

Race Date
August 19, 2017

ARC Step Up Erie
Age Group Results

5k Race

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Elizabeth Sowa	Pittsburgh PA	36	186	10	24:35.5	7:54/M	
2	Kristen Cummings	North East PA	25	118	13	25:22.3	8:09/M	0:46.7
3	Brianne Vogan	Saegertown PA	37	194	14	25:39.8	8:15/M	1:04.2

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Zachary Klins	Saegertown PA	23	140	1	16:59.2	5:28/M	
2	Logan Hoffman	Saint Marys PA	17	136	3	18:00.4	5:47/M	1:01.2
3	Benjamin Hoffman	Saint Marys PA	15	135	4	18:01.4	5:48/M	1:02.2

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Karen Beebe	Harborcreek PA	44	111	17	25:57.3	8:21/M	

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Mathew McClellan	Saegertown PA	41	152	2	17:35.2	5:39/M	

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5k Race

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Sophiea Hetrick	Erie PA	8	221	46	34:27.8	11:05/M	
2	Anna Mathe	Erie PA	8	148	55	36:38.7	11:47/M	2:10.9
3	Isabella Rhoades		10	212	65	38:16.9	12:18/M	3:49.1
4	Anna Tietje	Erie PA	7	191	73	39:16.8	12:38/M	4:48.9
5	Madeline McGill	Fairview PA	3	226	87	44:00.2	14:09/M	9:32.4

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Nick Kupniewski		10	251	5	22:39.2	7:17/M	
2	Caiden Sowa	Erie PA	9	185	6	22:43.4	7:18/M	0:04.2
3	Brody Barger	Erie PA	9	108	33	31:41.2	10:11/M	9:02.0
4	Joshua Reisenauer	Cambridge Springs PA	12	167	35	31:56.5	10:16/M	9:17.3
5	James Sowa	Erie PA	6	187	43	34:07.5	10:58/M	11:28.3
6	Noah Bible	Erie PA	9	222	44	34:12.6	11:00/M	11:33.4
7	Collin Putnam	Erie PA	12	163	45	34:16.3	11:01/M	11:37.1
8	Max Mathe	Erie PA	10	151	66	38:21.7	12:20/M	15:42.5
9	Luke Skarzenski	Erie PA	11	183	69	38:54.7	12:30/M	16:15.5

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Sydney Hoffman	Saint Marys PA	19	138	16	25:48.8	8:18/M	
2	Emily Bahm	Erie PA	19	107	64	38:04.3	12:14/M	12:15.5

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Mathew Serafin	Erie PA	16	180	7	24:03.7	7:44/M	

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Katelyn Reisenauer	Cambridge Springs PA	23	207	41	33:19.7	10:43/M	
2	Kelly Hedderick	Waterford PA	24	210	78	39:53.1	12:49/M	6:33.4
3	Brittany Lauffer	Erie PA	23	143	84	42:21.4	13:37/M	9:01.7

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5k Race

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Chris Say	North East PA	24	172	12	25:21.9	8:09/M	
2	Andrew Scheidemantel	Erie PA	23	175	85	42:33.2	13:41/M	17:11.3

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Kylie Krause	Erie PA	28	142	24	28:03.8	9:01/M	
2	Maureen Schuller	Erie PA	28	206	48	34:38.2	11:08/M	6:34.3
3	Aubry Regan	Erie PA	28	205	49	34:42.1	11:09/M	6:38.2
4	Ashley Giordano	Erie PA	25	128	58	36:55.2	11:52/M	8:51.3
5	Megan Sweeney	Erie PA	27	189	71	39:11.0	12:36/M	11:07.1

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Zach Miller	Erie PA	28	218	47	34:28.4	11:05/M	
2	Sean Kerins	West Middlesex PA	27	139	60	37:54.8	12:11/M	3:26.4

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Elizabeth Haffley	Erie PA	34	130	22	27:53.3	8:58/M	
2	Abby Cohen	Ellicottville NY	31	116	27	29:26.3	9:28/M	1:32.9
3	Marybeth DiSanza	Rochester NY	32	224	38	33:17.5	10:42/M	5:24.2
4	Megan Dillon	Sewickley PA	32	121	39	33:18.0	10:42/M	5:24.6
5	Megan Dougan	Fairview PA	33	122	50	35:00.9	11:15/M	7:07.5
6	Amy Dudas	Erie PA	30	126	51	35:18.2	11:21/M	7:24.8
7	Hannah Tatar	Erie PA	34	190	59	37:34.3	12:05/M	9:41.0
8	Jacqueline Smith	Erie PA	30	184	70	39:10.5	12:36/M	11:17.1
9	Emily Scavella	Erie PA	32	173	75	39:32.5	12:43/M	11:39.1
10	Rhiannon Nowakowski	Buffalo NY	30	160	94	51:26.4	16:32/M	23:33.0

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Tim Mello	Erie PA	30	154	25	28:10.1	9:03/M	
2	Craig Ferris	Rochester NY	33	217	37	33:16.9	10:42/M	5:06.8
3	Joel Marz	Erie PA	32	147	42	34:07.5	10:58/M	5:57.3

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5k Race

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Shay Davidson	Fairview PA	38	119	26	28:51.5	9:17/M	
2	Heather Adaniya	Fairview PA	39	102	36	32:44.7	10:32/M	3:53.1
3	Katrina Putnam	Erie PA	36	164	74	39:16.8	12:38/M	10:25.2
4	Holly Mathe	Erie PA	37	150	79	39:54.6	12:50/M	11:03.0
5	Jennie Bauschard	Erie PA	35	110	89	47:07.3	15:09/M	18:15.7

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Greg Weed	Waterford PA	38	195	9	24:17.3	7:48/M	
2	Timothy Brzuski	Stow OH	39	114	21	27:28.6	8:50/M	3:11.2
3	Stephen Nesbella	Erie PA	38	158	80	39:57.0	12:51/M	15:39.6
4	Garth Mathe	Erie PA	38	149	81	41:07.3	13:13/M	16:49.9
5	Bryan Bauschard	Erie PA	38	109	88	46:46.6	15:02/M	22:29.3

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Susan Tietje	Erie PA	44	192	34	31:44.7	10:12/M	
2	Erika Reisenauer	Cambridge Springs PA	42	166	40	33:19.3	10:43/M	1:34.5
3	Amy Skarzenski	Erie PA	42	181	82	41:18.5	13:17/M	9:33.7
4	Cynthia Styer	Erie PA	42	188	86	42:53.0	13:47/M	11:08.2
5	Julie Blackman	Erie PA	40	112	91	47:10.4	15:10/M	15:25.7
6	Connie Grabowski	Hamburg NY	41	129	95	54:19.5	17:28/M	22:34.7

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Kevin Kueniewski		41	250	11	25:08.3	8:05/M	
2	Eric Ellis	Laurel MA	40	202	18	26:01.3	8:22/M	0:52.9
3	Christopher Hawes	Erie PA	44	132	19	26:01.8	8:22/M	0:53.4
4	Jeff Skarzenski	Erie PA	42	182	52	35:41.8	11:28/M	10:33.5
5	Steve Reisenauer	Cambridge Springs PA	42	168	53	35:44.7	11:29/M	10:36.3
6	John Ritzenthaler	Buffalo NY	43	170	96	54:19.9	17:28/M	29:11.5

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
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5k Race

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Kim Serafin	Erie PA	48	179	57	36:42.9	11:48/M	
2	Lori Zeto	Erie PA	45	196	61	37:55.3	12:12/M	1:12.3

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Rhonda Hodde	Fairview PA	54	134	63	38:01.5	12:13/M	
2	Shelly Miller	Erie PA	51	156	72	39:15.8	12:37/M	1:14.3
3	Desiree Davis	Girard PA	51	120	92	51:24.6	16:32/M	13:23.1

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Mark Hoffman	Saint Marys PA	51	137	15	25:47.9	8:17/M	
2	Rich Tregaskis	Erie PA	53	193	20	26:58.8	8:40/M	1:10.8

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Tricia Mahoney	North East PA	56	145	31	30:59.4	9:58/M	
2	Denise Miller	Girard PA	55	201	54	35:52.8	11:32/M	4:53.4
3	Jane Andrews	Erie PA	59	106	68	38:53.6	12:30/M	7:54.1
4	Phyllis Hedderick	Waterford PA	58	211	76	39:50.7	12:48/M	8:51.3

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Mike Hirsch	Erie PA	56	133	8	24:04.9	7:44/M	
2	David Tierney3		55	223	32	31:04.7	9:59/M	6:59.8

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Susan Moyer	Erie PA	63	157	67	38:52.4	12:30/M	

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Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Martin Nevitt	Chevy Chase MD	61	159	28	29:50.6	9:36/M	
2	Ron Carey	Pittsburgh PA	62	209	77	39:52.1	12:49/M	10:01.4
3	Ken Carey	Pittsburgh PA	62	204	93	51:26.4	16:32/M	21:35.7

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Kathy Schreckengost	Erie PA	69	178	29	30:04.1	9:40/M	
2	Janet Orr	Erie PA	67	161	56	36:39.5	11:47/M	6:35.3

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Ernie McMann	Erie PA	67	153	23	28:03.1	9:01/M	
2	Joseph Schember	Erie PA	66	177	30	30:58.3	9:57/M	2:55.2
3	Mike Abt	Erie PA	66	101	83	42:01.2	13:31/M	13:58.1

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jerry Ferrier	Erie PA	74	127	62	37:55.8	12:12/M	

Male 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Larry Berdis	Erie PA	83	203	90	47:07.9	15:09/M	