

iRock Fitness Charity 5k Run-Walk

Age Group Results

5k Race

Race Date
August 13, 2017

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Chip Diff</u>	<u>Pace</u>	<u>Time Back</u>
1	Gabby Kennelley	Waterford PA	160	23	3	19:42.8	19:42.8	0:00.0	6:21/M	

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Chip Diff</u>	<u>Pace</u>	<u>Time Back</u>
1	Dylan Stevens	Erie PA	211	27	1	15:32.8	15:32.8	0:00.0	5:00/M	

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August 13, 2017

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Female No Age Provided

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Lexi Selfert		109	0	36	24:50.3	24:56.6	0:06.2	8:01/M	5:07.5
2	Rebecca Hertel		182	0	45	25:48.0	25:56.3	0:08.2	8:19/M	6:05.2
3	Ella Seifet		110	0	46	25:58.8	26:04.8	0:06.0	8:23/M	6:15.9
4	Maria Continenza		32	0	51	26:11.8	26:59.6	0:47.8	8:27/M	6:28.9
5	Abby Williams		76	0	83	29:01.1	29:19.8	0:18.7	9:22/M	9:18.2
6	Alison Samuels		117	0	101	32:07.9	32:24.1	0:16.2	10:22/M	12:25.1
7	Michalee Brown		20	0	121	36:46.1	36:54.6	0:08.5	11:52/M	17:03.3
8	Malia Mann		152	0	151	50:30.1	50:30.1		16:17/M	30:47.3
9	Denise Golab	Erie Bank	69	0	154	55:27.4	55:51.8	0:24.4	17:53/M	35:44.6
10	Breanna Golab		68	0	155	55:43.9	56:08.3	0:24.4	17:58/M	36:01.0
11	Chrissy Anthony		4	0	156	55:45.0	56:08.7	0:23.6	17:59/M	36:02.2
12	Claire McGraw		151	0	166	1:02:47.2	1:03:26.4	0:39.2	20:15/M	43:04.3
13	Caitlin Bames		7	0	167	1:03:14.9	1:03:54.9	0:40.0	20:24/M	43:32.0
14	Mariah Rohan		126	0	169	1:06:25.0	1:07:02.1	0:37.1	21:25/M	46:42.1

Male No Age Given

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Chris Liatti		157	0	2	18:54.3	18:56.7	0:02.4	6:06/M	3:21.4
2	Will Collins		31	0	15	21:46.5	21:49.2	0:02.7	7:01/M	6:13.6
3	Ben Elliott		52	0	23	22:21.7	22:34.4	0:12.6	7:13/M	6:48.9
4	Kevin Rose	Erie PA	122	0	27	23:00.9	23:08.0	0:07.1	7:25/M	7:28.0
5	Bobby Rainey		133	0	41	25:37.1	25:50.5	0:13.4	8:16/M	10:04.3
6	Troy Rainey		130	0	42	25:37.6	25:51.4	0:13.8	8:16/M	10:04.8
7	Aaron Hertel		183	0	47	26:06.4	26:15.1	0:08.6	8:25/M	10:33.6
8	Shawn Williams		75	0	77	28:22.4	28:42.9	0:20.5	9:09/M	12:49.5
9	Joey Padufal		140	0	128	39:17.6	39:36.2	0:18.6	12:40/M	23:44.7
10	Codie McGraw		150	0	133	41:06.4	41:45.3	0:38.9	13:15/M	25:33.6
11	Bman Golab		67	0	153	55:18.8	55:50.1	0:31.2	17:50/M	39:46.0
12	Sean Rohan		123	0	168	1:06:08.7	1:06:41.9	0:33.1	21:20/M	50:35.9

Female 9 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Ruth Grazioli		72	7	125	38:05.6	38:32.9	0:27.3	12:17/M	18:22.7
2	Eleanor Holland	Erie PA	203	5	130	40:49.8	41:07.4	0:17.5	13:10/M	21:07.0

Male 9 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Thomas Holland	Erie PA	201	7	49	26:08.4	26:16.6	0:08.2	8:26/M	10:35.5
2	Sam Grazioli		73	9	115	34:46.7	35:13.5	0:26.8	11:13/M	19:13.8

Female 10 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Katie Caryl	Erie PA	228	11	67	27:22.8	27:25.9	0:03.1	8:50/M	7:40.0
2	Emerald Rucks	Erie PA	120	12	75	28:07.8	28:10.8	0:03.0	9:04/M	8:25.0
3	Analise Wolf	Erie PA	213	11	78	28:24.6	28:31.5	0:06.9	9:10/M	8:41.8
4	Lorna Elliot	Erie PA	220	13	96	31:22.1	31:31.9	0:09.8	10:07/M	11:39.2
5	Marin Gezymalla	Erie PA	223	11	98	31:28.0	31:31.4	0:03.3	10:09/M	11:45.2
6	Olivia Prisyazhnyak	Erie PA	221	13	104	33:02.5	33:12.3	0:09.8	10:39/M	13:19.6
7	Sarah Teed	Erie PA	210	11	108	33:54.0	34:14.9	0:20.8	10:56/M	14:11.2

iRock Fitness Charity 5k Run-Walk

Age Group Results

5k Race

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August 13, 2017

Male 10 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Charles Caryl Jr	Erie PA	24	14	4	19:54.1	19:57.9	0:03.8	6:25/M	4:21.3
2	Grayson Siegler	Erie PA	227	13	70	27:40.1	27:46.3	0:06.2	8:55/M	12:07.2
3	Preston Adams	Corry PA	218	10	71	27:58.4	28:03.4	0:05.0	9:01/M	12:25.6
4	Kevin Dick	Erie PA	41	12	87	29:39.4	30:02.8	0:23.4	9:34/M	14:06.5
5	Devin Wells	Erie PA	80	14	152	54:50.3	55:18.0	0:27.7	17:41/M	39:17.4

Female 15 to 19

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Sydney Stitt	Erie PA	172	19	38	25:00.6	25:12.1	0:11.4	8:04/M	5:17.8

Male 15 to 19

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Matthew Serafin	Erie PA	158	16	52	26:12.9	26:39.0	0:26.1	8:27/M	10:40.1

Female 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Madison Collins	Erie PA	27	27	12	21:22.4	21:24.7	0:02.3	6:54/M	1:39.5
2	Rebekah Stolar	Erie PA	207	24	24	22:45.6	22:47.9	0:02.3	7:20/M	3:02.8
3	Rachel Weibel	Fairview PA	229	21	63	27:13.0	27:27.5	0:14.5	8:47/M	7:30.1
4	Kelsey Morosky	Fairview PA	230	20	64	27:15.1	27:29.6	0:14.5	8:47/M	7:32.3
5	Kristyn Zech	Erie PA	193	24	66	27:21.5	27:35.8	0:14.3	8:49/M	7:38.6
6	Stephanie Rutkowski	Fairview PA	146	25	106	33:24.8	33:36.8	0:12.0	10:46/M	13:41.9
7	Erika Medina	Erie PA	225	27	109	33:57.3	34:31.8	0:34.5	10:57/M	14:14.5
8	Angelia Brown	Erie PA	18	26	113	34:35.6	35:08.3	0:32.7	11:09/M	14:52.8
9	Cara Horchen	Erie PA	173	29	116	35:29.8	35:41.8	0:12.0	11:27/M	15:47.0
10	Jenna Newhouse	Erie PA	143	24	122	36:55.1	37:06.3	0:11.2	11:55/M	17:12.3
11	Rachel Olinger Steeves	Erie PA	124	29	138	45:21.7	45:55.2	0:33.5	14:38/M	25:38.8

Male 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Patrick Hilling	Erie PA	177	22	10	21:16.2	21:18.6	0:02.4	6:52/M	5:43.3
2	Christopher Hilling	Erie PA	237	28	18	21:54.4	21:57.6	0:03.1	7:04/M	6:21.6
3	Matt Keenan	Meadville PA	161	21	43	25:39.4	25:46.2	0:06.8	8:16/M	10:06.5
4	Thomas Mitchell	Erie PA	119	22	57	26:41.5	26:48.2	0:06.6	8:36/M	11:08.7
5	Nathan Steeves	Erie PA	93	29	141	45:32.6	46:06.7	0:34.1	14:41/M	29:59.7
6	John Fox	Erie PA	60	25	163	56:21.8	56:55.4	0:33.5	18:11/M	40:49.0

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Molly Welch	Erie PA	82	37	30	23:22.0	23:28.8	0:06.8	7:32/M	3:39.2
2	Alyssa Haight	Erie PA	188	30	44	25:47.3	25:50.6	0:03.3	8:19/M	6:04.4
3	Sarah Helland	Erie PA	204	38	50	26:10.1	26:17.5	0:07.4	8:26/M	6:27.2
4	Emily Cox	Erie PA	208	32	54	26:34.8	26:41.1	0:06.2	8:34/M	6:52.0
5	Katie Hall	Edinboro PA	187	31	58	26:41.9	27:16.4	0:34.5	8:36/M	6:59.0
6	Lana Kunik	Wattsburg PA	212	34	68	27:31.0	27:40.3	0:09.2	8:53/M	7:48.2
7	Julie Smith	Erie PA	168	30	73	28:01.3	28:17.0	0:15.7	9:02/M	8:18.4
8	Leah Merski	Erie PA	148	35	82	28:47.2	28:57.7	0:10.5	9:17/M	9:04.3
9	Jacqueline Spry	Erie PA	170	37	84	29:10.3	29:20.5	0:10.2	9:25/M	9:27.4
10	Kayla Gloekler	Fairview PA	65	32	85	29:21.4	29:31.9	0:10.5	9:28/M	9:38.6
11	Dailene Adams	Corry PA	219	33	89	30:06.6	30:18.3	0:11.6	9:43/M	10:23.8
12	Sara Hanks	Fairview PA	234	39	93	30:49.8	30:59.2	0:09.4	9:56/M	11:06.9

iRock Fitness Charity 5k Run-Walk

Race Date

August 13, 2017

Age Group Results

5k Race

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		
						Chip Time	Gun Time	Diff	Pace	Time Back
13	Amy Griffith	Erie PA	74	38	95	31:08.0	31:24.4	0:16.3	10:03/M	11:25.2
14	Elizabeth Escajadillo	Erie PA	53	33	97	31:27.1	31:48.8	0:21.6	10:09/M	11:44.3
15	Christina Disch	Erie PA	42	34	107	33:41.8	34:02.2	0:20.4	10:52/M	13:59.0
16	Lexa Thompson	Girard PA	86	37	120	36:16.6	36:40.2	0:23.5	11:42/M	16:33.8
17	Angela Rentschler	Fairview PA	137	31	123	37:31.5	38:04.2	0:32.7	12:06/M	17:48.6
18	Amanda Schmitt	Erie PA	115	31	126	38:15.9	38:43.6	0:27.7	12:20/M	18:33.0
19	Sara Piano	Erie PA	132	30	132	40:58.5	41:16.0	0:17.5	13:13/M	21:15.7
20	Christina Katen	Erie PA	166	38	143	45:56.8	46:44.6	0:47.8	14:49/M	26:13.9
21	Erin Dick	Erie PA	39	38	157	55:45.2	56:10.9	0:25.7	17:59/M	36:02.3
22	Amanda Wells	Erie PA	81	34	160	56:06.2	56:31.4	0:25.2	18:06/M	36:23.3

Male 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		
						Chip Time	Gun Time	Diff	Pace	Time Back
1	Matthew McBrier	Fairview PA	232	30	7	20:28.6	20:31.5	0:02.8	6:36/M	4:55.8
2	Cesar Domingos	Erie PA	43	31	8	20:31.7	20:33.8	0:02.0	6:37/M	4:58.9
3	Carl Alberico II	Erie PA	3	37	14	21:43.5	21:47.3	0:03.8	7:00/M	6:10.7
4	Kyle Strayer	Erie PA	91	31	16	21:47.9	21:51.3	0:03.3	7:02/M	6:15.1
5	Brandon Sieber	Erie PA	235	33	19	21:57.7	22:03.6	0:05.9	7:05/M	6:24.9
6	Ryan Fasenmyer	Erie PA	56	39	31	23:33.6	23:40.0	0:06.4	7:36/M	8:00.7
7	Brandon McBrier	Fairview PA	205	32	32	23:46.4	23:51.2	0:04.8	7:40/M	8:13.6
8	John Kuhn	Erie PA	159	34	34	24:32.8	24:55.2	0:22.3	7:55/M	9:00.0
9	Michael Daugherty	Erie PA	36	31	39	25:10.3	25:15.1	0:04.8	8:07/M	9:37.5
10	David Hugar	Erie PA	92	30	62	27:03.1	27:20.6	0:17.5	8:44/M	11:30.2
11	Michael Witte	Erie PA	191	30	72	28:01.2	28:16.8	0:15.6	9:02/M	12:28.4
12	Andrew Dick	Erie PA	38	38	99	31:34.9	31:58.8	0:23.9	10:11/M	16:02.0
13	Rocky Escojadilla	Erie PA	226	30	127	39:00.6	39:22.4	0:21.7	12:35/M	23:27.8
14	Andrew Holland	Erie PA	202	38	131	40:52.4	41:10.2	0:17.8	13:11/M	25:19.6
15	Joshua Beane	Gorham ME	9	36	140	45:30.7	46:06.7	0:36.0	14:41/M	29:57.8
16	Robert Taylor	Erie PA	89	34	159	56:01.8	56:31.2	0:29.4	18:04/M	40:29.0

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		
						Chip Time	Gun Time	Diff	Pace	Time Back
1	Becky Siegler	Erie PA	165	47	6	20:20.7	20:24.4	0:03.6	6:34/M	0:37.9
2	Theresa Hinkler	Erie PA	176	43	13	21:24.6	21:29.4	0:04.8	6:54/M	1:41.7
3	Bridget Fetzner	Waterford PA	59	43	20	21:59.1	22:04.1	0:05.0	7:05/M	2:16.3
4	Meghan McCarthy	Erie PA	198	42	60	26:52.4	27:03.7	0:11.3	8:40/M	7:09.5
5	Heidi Richter	Erie PA	216	45	79	28:25.4	28:44.2	0:18.7	9:10/M	8:42.6
6	Norine Gammon	Erie PA	64	48	100	31:52.3	32:03.4	0:11.1	10:17/M	12:09.4
7	Stephanie Hicks	Erie PA	181	49	102	32:17.7	32:47.4	0:29.7	10:25/M	12:34.8
8	Jeannine Teed	Erie PA	209	48	111	33:58.1	34:19.1	0:21.0	10:57/M	14:15.3
9	Kim Serafin	Erie PA	108	48	112	34:27.9	34:51.0	0:23.1	11:07/M	14:45.1
10	Denise Kunath	Erie PA	107	41	117	35:34.2	35:48.9	0:14.7	11:28/M	15:51.3
11	Andria Lucarotti	Erie PA	111	48	118	35:35.5	35:49.0	0:13.5	11:29/M	15:52.7
12	Dawn Blakley	Erie PA	14	47	147	48:52.4	49:25.3	0:32.8	15:46/M	29:09.6
13	Jean Nejman	Erie PA	144	47	158	55:50.1	56:11.4	0:21.3	18:01/M	36:07.2
14	Robin Boyd	Erie PA	15	46	161	56:13.2	56:46.8	0:33.5	18:08/M	36:30.4

Male 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		
						Chip Time	Gun Time	Diff	Pace	Time Back
1	Christopher Hawes	Erie PA	185	44	26	22:59.6	23:04.0	0:04.4	7:25/M	7:26.8
2	Scott Gezymballa	Erie PA	222	46	35	24:43.1	24:57.0	0:13.8	7:58/M	9:10.3
3	Scot Johnston	Erie PA	167	49	61	26:58.8	27:35.0	0:36.2	8:42/M	11:25.9
4	Ramon Patron Jr	Erie PA	139	40	69	27:37.5	28:07.3	0:29.8	8:55/M	12:04.7
5	Charles Caryl	Erie PA	23	43	81	28:31.6	28:45.4	0:13.8	9:12/M	12:58.7
6	Rick Meyer	Erie PA	147	48	91	30:43.6	31:12.6	0:29.0	9:55/M	15:10.7
7	Aaron Hanks	Fairview PA	233	48	94	30:51.7	31:01.1	0:09.4	9:57/M	15:18.9
8	John Grazioli	Erie PA	194	43	114	34:46.1	35:13.7	0:27.6	11:13/M	19:13.2
9	David Duguay	Cranesville PA	46	40	129	40:35.9	41:04.5	0:28.6	13:05/M	25:03.1
10	Philip Katen	Erie PA	101	40	142	45:55.7	46:44.3	0:48.6	14:49/M	30:22.9

iRock Fitness Charity 5k Run-Walk

Age Group Results

5k Race

Race Date

August 13, 2017

Female 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Ginny Sackett	Erie PA	215	53	22	22:18.8	22:21.4	0:02.6	7:12/M	2:35.9
2	Patty Esposito	Erie PA	54	53	55	26:35.5	26:44.3	0:08.8	8:35/M	6:52.7
3	Christine Caserta	Erie PA	25	51	65	27:19.8	27:35.3	0:15.4	8:49/M	7:37.0
4	Renie Shalko	E. Springfield PA	104	55	92	30:46.7	30:54.9	0:08.2	9:55/M	11:03.8
5	Mary McLaughlin	Greensburg PA	96	56	105	33:16.8	33:34.9	0:18.1	10:44/M	13:33.9
6	Julie Sines	Erie PA	100	50	124	37:32.2	38:04.5	0:32.2	12:06/M	17:49.4
7	Amanda Brown	Erie PA	17	51	137	45:17.1	45:59.2	0:42.1	14:36/M	25:34.3
8	Erica Schwartz	Erie PA	113	57	139	45:26.9	45:46.3	0:19.4	14:39/M	25:44.0
9	Carol Hirsch	Erie PA	175	55	145	48:45.2	49:13.5	0:28.3	15:44/M	29:02.4
10	Mary Muchard	Erie PA	236	56	146	48:46.7	49:14.4	0:27.6	15:44/M	29:03.9
11	Bren Lindell	Erie PA	156	59	148	50:06.9	50:36.6	0:29.6	16:10/M	30:24.1
12	Kathleen Lindell	Erie PA	155	57	149	50:07.9	50:36.8	0:28.9	16:10/M	30:25.1
13	Patty Piano	Erie PA	131	57	150	50:22.9	50:41.0	0:18.1	16:15/M	30:40.1

Male 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	John Trucilla	Erie PA	197	56	5	19:57.2	19:59.2	0:01.9	6:26/M	4:24.4
2	James Curry	Erie PA	35	52	9	20:32.5	20:38.1	0:05.6	6:37/M	4:59.7
3	Dante Battles	Erie PA	8	50	11	21:17.7	21:21.9	0:04.2	6:52/M	5:44.8
4	Chris Marchant	Erie PA	224	50	17	21:51.9	21:56.2	0:04.2	7:03/M	6:19.1
5	Peter McMaster	Fairview PA	149	57	25	22:53.2	22:58.2	0:05.0	7:23/M	7:20.4
6	Alan Hilling	Erie PA	180	51	28	23:05.9	23:09.4	0:03.5	7:27/M	7:33.0
7	Patrick Demarco	Erie PA	37	51	29	23:10.7	23:29.5	0:18.8	7:28/M	7:37.8
8	Ramon Ocasio	Reading PA	200	51	33	23:58.8	24:01.5	0:02.7	7:44/M	8:25.9
9	Rich Tregaskis	Erie PA	85	53	40	25:33.5	25:42.3	0:08.8	8:15/M	10:00.6
10	Robert Freeman	Erie PA	61	59	48	26:06.7	26:17.7	0:11.0	8:25/M	10:33.9
11	Mike Hirsch	Erie PA	174	56	53	26:13.9	26:39.4	0:25.5	8:27/M	10:41.0
12	Michael Malpiedi	Erie PA	112	58	56	26:40.0	27:00.4	0:20.4	8:36/M	11:07.1
13	Erich Zech	Erie PA	192	59	59	26:46.1	26:59.4	0:13.2	8:38/M	11:13.3
14	Howard Fyock	Warren PA	63	52	76	28:09.3	28:15.2	0:05.9	9:05/M	12:36.5
15	Richard McQuillan	Erie PA	97	56	80	28:26.4	28:41.5	0:15.1	9:10/M	12:53.6
16	Peter Esposito	Erie PA	55	52	86	29:36.4	29:44.7	0:08.2	9:33/M	14:03.6
17	Tony Medina	Erie PA	128	52	110	33:57.7	34:31.9	0:34.1	10:57/M	18:24.9
18	Eric Schwartz	Erie PA	114	57	135	43:32.0	43:50.9	0:18.9	14:03/M	27:59.1
19	Bob Brown	Erie PA	19	54	136	44:10.1	44:50.1	0:39.9	14:15/M	28:37.3
20	Greg Keenan	Meadville PA	162	58	165	58:31.4	59:00.8	0:29.4	18:53/M	42:58.5
21	Earl Corp	Atlantic PA	33	55	170	1:15:53.9	1:16:24.7	0:30.7	24:29/M	1:00:21.1

Female 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Debbie Mizikowski	Fairview PA	199	61	37	24:58.4	25:02.8	0:04.4	8:03/M	5:15.5
2	Marie Gritzer	Fairview PA	189	65	144	47:42.1	47:57.8	0:15.7	15:23/M	27:59.2
3	Allison Keenan	Erie PA	164	60	164	58:30.3	59:00.9	0:30.6	18:52/M	38:47.4

Male 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	
1	Rocco Riuzzi	Fairview PA	127	62	21	22:05.1	22:09.0	0:03.9	7:07/M	6:32.2
2	Ernie McMann	Erie PA	214	67	74	28:07.7	28:23.3	0:15.6	9:04/M	12:34.9
3	Bill Smith	Harborcreek PA	99	62	88	30:00.1	30:05.3	0:05.2	9:41/M	14:27.2
4	Dennis Gritzer	Fairview PA	190	66	90	30:20.8	30:31.9	0:11.1	9:47/M	14:48.0
5	George Dusckas Jr	Erie PA	50	62	103	32:33.8	32:39.8	0:05.9	10:30/M	17:01.0
6	Jerry Shalko	E. Springfield PA	105	62	119	35:37.6	35:55.5	0:17.9	11:29/M	20:04.7
7	Michael Abt	Erie PA	2	66	134	42:05.1	42:20.8	0:15.7	13:35/M	26:32.3

Male 70 to 79

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip		Time Back
						Chip Time	Gun Time	Diff	Pace	

iRock Fitness Charity 5k Run-Walk

Age Group Results

5k Race

Race Date
August 13, 2017

Male 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>	<u>Chip</u>	<u>Diff</u>	<u>Pace</u>	<u>Time Back</u>	
1	William Brady	Homosassa FL	196	74	162		56:13.9	56:47.9	0:33.9	18:08/M	40:41.1