

Race Date
August 07, 2016

Lake Erie Duathlon

Overall Results

Place	Name	Bib No	----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Aaron Garrity	26	3	17:48.80	5:45	1:01.20	1	29:17.90	25.4	0:42.75	2	19:18.85	6:14	1:08:09.5
2	Mathew McClellan	55	2	17:47.15	5:44	0:43.00	2	31:12.30	23.8	0:47.75	5	20:17.70	6:33	1:10:47.9
3	Curtis Royek	75	4	18:26.45	5:57	0:40.65	6	32:59.80	22.6	0:33.95	3	19:59.75	6:27	1:12:40.6
4	Scott Proctor	71	8	20:11.00	6:31	0:58.45	11	33:39.50	22.1	0:49.75	6	20:31.25	6:37	1:16:09.9
5	Cookie Monsters	128	13	21:22.95	6:54	0:41.35	3	31:22.75	23.7	0:41.85	10	22:08.15	7:08	1:16:17.0
6	McGee's	136	10	20:29.95	6:36	0:50.35	9	33:22.85	22.3	0:44.30	12	22:17.50	7:11	1:17:44.9
7	Team MEP	154	9	20:13.05	6:31	0:52.55	13	35:07.30	21.2	0:49.55	7	20:42.95	6:41	1:17:45.4
8	Huskies	134	1	17:45.75	5:44	0:56.40	46	39:51.10	18.7	0:41.15	1	19:10.80	6:11	1:18:25.2
9	Jeff Sanford	77	12	21:05.50	6:48	1:00.25	8	33:10.85	22.4	0:51.60	15	22:45.75	7:20	1:18:53.9
10	Patrick Fleming	23	5	19:22.55	6:15	1:22.20	29	37:54.65	19.6	0:44.75	8	20:52.65	6:44	1:20:16.8
11	Kelli Proctor	70	6	19:52.40	6:25	1:14.40	34	38:08.65	19.5	1:08.45	4	20:02.90	6:28	1:20:26.8
12	Robert Kolodziejczak	46	7	20:01.35	6:27	1:53.15	22	36:37.15	20.3	1:25.20	9	20:56.10	6:45	1:20:52.9
13	Ira Bush	11	22	22:47.20	7:21	0:49.70	7	33:09.75	22.4	0:47.05	19	23:45.55	7:40	1:21:19.2
14	#teamwhateverweare	121	30	23:46.40	7:40	0:57.40	4	32:16.90	23.1	0:45.10	23	24:25.05	7:53	1:22:10.8
15	Justin Buschman	10	11	20:54.15	6:45	0:52.75	26	37:15.75	20.0	0:53.90	16	23:09.55	7:28	1:23:06.1
16	Crashwiper	129	18	21:57.00	7:05	0:58.55	24	36:43.80	20.3	0:51.55	18	23:19.40	7:31	1:23:50.3
17	Ken Nelson	66	15	21:25.35	6:55	1:11.20	20	36:23.50	20.4	1:08.80	21	24:12.45	7:48	1:24:21.3
18	Thunderin Herd Guys	151	20	22:28.95	7:15	0:50.05	27	37:15.80	20.0	1:25.85	13	22:31.50	7:16	1:24:32.1
19	Josh Skarzenski	86	19	22:11.70	7:09					38:41.40	20	23:48.15	7:41	1:24:41.2
20	Peg Erb	20	16	21:36.50	6:58	1:13.05	35	38:08.65	19.5	1:20.45	14	22:38.75	7:18	1:24:57.4
21	Donnelle Super	92	23	22:52.20	7:23	1:07.85	17	35:43.20	20.8	1:21.85	24	24:29.40	7:54	1:25:34.5
22	Mike Schoonover	82	17	21:41.45	7:00	1:11.15	38	38:44.10	19.2	0:52.85	17	23:18.15	7:31	1:25:47.7
23	James Pike	69	29	23:45.05	7:40	1:47.95	12	33:55.00	21.9	1:48.85	35	25:42.60	8:17	1:26:59.4
24	Bozos	124	33	23:56.95	7:43	0:48.45	32	37:59.95	19.6	0:49.20	26	24:43.90	7:58	1:28:18.4
25	Daniel Smith	87	21	22:30.25	7:15	1:22.05	19	36:17.40	20.5	2:04.80	40	26:15.20	8:28	1:28:29.7
26	Team B and G	140	39	24:24.35	7:52	0:46.15	25	36:51.75	20.2	0:43.80	36	25:46.40	8:19	1:28:32.4
27	Ed Gordon	30	32	23:48.50	7:41	0:47.85	36	38:14.40	19.5	0:39.25	30	25:02.45	8:05	1:28:32.4
28	Team UhrmaYaple	148	27	23:33.20	7:36	0:57.00	37	38:31.70	19.3	0:52.15	27	24:49.55	8:00	1:28:43.6
29	Christopher Hawes	34	34	24:03.55	7:45						119	1:04:55.1	20:56	1:28:58.6
30	Denny Morell	64	24	23:24.55	7:33	1:58.55	21	36:28.15	20.4	2:10.50	31	25:04.40	8:05	1:29:06.1
31	Kristin Gordon	31	36	24:13.15	7:49	0:41.00	31	37:59.85	19.6	0:34.40	44	26:36.90	8:35	1:30:05.3
32	Cass-Kisiel	126	48	25:40.95	8:17	1:00.05	18	35:46.00	20.8	1:03.60	45	26:41.05	8:36	1:30:11.6
33	Thunderin Herd	150	38	24:17.20	7:50	0:44.10	51	40:21.45	18.4	1:04.10	25	24:36.30	7:56	1:31:03.1

Race Date
August 07, 2016

Lake Erie Duathlon

Overall Results

Place	Name	Bib No	----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
34	Jack Farrell	21	35	24:10.40	7:48	0:51.30	49	40:14.10	18.5	0:47.20	38	26:08.75	8:26	1:32:11.7
35	Team REMI	146	28	23:36.65	7:37	1:12.40	60	42:02.25	17.7	0:58.45	22	24:22.60	7:52	1:32:12.3
36	Kate Amatuzzo	2	26	23:30.45	7:35	1:32.80	58	41:41.85	17.8	1:23.50	29	24:54.65	8:02	1:33:03.2
37	Kevin McCracken	56	25	23:24.70	7:33	0:46.55	5	32:56.25	22.6	0:44.75	106	35:16.30	11:23	1:33:08.5
38	Just Du It	135	47	25:21.55	8:11	0:50.70	44	39:38.25	18.8	0:59.35	43	26:33.40	8:34	1:33:23.2
39	Team Haines	143	83	28:50.15	9:18	1:04.35	10	33:37.95	22.1	1:01.20	73	29:36.20	9:33	1:34:09.8
40	Juliann Worden	101	54	26:04.05	8:25	1:16.85	59	41:58.85	17.7	1:02.00	28	24:54.05	8:02	1:35:15.8
41	Molly Spaeder	88	43	24:54.75	8:02	1:22.65	56	41:14.20	18.0	1:22.20	42	26:25.85	8:31	1:35:19.6
42	Team Blair	141				27:02.40	55	41:11.50	18.1	1:01.55	41	26:20.55	8:30	1:35:36.0
43	Ryan Taylor	93									120	1:35:52.4	30:55	1:35:52.4
44	Jim Babay	4	64	27:10.75	8:46	1:14.75	28	37:32.90	19.8	1:18.60	62	28:38.10	9:14	1:35:55.1
45	Jack Daneri	15	52	25:55.15	8:22	3:22.40	43	39:36.80	18.8	2:26.50	32	25:04.95	8:05	1:36:25.8
46	Marilyn Threat	94	44	25:07.60	8:06	1:05.70	64	43:00.30	17.3	0:47.70	46	26:41.70	8:36	1:36:43.0
47	TheKnapps	149	91	29:32.60	9:32	0:53.75	14	35:10.95	21.2	0:59.10	77	30:16.45	9:46	1:36:52.8
48	Jeremy McFadden	57	40	24:25.25	7:53	1:34.65	73	44:22.35	16.8	1:29.45	33	25:08.15	8:06	1:36:59.8
49	Ann Morris	65	55	26:23.75	8:31	1:28.10	33	38:05.00	19.5	1:15.05	75	29:59.45	9:40	1:37:11.3
50	CJen	127	82	28:49.70	9:18	1:19.05	16	35:21.45	21.0	1:11.20	80	30:34.60	9:52	1:37:16.0
51	Jamie Mead	59	61	26:54.25	8:41	1:15.45	47	39:54.15	18.6	1:13.20	60	28:31.30	9:12	1:37:48.3
52	Black Ducks	123	14	21:24.90	6:54	1:17.55	102	52:09.85	14.3	1:06.95	11	22:08.85	7:08	1:38:08.1
53	Pamela Jewell	41	50	25:53.00	8:21	1:39.20	53	40:56.80	18.2	1:47.30	51	27:55.60	9:00	1:38:11.9
54	Phoebe Clemente	12	37	24:15.95	7:49	1:10.80	89	47:18.10	15.7	1:03.75	34	25:33.55	8:15	1:39:22.1
55	Mike Hirsch	38	51	25:55.00	8:22	0:53.05	42	39:33.85	18.8	1:02.15	91	32:04.50	10:21	1:39:28.5
56	Joanna Puccio	72	75	28:15.00	9:07	1:45.85	45	39:41.05	18.7	1:52.20	55	28:10.25	9:05	1:39:44.3
57	Matthew Zajac	103	31	23:47.50	7:40	1:05.85	85	46:24.10	16.0	0:48.85	53	28:03.45	9:03	1:40:09.7
58	Justin Scholl	80	74	28:08.40	9:05	1:28.80	52	40:23.35	18.4	1:02.45	71	29:17.30	9:27	1:40:20.3
59	Brittany Mays	53	58	26:35.55	8:35	1:02.60	77	44:36.35	16.7	1:28.50	48	26:48.40	8:39	1:40:31.4
60	James Ghofulpo	29	86	29:20.20	9:28	1:33.70	15	35:15.00	21.1	1:20.85	100	33:21.10	10:45	1:40:50.8
61	Scott Russo	76	57	26:32.00	8:34	1:45.40	61	42:03.95	17.7	1:30.70	67	29:00.30	9:21	1:40:52.3
62	Cindy Zajac	102	53	26:01.85	8:24	0:49.45	78	44:40.55	16.7	0:52.75	61	28:33.40	9:13	1:40:58.0
63	Anderson	122	46	25:12.50	8:08	1:01.70	90	47:34.65	15.6	1:14.05	39	26:08.85	8:26	1:41:11.7
64	Anne Styn	91	72	28:03.55	9:03	2:10.80	39	38:58.40	19.1	2:02.15	74	29:58.10	9:40	1:41:13.0
65	Wesley Rowden	74				27:01.00	76	44:35.35	16.7	1:45.25	52	27:56.85	9:01	1:41:18.4
66	HamCo	132	65	27:12.15	8:46	1:04.05	70	43:55.55	16.9	0:59.45	56	28:20.40	9:08	1:41:31.6

Race Date
August 07, 2016

Lake Erie Duathlon

Overall Results

Place	Name	Bib No	----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
67	Jack Vahey	97	69	27:50.75	8:59	1:58.30	48	39:54.65	18.6	1:41.80	79	30:20.95	9:47	1:41:46.4
68	Marcella Mattox	52	45	25:10.35	8:07	1:21.00	79	44:59.15	16.5	1:10.30	70	29:07.85	9:24	1:41:48.6
69	Better Late Than Never	155								1:16:25.1	37	25:54.10	8:21	1:42:19.2
70	Corey Fedor	22	63	27:08.95	8:45	1:41.25	67	43:13.45	17.2	1:36.30	63	28:45.55	9:16	1:42:25.5
71	Anna Brink	9	79	28:39.05	9:15	1:09.00	65	43:04.90	17.3	1:07.55	72	29:30.05	9:31	1:43:30.5
72	Trill Dreistadt	19	78	28:36.25	9:14	1:20.00	66	43:09.35	17.2	1:06.75	76	30:02.00	9:41	1:44:14.3
73	Kelly Gheres	28	68	27:28.30	8:52	1:55.70	72	44:16.15	16.8	1:56.65	68	29:04.40	9:23	1:44:41.2
74	Mike Gustafson	32	41	24:48.35	8:00	1:30.85	97	50:10.10	14.8	1:40.25	47	26:43.25	8:37	1:44:52.8
75	Scott Heitzenrater	35	89	29:27.05	9:30	1:30.00	30	37:56.65	19.6	1:39.90	104	34:36.10	11:10	1:45:09.7
76	Farrell	131	85	28:59.55	9:21	0:57.80	23	36:41.95	20.3	0:57.15	112	37:33.60	12:07	1:45:10.0
77	Elizabeth Kelly	45	94	30:07.00	9:43	1:29.70	41	39:28.50	18.9	1:20.10	98	32:59.85	10:38	1:45:25.1
78	Steve Ropski	73	87	29:20.30	9:28	1:39.30	63	42:35.35	17.5	1:22.15	83	30:50.55	9:57	1:45:47.6
79	Christopher Holmberg	39	97	30:19.15	9:47	2:58.95	40	39:13.65	19.0	2:47.75	81	30:38.45	9:53	1:45:57.9
80	Meghan Stefanko	89	102	30:37.15	9:53	1:50.45	54	41:01.95	18.1	2:05.60	82	30:44.10	9:55	1:46:19.2
81	Nicholas Vodzak	98	88	29:26.75	9:30	1:36.85	81	45:43.90	16.3	1:12.75	57	28:28.25	9:11	1:46:28.5
82	Team ChewMont	142	98	30:26.90	9:49					43:15.75	97	32:45.90	10:34	1:46:28.5
83	Robot Unicorn	139	81	28:49.70	9:18	1:20.60	75	44:32.30	16.7	0:56.35	89	31:47.30	10:15	1:47:26.2
84	Anthony Berdis	5	59	26:37.55	8:35	1:41.35	84	46:14.75	16.1	1:07.40	90	31:47.95	10:15	1:47:29.0
85	Barbara Welton	100	73	28:07.20	9:04	0:56.50	83	45:56.05	16.2	0:54.75	88	31:46.30	10:15	1:47:40.8
86	Brian Melewski	60	80	28:47.25	9:17	1:37.55	68	43:34.65	17.1	1:15.65	95	32:36.65	10:31	1:47:51.7
87	Pat Conti	13	95	30:15.15	9:45	2:47.90	50	40:16.10	18.5	2:17.00	92	32:26.30	10:28	1:48:02.4
88	Dominique Conti	61	70	28:02.90	9:03	1:43.70	98	50:17.20	14.8	1:05.45	49	27:08.90	8:45	1:48:18.1
89	Bethany Kelley	44	66	27:17.45	8:48	1:34.20	95	49:29.55	15.0	1:38.15	58	28:28.40	9:11	1:48:27.7
90	Paper Footballs	138	76	28:16.25	9:07	0:59.20	96	49:49.75	14.9	1:24.30	54	28:04.05	9:03	1:48:33.5
91	Amanda Scully	83	71	28:03.50	9:03	2:01.25	91	47:45.25	15.6	1:40.15	69	29:07.65	9:24	1:48:37.8
92	William Joint	42	93	29:58.30	9:40	1:52.10	57	41:31.55	17.9	1:33.90	102	33:46.70	10:54	1:48:42.5
93	Team Ryan	147				29:34.85	87	46:40.15	15.9	0:57.30	87	31:31.85	10:10	1:48:44.1
94	Farrell-Spaeder	152	101	30:36.55	9:52	1:02.45	71	43:56.45	16.9	1:00.25	93	32:29.45	10:29	1:49:05.1
95	Kellie Wendell	156	60	26:46.85	8:38	1:08.45	101	51:21.05	14.5	0:58.50	66	28:55.35	9:20	1:49:10.2
96	Jenny Turak	96	49	25:47.05	8:19	2:27.30	99	50:44.15	14.7	1:24.40	65	28:53.60	9:19	1:49:16.5
97	Beckwith-Beckwith	153	67	27:19.55	8:49	0:59.95	103	52:50.90	14.1	1:08.05	50	27:44.85	8:57	1:50:03.3
98	Debra Stroiney	90	92	29:56.00	9:39	1:36.65	74	44:29.40	16.7	1:55.95	103	33:48.80	10:54	1:51:46.8
99	Kristin Kramer	48	90	29:31.65	9:31	0:57.75	94	49:28.40	15.0	0:57.40	86	31:21.25	10:07	1:52:16.4

Race Date
August 07, 2016

Lake Erie Duathlon

Overall Results

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- 5k Run -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- 5k Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
100	Allie Sarachene	78	99	30:35.55	9:52	1:31.00	93	47:57.55	15.5	1:22.55	85	31:15.80	10:05	1:52:42.4
101	Susan Sarachene	79	100	30:35.75	9:52	1:30.55	92	47:56.10	15.5	1:25.95	84	31:14.15	10:05	1:52:42.5
102	Bill Tobin	95	104	32:09.50	10:22	2:01.60	82	45:48.55	16.2	1:41.85	96	32:40.35	10:32	1:54:21.8
103	Team Ramrod	145	103	31:50.20	10:16	1:25.80	86	46:27.00	16.0	1:36.90	101	33:39.40	10:51	1:54:59.3
104	Jill Simmons	85	108	33:02.50	10:39	0:52.40	88	46:42.35	15.9	1:01.80	109	36:22.80	11:44	1:58:01.8
105	Drew Kavelines	43									121	2:00:34.2	38:54	2:00:34.2
106	Dennis Albrowczynski	1	110	34:30.20	11:08	2:02.55	62	42:11.85	17.6	2:11.20	114	40:03.80	12:55	2:00:59.6
107	Sam Desser	17	42	24:52.30	8:01	1:04.05	113	1:05:19.6	11.4	1:09.15	64	28:47.55	9:17	2:01:12.6
108	Allison Fogle	24	84	28:55.80	9:20	1:31.05	104	52:56.70	14.1	1:37.55	110	36:27.00	11:45	2:01:28.1
109	Renee Martin	51	96	30:15.15	9:45	1:22.05	100	51:09.05	14.5	1:32.90	111	37:10.05	11:59	2:01:29.2
110	Ed Miseta	63	77	28:20.70	9:08	2:22.05	108	58:02.20	12.8	2:14.15	94	32:30.20	10:29	2:03:29.3
111	Melissa Gettel	27	111	35:52.70	11:34	3:19.95	69	43:45.10	17.0	2:30.20	113	39:32.60	12:45	2:05:00.5
112	Brianna Desser	16	56	26:27.85	8:32	1:47.35	114	1:05:27.2	11.4	1:19.00	78	30:17.80	9:46	2:05:19.2
113	Miles for Mathew	137	106	32:30.90	10:29	2:02.10	106	54:57.45	13.5	1:09.80	105	35:01.00	11:18	2:05:41.2
114	Robin McNeal	58	105	32:10.10	10:23	1:49.65	107	55:23.00	13.4	1:32.35	107	36:09.00	11:40	2:07:04.1
115	Do-Si-Do Duo	130	62	27:07.90	8:45	1:05.50	115	1:10:27.5	10.6	1:00.35	59	28:29.70	9:11	2:08:11.0
116	Deb Hess	36	109	33:37.30	10:51	1:27.00	109	59:24.70	12.5	1:29.75	99	33:01.60	10:39	2:09:00.3
117	Tammy Nelson	67	115	38:53.60	12:33	2:02.50	80	45:13.00	16.5	2:00.75	117	42:55.40	13:51	2:11:05.2
118	Patricia Boyer	8	107	32:31.55	10:29	1:17.50	112	1:03:46.3	11.7	0:53.80	108	36:13.50	11:41	2:14:42.6
119	Lawrence Berdis	6	112	37:35.75	12:07	1:21.50	105	54:02.30	13.8	1:20.55	118	43:46.95	14:07	2:18:07.0
120	David Bonner	7	113	37:47.20	12:11	2:41.20	110	59:26.70	12.5	2:32.55	115	40:42.20	13:08	2:23:09.8
121	Julie Coughenour	14	114	37:49.95	12:12	2:21.05	111	59:45.35	12.5	2:29.40	116	40:46.05	13:09	2:23:11.8