42	4	37:49.95	12:12	2:21.05	4	59:45.35	12.5	2:29.40	4	40:46.05	13:09	2:23:11.8

Male 40 to 44

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	8	Robert Kolodziejczak	46	42	1	20:01.35	6:27	1:53.15	1	36:37.15	20.3	1:25.20	1	20:56.10	6:45	1:20:52.9
2	12	Josh Skarzenski	86	40	2	22:11.70	7:09					38:41.40	2	23:48.15	7:41	1:24:41.2
3	19	Christopher Hawes	34	43	3	24:03.55	7:45						7	1:04:55.1	20:56	1:28:58.6
4	31	Jeremy McFadden	57	40	4	24:25.25	7:53	1:34.65	4	44:22.35	16.8	1:29.45	3	25:08.15	8:06	1:36:59.8
5	48	Corey Fedor	22	40	6	27:08.95	8:45	1:41.25	3	43:13.45	17.2	1:36.30	5	28:45.55	9:16	1:42:25.5
6	52	Mike Gustafson	32	43	5	24:48.35	8:00	1:30.85	5	50:10.10	14.8	1:40.25	4	26:43.25	8:37	1:44:52.8

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Open

Male 40 to 44

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
7	62	Pat Conti	13	41	7	30:15.15	9:45	2:47.90	2	40:16.10	18.5	2:17.00	6	32:26.30	10:28	1:48:02.4
8	75	Drew Kavelines	43	43									8	2:00:34.2	38:54	2:00:34.2

Female 45 to 49

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	30	Marilyn Threat	94	48	1	25:07.60	8:06	1:05.70	2	43:00.30	17.3	0:47.70	1	26:41.70	8:36	1:36:43.0
2	37	Joanna Puccio	72	45	3	28:15.00	9:07	1:45.85	1	39:41.05	18.7	1:52.20	2	28:10.25	9:05	1:39:44.3
3	43	Cindy Zajac	102	49	2	26:01.85	8:24	0:49.45	4	44:40.55	16.7	0:52.75	3	28:33.40	9:13	1:40:58.0
4	70	Kristin Kramer	48	46	4	29:31.65	9:31	0:57.75	7	49:28.40	15.0	0:57.40	5	31:21.25	10:07	1:52:16.4
5	72	Susan Sarachene	79	48	6	30:35.75	9:52	1:30.55	6	47:56.10	15.5	1:25.95	4	31:14.15	10:05	1:52:42.5
6	79	Renee Martin	51	45	5	30:15.15	9:45	1:22.05	8	51:09.05	14.5	1:32.90	6	37:10.05	11:59	2:01:29.2
7	81	Melissa Gettel	27	48	7	35:52.70	11:34	3:19.95	3	43:45.10	17.0	2:30.20	7	39:32.60	12:45	2:05:00.5
8	85	Tammy Nelson	67	46	8	38:53.60	12:33	2:02.50	5	45:13.00	16.5	2:00.75	8	42:55.40	13:51	2:11:05.2

Male 45 to 49

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	Jack Farrell	21	47	2	24:10.40	7:48	0:51.30	5	40:14.10	18.5	0:47.20	1	26:08.75	8:26	1:32:11.7
2	24	Kevin McCracken	56	45	1	23:24.70	7:33	0:46.55	1	32:56.25	22.6	0:44.75	7	35:16.30	11:23	1:33:08.5
3	41	James Ghofulpo	29	45	5	29:20.20	9:28	1:33.70	2	35:15.00	21.1	1:20.85	6	33:21.10	10:45	1:40:50.8
4	46	Jack Vahey	97	48	4	27:50.75	8:59	1:58.30	4	39:54.65	18.6	1:41.80	3	30:20.95	9:47	1:41:46.4
5	56	Christopher Holmberg	39	47	7	30:19.15	9:47	2:58.95	3	39:13.65	19.0	2:47.75	4	30:38.45	9:53	1:45:57.9

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Open

Male 45 to 49

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
6	58	Nicholas Vodzak	98	45	6	29:26.75	9:30	1:36.85	7	45:43.90	16.3	1:12.75	2	28:28.25	9:11	1:46:28.5
7	59	Anthony Berdis	5	49	3	26:37.55	8:35	1:41.35	8	46:14.75	16.1	1:07.40	5	31:47.95	10:15	1:47:29.0
8	76	Dennis Albreuczynski	1	47	8	34:30.20	11:08	2:02.55	6	42:11.85	17.6	2:11.20	8	40:03.80	12:55	2:00:59.6

Male 50 to 54

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	20	Denny Morell	64	52	1	23:24.55	7:33	1:58.55	1	36:28.15	20.4	2:10.50	1	25:04.40	8:05	1:29:06.1
2	45	Wesley Rowden	74	54				27:01.00	3	44:35.35	16.7	1:45.25	2	27:56.85	9:01	1:41:18.4
3	53	Scott Heitzenrater	35	52	3	29:27.05	9:30	1:30.00	2	37:56.65	19.6	1:39.90	4	34:36.10	11:10	1:45:09.7
4	80	Ed Miseta	63	53	2	28:20.70	9:08	2:22.05	4	58:02.20	12.8	2:14.15	3	32:30.20	10:29	2:03:29.3
5	88	David Bonner	7	52	4	37:47.20	12:11	2:41.20	5	59:26.70	12.5	2:32.55	5	40:42.20	13:08	2:23:09.8

Female 55 to 59

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	32	Ann Morris	65	55	3	26:23.75	8:31	1:28.10	1	38:05.00	19.5	1:15.05	4	29:59.45	9:40	1:37:11.3
2	34	Pamela Jewell	41	55	2	25:53.00	8:21	1:39.20	3	40:56.80	18.2	1:47.30	1	27:55.60	9:00	1:38:11.9
3	47	Marcella Mattox	52	58	1	25:10.35	8:07	1:21.00	5	44:59.15	16.5	1:10.30	3	29:07.85	9:24	1:41:48.6
4	51	Kelly Gheres	28	56	4	27:28.30	8:52	1:55.70	4	44:16.15	16.8	1:56.65	2	29:04.40	9:23	1:44:41.2
5	54	Elizabeth Kelly	45	57	5	30:07.00	9:43	1:29.70	2	39:28.50	18.9	1:20.10	5	32:59.85	10:38	1:45:25.1

Race Date
August 07, 2016

Lake Erie Duathlon

Age Group Results

Open

Male 55 to 59

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	Ken Nelson	66	55	1	21:25.35	6:55	1:11.20	1	36:23.50	20.4	1:08.80	1	24:12.45	7:48	1:24:21.3
2	28	Jim Babay	4	58	5	27:10.75	8:46	1:14.75	2	37:32.90	19.8	1:18.60	4	28:38.10	9:14	1:35:55.1
3	29	Jack Daneri	15	57	3	25:55.15	8:22	3:22.40	4	39:36.80	18.8	2:26.50	2	25:04.95	8:05	1:36:25.8
4	33	Jamie Mead	59	58	4	26:54.25	8:41	1:15.45	5	39:54.15	18.6	1:13.20	3	28:31.30	9:12	1:37:48.3
5	36	Mike Hirsch	38	55	2	25:55.00	8:22	0:53.05	3	39:33.85	18.8	1:02.15	5	32:04.50	10:21	1:39:28.5
6	66	William Joint	42	58	6	29:58.30	9:40	1:52.10	6	41:31.55	17.9	1:33.90	6	33:46.70	10:54	1:48:42.5

Female 60 and over

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1 *	50	Trill Dreistadt	19	67	1	28:36.25	9:14	1:20.00	1	43:09.35	17.2	1:06.75	1	30:02.00	9:41	1:44:14.3
2 *	84	Deb Hess	36	61	2	33:37.30	10:51	1:27.00	2	59:24.70	12.5	1:29.75	2	33:01.60	10:39	2:09:00.3

Men 60 and over

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1 *	16	James Pike	69	64	1	23:45.05	7:40	1:47.95	1	33:55.00	21.9	1:48.85	1	25:42.60	8:17	1:26:59.4
2 *	55	Steve Ropski	73	60	2	29:20.30	9:28	1:39.30	2	42:35.35	17.5	1:22.15	2	30:50.55	9:57	1:45:47.6
3 *	73	Bill Tobin	95	67	3	32:09.50	10:22	2:01.60	3	45:48.55	16.2	1:41.85	3	32:40.35	10:32	1:54:21.8
4	87	Lawrence Berdis	6	82	4	37:35.75	12:07	1:21.50	4	54:02.30	13.8	1:20.55	4	43:46.95	14:07	2:18:07.0