

Race Date
September 25, 2016

Stride & Stomp
Age Group Results

5k Race

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Shanda Wyatt		43	61	4	21:51.5	7:03/M	
2	Kimberly Chapman	North East PA	38	105	6	24:01.1	7:45/M	2:09.6
3	Evelyn Clark	Cranesville PA	8	107	7	24:08.1	7:47/M	2:16.6

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Orlo Austin		42	62	1	19:10.6	6:11/M	
2	Adam Shrout	Union City PA	36	137	2	20:04.7	6:28/M	0:54.1
3	Ed Gordon	North East PA	38	114	3	21:16.1	6:52/M	2:05.4

Stride & Stomp
Age Group Results

5k Race

Male 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	James Clark	Cranesville PA	7	108	5	22:34.6	7:17/M	

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Holly Murphy	Albion PA	28	127	13	26:15.6	8:28/M	
2 *	Lucy Vallesio	Erie PA	27	140	17	28:43.5	9:16/M	2:27.9
3 *	Maria Mucci	Erie PA	27	126	31	42:05.0	13:35/M	15:49.3

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Heather McCumber		33	58	18	28:47.5	9:17/M	
2 *	Maggie Peters	Waterford PA	33	130	20	31:39.0	10:13/M	2:51.4
3 *	Heather Corbin	Youngsville PA	33	110	27	34:10.7	11:01/M	5:23.2

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Emily Aspden		38	57	8	24:55.6	8:02/M	

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	James Aspden		38	56	12	25:45.7	8:18/M	

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Anonymous Runner	Erie PA	44	135	9	25:30.1	8:14/M	
2 *	Kathy Yaple	Union City PA	43	144	16	28:28.2	9:11/M	2:58.0
3 *	Tracy Langer	Erie PA	43	119	24	32:47.2	10:35/M	7:17.1
4	Michelle MacKanos	Erie PA	40	123	26	33:18.2	10:45/M	7:48.1
5	Maura Robinson	Homestead PA	40	132	30	40:57.0	13:13/M	15:26.9

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Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Kristin Kramer	Girard PA	46	117	15	27:13.3	8:47/M	
2 *	Renee Martin	Erie PA	45	124	23	32:46.8	10:34/M	5:33.4
3 *	Kim Blankenship	Erie PA	45	103	25	32:47.7	10:35/M	5:34.3
4	Kara Lafrankie	Canal Winchester OH	45	118	29	40:53.9	13:11/M	13:40.5

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	LeAnn Parmenter		50	60	11	25:42.0	8:17/M	

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Mark Sampson	Jamestown NY	50	136	14	26:23.9	8:31/M	

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Kathi Staaf	Wattsburg PA	55	139	32	43:11.8	13:56/M	

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Terry Lawrence	Wattsburg PA	56	121	10	25:34.2	8:15/M	

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Monica Warner	Corry PA	61	141	28	35:07.9	11:20/M	

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Bill Smith		61	59	19	28:57.9	9:20/M	
2 *	Joe Russell		63	55	21	31:55.5	10:18/M	2:57.6
3 *	Peter M. Winkler	Franklin PA	63	143	22	32:13.2	10:24/M	3:15.2

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5k Race

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Michael Abt	Erie PA	65	101	33	48:49.5	15:45/M	

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Stride & Stomp
Age Group Results

5k Walk

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Emiy Clark	Cranesville PA	10	106	3	37:13.4	12:00/M	
2	Jennifer Winkler	Franklin PA	58	142	5	48:24.8	15:37/M	11:11.3
3	Tricia Retchloff	Meadville PA	36	131	6	57:03.0	18:24/M	19:49.5

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	John Clark	Cranesville PA	44	109	1	30:30.8	9:50/M	
2	Rodney Daum	Tionesta PA	58	113	2	32:36.1	10:31/M	2:05.3
3	Mark Kitts	Erie PA	61	116	4	47:20.6	15:16/M	16:49.8

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5k Walk

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Marlo MacHalinski	Erie PA	43	122	7	58:40.4	18:55/M	

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Kimberly McCracken	Erie PA	55	125	8	58:43.3	18:56/M	

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Patti Myers	Erie PA	66	129	9	59:50.2	19:18/M	
2 *	Lucinda Rodgers	North East PA	66	134	10	59:51.1	19:18/M	0:00.8

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Chuck Myers	Erie PA	67	128	11	59:58.8	19:21/M	