

iRock Fitness Charity 5k Run-Walk

Race Date

August 14, 2016

Overall Finish List

5k Race

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip		
								Chip Time	Gun Time	Diff	Pace	Time Back
1		Dylan Stevens	Edinboro PA	164	26	M	1 Open	15:21.8	15:22.9	0:01.1	4:57/M	
2		Andrew Nowak	Erie PA	168	29	M	1 20-29	15:46.0	15:47.3	0:01.3	5:05/M	0:24.2
3		Logan Kempney	Castorland NY	74	22	M	2 20-29	15:52.5	15:53.9	0:01.4	5:07/M	0:30.7
4		Gabrielle Kennelley	Waterford PA	75	22	F	1 Open	17:22.3	17:23.7	0:01.4	5:36/M	
5		Brady Heeter	Fairview PA	55	11	M	1 10-14	19:13.3	19:15.1	0:01.8	6:12/M	3:51.4
6		John Trucilla	Erie PA	163	55	M	1 50-59	19:24.5	19:26.0	0:01.5	6:15/M	4:02.7
7		Will Collins	Erie PA	29	30	M	1 30-39	20:05.8	20:08.2	0:02.4	6:29/M	4:43.9
8		Becky Siegler	Erie PA	133	46	F	1 40-49	20:34.0	20:37.6	0:03.6	6:38/M	3:11.6
9		Desiree Terella	Fairview PA	162	28	F	1 20-29	20:55.3	20:57.1	0:01.8	6:45/M	3:32.9
10		Anne Braggins	Erie PA	15	34	F	1 30-39	21:01.4	21:03.5	0:02.1	6:47/M	3:39.1
11		Leroy Oglesby	Erie PA	167	32	M	2 30-39	21:23.2	21:26.8	0:03.6	6:54/M	6:01.4
12		Timothy Smith	Quantico VA	141	36	M	3 30-39	21:52.9	21:58.1	0:05.1	7:03/M	6:31.1
13		Patrick Hilling	Erie PA	60	21	M	3 20-29	21:56.5	21:59.2	0:02.6	7:05/M	6:34.7
14		Patrick Kelly	Erie PA	73	16	M	1 15-19	22:04.2	22:13.2	0:09.0	7:07/M	6:42.3
15		Christopher Hawes	Erie PA	54	43	M	1 40-49	22:04.2	22:10.3	0:06.1	7:07/M	6:42.4
16		Ginny Sackett	Erie PA	161	52	F	1 50-59	22:04.3	22:07.4	0:03.1	7:07/M	4:42.0
17		Michael Musone	Erie PA	107	33	M	4 30-39	22:07.1	22:13.2	0:06.1	7:08/M	6:45.2
18		Charlie Jr Caryl	Erie PA	25	13	M	2 10-14	22:09.3	22:14.0	0:04.7	7:09/M	6:47.5
19		Nathan George	Fairview PA	46	13	M	3 10-14	22:11.0	22:15.8	0:04.8	7:09/M	6:49.1
20		Sam Purchase	Erie PA	119	16	M	2 15-19	22:13.7	22:28.2	0:14.5	7:10/M	6:51.8
21		Rocco Riazzi	Fairview PA	123	61	M	1 60-69	22:35.8	22:39.2	0:03.4	7:17/M	7:13.9
22		Brooke Reitz	Erie PA	122	35	F	2 30-39	22:50.9	22:53.4	0:02.5	7:22/M	5:28.5
23		William Daviau	Dallas TX	35	29	M	4 20-29	22:53.6	23:06.6	0:13.0	7:23/M	7:31.8
24		Travis Shaffer	Erie PA	131	25	M	5 20-29	23:18.0	23:22.2	0:04.2	7:31/M	7:56.2
25		Scott Gezymalla	Erie PA	48	45	M	2 40-49	23:21.8	23:24.1	0:02.2	7:32/M	8:00.0
26		Emily Cox	Erie PA	31	31	F	3 30-39	23:31.4	23:44.0	0:12.5	7:35/M	6:09.1
27		Ryan Fassenmyer	Erie PA	42	38	M	5 30-39	23:40.3	23:45.5	0:05.2	7:38/M	8:18.4
28		Alan Hilling	Erie PA	175	50	M	2 50-59	23:40.7	23:44.0	0:03.2	7:38/M	8:18.9
29		Rebekah Stolar	Erie PA	145	23	F	2 20-29	23:42.1	23:45.2	0:03.1	7:39/M	6:19.8
30		Kyle Woods	Erie PA	158	30	M	6 30-39	23:48.1	23:49.9	0:01.8	7:41/M	8:26.3
31		Jorge Delosrios	Woodbridge VA	36	40	M	3 40-49	24:07.7	24:12.7	0:05.0	7:47/M	8:45.9
32		Daniel Cuevas	Quantico VA	32	37	M	7 30-39	24:09.2	24:13.9	0:04.7	7:47/M	8:47.3
33		Jennifer Nuber	Erie PA	109	31	F	4 30-39	24:11.0	24:15.7	0:04.7	7:48/M	6:48.6
34		Jeff Shaw	Erie PA	132	61	M	2 60-69	24:15.8	24:19.2	0:03.3	7:49/M	8:54.0
35		John Hill	Philadelphia PA	59	26	M	6 20-29	24:16.2	24:26.5	0:10.3	7:50/M	8:54.3
36		Jaret Willits		172		M	1 0-0	24:20.0	24:24.4	0:04.4	7:51/M	8:58.2
37		Mikenz Pennington	Erie PA	114	25	F	3 20-29	24:24.5	24:31.6	0:07.1	7:52/M	7:02.1
38		Gerry Kiarl	Erie PA	77	52	M	3 50-59	24:43.1	24:51.0	0:07.9	7:58/M	9:21.2
39		Pamela Jewell	Erie PA	68	55	F	2 50-59	24:48.8	24:52.6	0:03.7	8:00/M	7:26.5
40		Debbie Mizikowski	Fairview PA	103	60	F	1 60-69	24:49.0	24:51.8	0:02.8	8:00/M	7:26.6
41		Kate Hersch	Erie PA	58	30	F	5 30-39	25:01.6	25:06.0	0:04.3	8:04/M	7:39.3
42		Chris Hollern		176		M	2 0-0	25:11.4	25:25.3	0:13.9	8:07/M	9:49.6
43		Jonathan Meighan	Erie PA	100	32	M	8 30-39	25:15.8	25:28.0	0:12.2	8:09/M	9:54.0
44		Lindsay Meighan	Erie PA	101	31	F	6 30-39	25:16.0	25:27.7	0:11.7	8:09/M	7:53.6
45		Tim George	Fairview PA	47	49	M	4 40-49	25:20.6	25:36.0	0:15.4	8:10/M	9:58.8
46		Rich Tregaskis	Erie PA	152	52	M	4 50-59	25:27.1	25:30.9	0:03.7	8:13/M	10:05.3
47		Patrick Smith	Erie PA	139	61	M	3 60-69	25:32.0	25:34.6	0:02.6	8:14/M	10:10.1
48		Preston Adams	Corry PA	5	9	M	1 1-9	25:36.2	25:37.7	0:01.5	8:15/M	10:14.4
49		Brian Thompson	Erie PA	149	29	M	7 20-29	25:39.9	25:54.6	0:14.7	8:16/M	10:18.0
50		Michael Malpiedi	Erie PA	171	57	M	5 50-59	25:40.5	25:53.9	0:13.4	8:17/M	10:18.6
51		Tiffany Patterson	Conneautville PA	112	25	F	4 20-29	25:45.1	25:50.4	0:05.2	8:18/M	8:22.8
52		David Hugar	Erie PA	170	29	M	8 20-29	25:48.7	26:02.8	0:14.0	8:19/M	10:26.9
53		Nora McCann	Erie PA	95	36	F	7 30-39	25:49.4	25:58.0	0:08.6	8:20/M	8:27.1
54		Grant Adams	Corry PA	3	9	M	2 1-9	25:58.6	26:00.5	0:01.9	8:23/M	10:36.7
55		Robert Freeman	Erie PA	45	58	M	6 50-59	26:01.0	26:06.6	0:05.6	8:24/M	10:39.1
56		Jack Kelly	Erie PA	70	20	M	9 20-29	26:04.3	26:16.1	0:11.8	8:25/M	10:42.4
57		Lleana Kelly	Erie PA	72	20	F	5 20-29	26:04.6	26:16.5	0:11.9	8:25/M	8:42.3
58		Erich Zech	Erie PA	169	58	M	7 50-59	26:10.5	26:17.6	0:07.1	8:26/M	10:48.7
59		Sarah Maxwell	Woodbridge VA	94	33	F	8 30-39	26:20.1	26:34.0	0:13.8	8:30/M	8:57.8
60		Catherine Oligeri	Erie PA	111	29	F	6 20-29	26:23.2	26:29.8	0:06.6	8:31/M	9:00.9
61		Toni Petrone	East Springfield PA	116	51	F	3 50-59	27:00.9	27:07.1	0:06.2	8:43/M	9:38.5
62		Richard Lanzillo	Erie PA	84	55	M	8 50-59	27:03.9	27:20.4	0:16.5	8:44/M	11:42.1
63		Julie Beck	Erie PA	10	45	F	2 40-49	27:15.5	27:22.9	0:07.4	8:47/M	9:53.2
64		Megan Hollern	Erie PA	63	30	F	9 30-39	27:23.9	27:35.0	0:11.1	8:50/M	10:01.6
65		Patrick Maxwell	Woodbridge VA	93	32	M	9 30-39	27:33.2	27:46.9	0:13.7	8:53/M	12:11.3
66		Gweneth Adams	Corry PA	4	11	F	1 10-14	27:34.9	27:40.7	0:05.8	8:54/M	10:12.6
67		Katie Caryl	Erie PA	26	10	F	2 10-14	28:07.3	28:12.6	0:05.3	9:04/M	10:44.9

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Overall Finish List

5k Race

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip		
								Chip Time	Gun Time	Diff	Pace	Time Back
68		Trisha Schreiber.	Erie PA	128	43	F	3 40-49	28:13.5	28:20.0	0:06.4	9:06/M	10:51.2
69		Charles Sr Caryl	Erie PA	24	0	M	3 0-0	28:18.3	28:33.4	0:15.1	9:08/M	12:56.5
70		Jen Huggler	Erie PA	65	39	F	10 30-39	28:20.1	28:28.3	0:08.1	9:08/M	10:57.8
71		Mary Butler	Erie PA	22	31	F	11 30-39	28:35.0	28:35.0		9:13/M	11:12.6
72		Elizabeth Kelly	Erie PA	69	57	F	4 50-59	28:46.1	28:58.2	0:12.1	9:17/M	11:23.7
73		Lexa Thompson	Girard PA	150	36	F	12 30-39	28:47.6	28:51.9	0:04.2	9:17/M	11:25.3
74		Renie Skalko	East Springfield PA	135	54	F	5 50-59	28:51.4	29:00.3	0:08.8	9:18/M	11:29.1
75		Kate Manchisi	Fairview PA	89	35	F	13 30-39	29:35.4	29:54.2	0:18.8	9:33/M	12:13.1
76		Danny Schenkel	Erie PA	126	24	M	10 20-29	29:37.4	29:48.7	0:11.3	9:33/M	14:15.5
77		Tony Lazarow	Union City PA	165	41	M	5 40-49	29:37.7	29:53.5	0:15.8	9:33/M	14:15.8
78		Thomas Holland		177		M	4 0-0	29:39.8	29:47.2	0:07.4	9:34/M	14:18.0
79		Sarah Holland	Erie PA	61	37	F	14 30-39	29:40.4	29:47.4	0:07.0	9:34/M	12:18.0
80		Mary Ann Scottino	Laurel MD	166	57	F	6 50-59	29:55.5	30:02.0	0:06.4	9:39/M	12:33.2
81		Michael Pettinato		174		M	5 0-0	29:57.2	30:13.5	0:16.3	9:40/M	14:35.3
82		Diana Hyjek	Fairfax Station VA	67	52	F	7 50-59	30:18.3	30:24.5	0:06.2	9:46/M	12:55.9
83		Lisa Maas	Erie PA	87	55	F	8 50-59	30:34.3	30:43.3	0:09.0	9:52/M	13:12.0
84		Michelle Polon	Erie PA	118	45	F	4 40-49	30:34.4	30:43.6	0:09.2	9:52/M	13:12.0
85		Shaun Pelley	Erie PA	113	36	M	10 30-39	30:50.6	30:54.8	0:04.2	9:57/M	15:28.7
86		Zachary Hellman	Erie PA	1805	8	M	3 1-9	31:00.0	31:00.0		10:00/M	15:38.1
87		Bud Charles	Erie PA	27	29	M	11 20-29	31:14.0	31:29.7	0:15.7	10:05/M	15:52.1
88		Tony Medina	Erie PA	99	51	M	9 50-59	31:26.2	31:41.2	0:14.9	10:08/M	16:04.4
89		Michael Beck	Erie PA	11	20	M	12 20-29	31:45.8	31:53.8	0:08.0	10:15/M	16:24.0
90		Kaylynn Lamp	Erie PA	83	18	F	1 15-19	31:45.9	31:53.5	0:07.6	10:15/M	14:23.5
91		George Dusckas	Erie PA	39	61	M	4 60-69	31:59.7	34:53.5	2:53.8	10:19/M	16:37.9
92		Kerry O'Connor	Erie PA	110	29	F	7 20-29	32:12.5	32:25.3	0:12.8	10:23/M	14:50.2
93		John Grazioli	Erie PA	50	42	M	6 40-49	32:24.9	32:38.8	0:13.9	10:27/M	17:03.1
94		Jessica Riggie	Erie PA	124	30	F	15 30-39	32:50.3	32:58.2	0:07.8	10:35/M	15:28.0
95		Stephanie Hansen	Erie PA	53	37	F	16 30-39	33:05.3	33:13.8	0:08.5	10:40/M	15:42.9
96		Andrea Rish	Erie PA	125	35	F	17 30-39	33:16.7	33:26.8	0:10.1	10:44/M	15:54.3
97		Nancy Sparks	Erie PA	143	0	F	1 0-0	33:33.5	36:27.2	2:53.6	10:49/M	16:11.2
98		Erika Medina	Erie PA	98	26	F	8 20-29	33:41.4	33:56.1	0:14.7	10:52/M	16:19.1
99		Nancy Ditmore	PA	38	61	F	2 60-69	34:14.8	34:22.4	0:07.6	11:03/M	16:52.5
100		Sharon Tidball	Erie PA	151	56	F	9 50-59	34:23.2	34:26.5	0:03.2	11:05/M	17:00.9
101		Amanda Schmitt	Erie PA	127	30	F	18 30-39	35:23.6	35:43.5	0:19.9	11:25/M	18:01.3
102		Dailene Adams	Corry PA	2	32	F	19 30-39	35:46.3	35:59.9	0:13.5	11:32/M	18:24.0
103		Stephenie Diluzio	Girard PA	37	37	F	20 30-39	35:47.2	36:02.9	0:15.7	11:33/M	18:24.9
104		Leshawn Phillips	Erie PA	117	26	F	9 20-29	35:47.4	36:02.9	0:15.5	11:33/M	18:25.0
105		Abby Allen	Portland OR	6	5	F	1 1-9	36:21.0	36:29.7	0:08.7	11:44/M	18:58.6
106		Jennifer Allen	Portland OR	7	34	F	21 30-39	36:21.2	36:29.6	0:08.4	11:44/M	18:58.9
107		Amanda Beer		173		F	2 0-0	36:29.1	36:45.5	0:16.3	11:46/M	19:06.8
108		Logan Hellman	Erie PA	57	12	M	4 10-14	37:24.5	37:27.1	0:02.6	12:04/M	22:02.6
109		Mike Gustafson	Erie PA	52	43	M	7 40-49	37:48.8	37:58.5	0:09.6	12:12/M	22:27.0
110		Kelly Gustafson	Erie PA	51	43	F	5 40-49	37:51.3	38:01.1	0:09.8	12:13/M	20:29.0
111		Randie Peters	Erie PA	115	35	F	22 30-39	40:49.6	41:17.4	0:27.7	13:10/M	23:27.3
112		Mathew Serafin	Erie PA	130	15	M	3 15-19	40:50.3	41:17.3	0:26.9	13:10/M	25:28.5
113		Kim Serafin	Erie PA	129	47	F	6 40-49	40:51.0	41:17.6	0:26.5	13:11/M	23:28.7
114		Milton Moyer	Erie PA	105	50	M	10 50-59	42:26.5	42:48.1	0:21.5	13:41/M	27:04.7
115		Joann Rastatter	Erie PA	121	51	F	10 50-59	43:00.9	43:22.3	0:21.4	13:52/M	25:38.6
116		Stephanie McIntosh	Erie PA	96	33	F	23 30-39	43:17.5	43:25.9	0:08.4	13:58/M	25:55.1
117		Amanda Brown	Erie PA	18	51	F	11 50-59	44:47.8	45:11.8	0:24.0	14:27/M	27:25.4
118		Angelia Brown	Erie PA	19	25	F	10 20-29	44:48.6	45:11.4	0:22.8	14:27/M	27:26.2
119		Robert Brown	Erie PA	21	53	M	11 50-59	44:57.1	45:20.3	0:23.1	14:30/M	29:35.3
120		Laura Hellman	Erie PA	56	38	F	24 30-39	47:59.2	48:17.1	0:17.9	15:29/M	30:36.8
121		Elie Zill	Erie PA	160	41	F	7 40-49	47:59.4	48:17.4	0:18.0	15:29/M	30:37.0
122		Kathy Braggins	Erie PA	17	64	F	3 60-69	48:25.2	48:45.6	0:20.4	15:37/M	31:02.9
123		Jim Braggins	Erie PA	16	68	M	5 60-69	48:25.4	48:45.9	0:20.5	15:37/M	33:03.6
124		Devin Wells	Erie PA	156	34	F	25 30-39	51:42.3	51:42.3		16:41/M	34:19.9
125		Michael Abt	Erie PA	1	65	M	6 60-69	52:28.6	52:45.6	0:17.0	16:55/M	37:06.7
126		Joann White	Union City PA	157	67	F	4 60-69	52:34.7	52:51.6	0:16.9	16:57/M	35:12.3
127		Kevin Smith	Erie PA	138	43	M	8 40-49	53:49.3	54:07.9	0:18.5	17:22/M	38:27.5
128		Raina Smith	Erie PA	140	13	F	3 10-14	53:49.9	54:07.8	0:17.8	17:22/M	36:27.6
129		Aimee Neubauer	Erie PA	108	34	F	26 30-39	54:37.2	55:02.3	0:25.1	17:37/M	37:14.9
130		Cynthia Hultberg	Edinboro PA	66	49	F	8 40-49	55:02.3	55:29.2	0:26.9	17:45/M	37:39.9
131		David Slack	Erie PA	136	28	M	13 20-29	55:28.4	55:28.4		17:54/M	40:06.6
132		Alex Cox	Erie PA	30	31	M	11 30-39	55:40.1	56:06.2	0:26.1	17:57/M	40:18.2
133		Laura Daviau	Dallas TX	34	30	F	27 30-39	55:52.5	56:18.0	0:25.5	18:01/M	38:30.1
134		Clarke Kuebler	Fairview PA	79	61	M	7 60-69	55:59.7	56:26.7	0:27.0	18:04/M	40:37.8

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5k Race

Place		City	Bib No	Age	Gen	AG Place	-----Total-----		Chip			
Overall	Name						Chip Time	Gun Time	Diff	Pace	Time Back	
135	Denise Kunath	Erie PA	81	40	F	9	40-49	56:25.8	56:25.8		18:12/M	39:03.4
136	Gretchen Dusckas	Erie PA	40	59	F	12	50-59	56:28.0	56:28.0		18:13/M	39:05.6