

iRock Fitness Charity 5k Run-Walk

Race Date

August 13, 2017

Overall Finish List

5k Race

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip		
								Chip Time	Gun Time	Diff	Pace	Time Back
1		Dylan Stevens	Erie PA	211	27	M	1 Open	15:32.8	15:32.8	0:00.0	5:00/M	
2		Chris Liatti		157	0	M	1 0-0	18:54.3	18:56.7	0:02.4	6:06/M	3:21.4
3		Gabby Kennelley	Waterford PA	160	23	F	1 Open	19:42.8	19:42.8	0:00.0	6:21/M	
4		Charles Caryl Jr	Erie PA	24	14	M	1 10-14	19:54.1	19:57.9	0:03.8	6:25/M	4:21.3
5		John Trucilla	Erie PA	197	56	M	1 50-59	19:57.2	19:59.2	0:01.9	6:26/M	4:24.4
6		Becky Siegler	Erie PA	165	47	F	1 40-49	20:20.7	20:24.4	0:03.6	6:34/M	0:37.9
7		Matthew McBrier	Fairview PA	232	30	M	1 30-39	20:28.6	20:31.5	0:02.8	6:36/M	4:55.8
8		Cesar Domingos	Erie PA	43	31	M	2 30-39	20:31.7	20:33.8	0:02.0	6:37/M	4:58.9
9		James Curry	Erie PA	35	52	M	2 50-59	20:32.5	20:38.1	0:05.6	6:37/M	4:59.7
10		Patrick Hilling	Erie PA	177	22	M	1 20-29	21:16.2	21:18.6	0:02.4	6:52/M	5:43.3
11		Dante Battles	Erie PA	8	50	M	3 50-59	21:17.7	21:21.9	0:04.2	6:52/M	5:44.8
12		Madison Collins	Erie PA	27	27	F	1 20-29	21:22.4	21:24.7	0:02.3	6:54/M	1:39.5
13		Theresa Hinkler	Erie PA	176	43	F	2 40-49	21:24.6	21:29.4	0:04.8	6:54/M	1:41.7
14		Carl Alberico II	Erie PA	3	37	M	3 30-39	21:43.5	21:47.3	0:03.8	7:00/M	6:10.7
15		Will Collins		31	0	M	2 0-0	21:46.5	21:49.2	0:02.7	7:01/M	6:13.6
16		Kyle Strayer	Erie PA	91	31	M	4 30-39	21:47.9	21:51.3	0:03.3	7:02/M	6:15.1
17		Chris Marchant	Erie PA	224	50	M	4 50-59	21:51.9	21:56.2	0:04.2	7:03/M	6:19.1
18		Christopher Hilling	Erie PA	237	28	M	2 20-29	21:54.4	21:57.6	0:03.1	7:04/M	6:21.6
19		Brandon Sieber	Erie PA	235	33	M	5 30-39	21:57.7	22:03.6	0:05.9	7:05/M	6:24.9
20		Bridget Fetzner	Waterford PA	59	43	F	3 40-49	21:59.1	22:04.1	0:05.0	7:05/M	2:16.3
21		Rocco Riazzi	Fairview PA	127	62	M	1 60-69	22:05.1	22:09.0	0:03.9	7:07/M	6:32.2
22		Ginny Sackett	Erie PA	215	53	F	1 50-59	22:18.8	22:21.4	0:02.6	7:12/M	2:35.9
23		Ben Elliott		52	0	M	3 0-0	22:21.7	22:34.4	0:12.6	7:13/M	6:48.9
24		Rebekah Stolar	Erie PA	207	24	F	2 20-29	22:45.6	22:47.9	0:02.3	7:20/M	3:02.8
25		Peter McMaster	Fairview PA	149	57	M	5 50-59	22:53.2	22:58.2	0:05.0	7:23/M	7:20.4
26		Christopher Hawes	Erie PA	185	44	M	1 40-49	22:59.6	23:04.0	0:04.4	7:25/M	7:26.8
27		Kevin Rose	Erie PA	122	0	M	4 0-0	23:00.9	23:08.0	0:07.1	7:25/M	7:28.0
28		Alan Hilling	Erie PA	180	51	M	6 50-59	23:05.9	23:09.4	0:03.5	7:27/M	7:33.0
29		Patrick Demarco	Erie PA	37	51	M	7 50-59	23:10.7	23:29.5	0:18.8	7:28/M	7:37.8
30		Molly Welch	Erie PA	82	37	F	1 30-39	23:22.0	23:28.8	0:06.8	7:32/M	3:39.2
31		Ryan Fasenmyer	Erie PA	56	39	M	6 30-39	23:33.6	23:40.0	0:06.4	7:36/M	8:00.7
32		Brandon McBrier	Fairview PA	205	32	M	7 30-39	23:46.4	23:51.2	0:04.8	7:40/M	8:13.6
33		Ramon Ocasio	Reading PA	200	51	M	8 50-59	23:58.8	24:01.5	0:02.7	7:44/M	8:25.9
34		John Kuhn	Erie PA	159	34	M	8 30-39	24:32.8	24:55.2	0:22.3	7:55/M	9:00.0
35		Scott Gezymalla	Erie PA	222	46	M	2 40-49	24:43.1	24:57.0	0:13.8	7:58/M	9:10.3
36		Lexi Selfert		109	0	F	1 0-0	24:50.3	24:56.6	0:06.2	8:01/M	5:07.5
37		Debbie Mizikowski	Fairview PA	199	61	F	1 60-69	24:58.4	25:02.8	0:04.4	8:03/M	5:15.5
38		Sydney Stitt	Erie PA	172	19	F	1 15-19	25:00.6	25:12.1	0:11.4	8:04/M	5:17.8
39		Michael Daugherty	Erie PA	36	31	M	9 30-39	25:10.3	25:15.1	0:04.8	8:07/M	9:37.5
40		Rich Tregaskis	Erie PA	85	53	M	9 50-59	25:33.5	25:42.3	0:08.8	8:15/M	10:00.6
41		Bobby Rainey		133	0	M	5 0-0	25:37.1	25:50.5	0:13.4	8:16/M	10:04.3
42		Troy Rainey		130	0	M	6 0-0	25:37.6	25:51.4	0:13.8	8:16/M	10:04.8
43		Matt Keenan	Meadville PA	161	21	M	3 20-29	25:39.4	25:46.2	0:06.8	8:16/M	10:06.5
44		Alyssa Haight	Erie PA	188	30	F	2 30-39	25:47.3	25:50.6	0:03.3	8:19/M	6:04.4
45		Rebecca Hertel		182	0	F	2 0-0	25:48.0	25:56.3	0:08.2	8:19/M	6:05.2
46		Ella Seifet		110	0	F	3 0-0	25:58.8	26:04.8	0:06.0	8:23/M	6:15.9
47		Aaron Hertel		183	0	M	7 0-0	26:06.4	26:15.1	0:08.6	8:25/M	10:33.6
48		Robert Freeman	Erie PA	61	59	M	10 50-59	26:06.7	26:17.7	0:11.0	8:25/M	10:33.9
49		Thomas Holland	Erie PA	201	7	M	1 1-9	26:08.4	26:16.6	0:08.2	8:26/M	10:35.5
50		Sarah Helland	Erie PA	204	38	F	3 30-39	26:10.1	26:17.5	0:07.4	8:26/M	6:27.2
51		Maria Continenza		32	0	F	4 0-0	26:11.8	26:59.6	0:47.8	8:27/M	6:28.9
52		Matthew Serafin	Erie PA	158	16	M	1 15-19	26:12.9	26:39.0	0:26.1	8:27/M	10:40.1
53		Mike Hirsch	Erie PA	174	56	M	11 50-59	26:13.9	26:39.4	0:25.5	8:27/M	10:41.0
54		Emily Cox	Erie PA	208	32	F	4 30-39	26:34.8	26:41.1	0:06.2	8:34/M	6:52.0
55		Patty Esposito	Erie PA	54	53	F	2 50-59	26:35.5	26:44.3	0:08.8	8:35/M	6:52.7
56		Michael Malpiedi	Erie PA	112	58	M	12 50-59	26:40.0	27:00.4	0:20.4	8:36/M	11:07.1
57		Thomas Mitchell	Erie PA	119	22	M	4 20-29	26:41.5	26:48.2	0:06.6	8:36/M	11:08.7
58		Katie Hall	Edinboro PA	187	31	F	5 30-39	26:41.9	27:16.4	0:34.5	8:36/M	6:59.0
59		Erich Zech	Erie PA	192	59	M	13 50-59	26:46.1	26:59.4	0:13.2	8:38/M	11:13.3
60		Meghan McCarthy	Erie PA	198	42	F	4 40-49	26:52.4	27:03.7	0:11.3	8:40/M	7:09.5
61		Scot Johnston	Erie PA	167	49	M	3 40-49	26:58.8	27:35.0	0:36.2	8:42/M	11:25.9
62		David Hugar	Erie PA	92	30	M	10 30-39	27:03.1	27:20.6	0:17.5	8:44/M	11:30.2
63		Rachel Weibel	Fairview PA	229	21	F	3 20-29	27:13.0	27:27.5	0:14.5	8:47/M	7:30.1
64		Kelsey Morosky	Fairview PA	230	20	F	4 20-29	27:15.1	27:29.6	0:14.5	8:47/M	7:32.3
65		Christine Caserta	Erie PA	25	51	F	3 50-59	27:19.8	27:35.3	0:15.4	8:49/M	7:37.0
66		Kristyn Zech	Erie PA	193	24	F	5 20-29	27:21.5	27:35.8	0:14.3	8:49/M	7:38.6
67		Katie Caryl	Erie PA	228	11	F	1 10-14	27:22.8	27:25.9	0:03.1	8:50/M	7:40.0

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August 13, 2017

Overall Finish List

5k Race

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip		
								Chip Time	Gun Time	Diff	Pace	Time Back
68		Lana Kunik	Wattsburg PA	212	34	F	6 30-39	27:31.0	27:40.3	0:09.2	8:53/M	7:48.2
69		Ramon Patron Jr	Erie PA	139	40	M	4 40-49	27:37.5	28:07.3	0:29.8	8:55/M	12:04.7
70		Grayson Siegler	Erie PA	227	13	M	2 10-14	27:40.1	27:46.3	0:06.2	8:55/M	12:07.2
71		Preston Adams	Corry PA	218	10	M	3 10-14	27:58.4	28:03.4	0:05.0	9:01/M	12:25.6
72		Michael Witte	Erie PA	191	30	M	11 30-39	28:01.2	28:16.8	0:15.6	9:02/M	12:28.4
73		Julie Smith	Erie PA	168	30	F	7 30-39	28:01.3	28:17.0	0:15.7	9:02/M	8:18.4
74		Ernie McMann	Erie PA	214	67	M	2 60-69	28:07.7	28:23.3	0:15.6	9:04/M	12:34.9
75		Emerald Rucks	Erie PA	120	12	F	2 10-14	28:07.8	28:10.8	0:03.0	9:04/M	8:25.0
76		Howard Fyock	Warren PA	63	52	M	14 50-59	28:09.3	28:15.2	0:05.9	9:05/M	12:36.5
77		Shawn Williams		75	0	M	8 0-0	28:22.4	28:42.9	0:20.5	9:09/M	12:49.5
78		Analise Wolf	Erie PA	213	11	F	3 10-14	28:24.6	28:31.5	0:06.9	9:10/M	8:41.8
79		Heidi Richter	Erie PA	216	45	F	5 40-49	28:25.4	28:44.2	0:18.7	9:10/M	8:42.6
80		Richard McQuillan	Erie PA	97	56	M	15 50-59	28:26.4	28:41.5	0:15.1	9:10/M	12:53.6
81		Charles Caryl	Erie PA	23	43	M	5 40-49	28:31.6	28:45.4	0:13.8	9:12/M	12:58.7
82		Leah Merski	Erie PA	148	35	F	8 30-39	28:47.2	28:57.7	0:10.5	9:17/M	9:04.3
83		Abby Williams		76	0	F	5 0-0	29:01.1	29:19.8	0:18.7	9:22/M	9:18.2
84		Jacqueline Spry	Erie PA	170	37	F	9 30-39	29:10.3	29:20.5	0:10.2	9:25/M	9:27.4
85		Kayla Gloekler	Fairview PA	65	32	F	10 30-39	29:21.4	29:31.9	0:10.5	9:28/M	9:38.6
86		Peter Esposito	Erie PA	55	52	M	16 50-59	29:36.4	29:44.7	0:08.2	9:33/M	14:03.6
87		Kevin Dick	Erie PA	41	12	M	4 10-14	29:39.4	30:02.8	0:23.4	9:34/M	14:06.5
88		Bill Smith	Harborcreek PA	99	62	M	3 60-69	30:00.1	30:05.3	0:05.2	9:41/M	14:27.2
89		Dailene Adams	Corry PA	219	33	F	11 30-39	30:06.6	30:18.3	0:11.6	9:43/M	10:23.8
90		Dennis Gritzer	Fairview PA	190	66	M	4 60-69	30:20.8	30:31.9	0:11.1	9:47/M	14:48.0
91		Rick Meyer	Erie PA	147	48	M	6 40-49	30:43.6	31:12.6	0:29.0	9:55/M	15:10.7
92		Renie Shalko	E. Springfield PA	104	55	F	4 50-59	30:46.7	30:54.9	0:08.2	9:55/M	11:03.8
93		Sara Hanks	Fairview PA	234	39	F	12 30-39	30:49.8	30:59.2	0:09.4	9:56/M	11:06.9
94		Aaron Hanks	Fairview PA	233	48	M	7 40-49	30:51.7	31:01.1	0:09.4	9:57/M	15:18.9
95		Amy Griffith	Erie PA	74	38	F	13 30-39	31:08.0	31:24.4	0:16.3	10:03/M	11:25.2
96		Lorna Elliot	Erie PA	220	13	F	4 10-14	31:22.1	31:31.9	0:09.8	10:07/M	11:39.2
97		Elizabeth Escajadillo	Erie PA	53	33	F	14 30-39	31:27.1	31:48.8	0:21.6	10:09/M	11:44.3
98		Marin Gezymalla	Erie PA	223	11	F	5 10-14	31:28.0	31:31.4	0:03.3	10:09/M	11:45.2
99		Andrew Dick	Erie PA	38	38	M	12 30-39	31:34.9	31:58.8	0:23.9	10:11/M	16:02.0
100		Norine Gammon	Erie PA	64	48	F	6 40-49	31:52.3	32:03.4	0:11.1	10:17/M	12:09.4
101		Alison Samuels		117	0	F	6 0-0	32:07.9	32:24.1	0:16.2	10:22/M	12:25.1
102		Stephanie Hicks	Erie PA	181	49	F	7 40-49	32:17.7	32:47.4	0:29.7	10:25/M	12:34.8
103		George Dusckas Jr	Erie PA	50	62	M	5 60-69	32:33.8	32:39.8	0:05.9	10:30/M	17:01.0
104		Olivia Prisyazhnyak	Erie PA	221	13	F	6 10-14	33:02.5	33:12.3	0:09.8	10:39/M	13:19.6
105		Mary McLaughlin	Greensburg PA	96	56	F	5 50-59	33:16.8	33:34.9	0:18.1	10:44/M	13:33.9
106		Stephanie Rutkowsky	Fairview PA	146	25	F	6 20-29	33:24.8	33:36.8	0:12.0	10:46/M	13:41.9
107		Christina Disch	Erie PA	42	34	F	15 30-39	33:41.8	34:02.2	0:20.4	10:52/M	13:59.0
108		Sarah Teed	Erie PA	210	11	F	7 10-14	33:54.0	34:14.9	0:20.8	10:56/M	14:11.2
109		Erika Medina	Erie PA	225	27	F	7 20-29	33:57.3	34:31.8	0:34.5	10:57/M	14:14.5
110		Tony Medina	Erie PA	128	52	M	17 50-59	33:57.7	34:31.9	0:34.1	10:57/M	18:24.9
111		Jeannine Teed	Erie PA	209	48	F	8 40-49	33:58.1	34:19.1	0:21.0	10:57/M	14:15.3
112		Kim Serafin	Erie PA	108	48	F	9 40-49	34:27.9	34:51.0	0:23.1	11:07/M	14:45.1
113		Angelia Brown	Erie PA	18	26	F	8 20-29	34:35.6	35:08.3	0:32.7	11:09/M	14:52.8
114		John Grazioli	Erie PA	194	43	M	8 40-49	34:46.1	35:13.7	0:27.6	11:13/M	19:13.2
115		Sam Grazioli		73	9	M	2 1-9	34:46.7	35:13.5	0:26.8	11:13/M	19:13.8
116		Cara Horchen	Erie PA	173	29	F	9 20-29	35:29.8	35:41.8	0:12.0	11:27/M	15:47.0
117		Denise Kunath	Erie PA	107	41	F	10 40-49	35:34.2	35:48.9	0:14.7	11:28/M	15:51.3
118		Andria Lucarotti	Erie PA	111	48	F	11 40-49	35:35.5	35:49.0	0:13.5	11:29/M	15:52.7
119		Jerry Shalko	E. Springfield PA	105	62	M	6 60-69	35:37.6	35:55.5	0:17.9	11:29/M	20:04.7
120		Lexa Thompson	Girard PA	86	37	F	16 30-39	36:16.6	36:40.2	0:23.5	11:42/M	16:33.8
121		Michalee Brown		20	0	F	7 0-0	36:46.1	36:54.6	0:08.5	11:52/M	17:03.3
122		Jenna Newhouse	Erie PA	143	24	F	10 20-29	36:55.1	37:06.3	0:11.2	11:55/M	17:12.3
123		Angela Rentschler	Fairview PA	137	31	F	17 30-39	37:31.5	38:04.2	0:32.7	12:06/M	17:48.6
124		Julie Sines	Erie PA	100	50	F	6 50-59	37:32.2	38:04.5	0:32.2	12:06/M	17:49.4
125		Ruth Grazioli		72	7	F	1 1-9	38:05.6	38:32.9	0:27.3	12:17/M	18:22.7
126		Amanda Schmitt	Erie PA	115	31	F	18 30-39	38:15.9	38:43.6	0:27.7	12:20/M	18:33.0
127		Rocky Escojadilla	Erie PA	226	30	M	13 30-39	39:00.6	39:22.4	0:21.7	12:35/M	23:27.8
128		Joey Padufal		140	0	M	9 0-0	39:17.6	39:36.2	0:18.6	12:40/M	23:44.7
129		David Duguay	Cranesville PA	46	40	M	9 40-49	40:35.9	41:04.5	0:28.6	13:05/M	25:03.1
130		Eleanor Holland	Erie PA	203	5	F	2 1-9	40:49.8	41:07.4	0:17.5	13:10/M	21:07.0
131		Andrew Holland	Erie PA	202	38	M	14 30-39	40:52.4	41:10.2	0:17.8	13:11/M	25:19.6
132		Sara Piano	Erie PA	132	30	F	19 30-39	40:58.5	41:16.0	0:17.5	13:13/M	21:15.7
133		Codie McGraw		150	0	M	10 0-0	41:06.4	41:45.3	0:38.9	13:15/M	25:33.6
134		Michael Abt	Erie PA	2	66	M	7 60-69	42:05.1	42:20.8	0:15.7	13:35/M	26:32.3

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Race Date

August 13, 2017

Overall Finish List**5k Race**

Place		City	Bib No	Age	Gend	AG Place	-----Total-----		Chip		
Overall	Name						Chip Time	Gun Time	Diff	Pace	Time Back
135	Eric Schwartz	Erie PA	114	57	M	18 50-59	43:32.0	43:50.9	0:18.9	14:03/M	27:59.1
136	Bob Brown	Erie PA	19	54	M	19 50-59	44:10.1	44:50.1	0:39.9	14:15/M	28:37.3
137	Amanda Brown	Erie PA	17	51	F	7 50-59	45:17.1	45:59.2	0:42.1	14:36/M	25:34.3
138	Rachel Olinger Steeves	Erie PA	124	29	F	11 20-29	45:21.7	45:55.2	0:33.5	14:38/M	25:38.8
139	Erica Schwartz	Erie PA	113	57	F	8 50-59	45:26.9	45:46.3	0:19.4	14:39/M	25:44.0
140	Joshua Beane	Gorham ME	9	36	M	15 30-39	45:30.7	46:06.7	0:36.0	14:41/M	29:57.8
141	Nathan Steeves	Erie PA	93	29	M	5 20-29	45:32.6	46:06.7	0:34.1	14:41/M	29:59.7
142	Philip Katen	Erie PA	101	40	M	10 40-49	45:55.7	46:44.3	0:48.6	14:49/M	30:22.9
143	Christina Katen	Erie PA	166	38	F	20 30-39	45:56.8	46:44.6	0:47.8	14:49/M	26:13.9
144	Marie Gritzer	Fairview PA	189	65	F	2 60-69	47:42.1	47:57.8	0:15.7	15:23/M	27:59.2
145	Carol Hirsch	Erie PA	175	55	F	9 50-59	48:45.2	49:13.5	0:28.3	15:44/M	29:02.4
146	Mary Muchard	Erie PA	236	56	F	10 50-59	48:46.7	49:14.4	0:27.6	15:44/M	29:03.9
147	Dawn Blakley	Erie PA	14	47	F	12 40-49	48:52.4	49:25.3	0:32.8	15:46/M	29:09.6
148	Bren Lindell	Erie PA	156	59	F	11 50-59	50:06.9	50:36.6	0:29.6	16:10/M	30:24.1
149	Kathleen Lindell	Erie PA	155	57	F	12 50-59	50:07.9	50:36.8	0:28.9	16:10/M	30:25.1
150	Patty Piano	Erie PA	131	57	F	13 50-59	50:22.9	50:41.0	0:18.1	16:15/M	30:40.1
151	Malia Mann		152	0	F	8 0-0	50:30.1	50:30.1		16:17/M	30:47.3
152	Devin Wells	Erie PA	80	14	M	5 10-14	54:50.3	55:18.0	0:27.7	17:41/M	39:17.4
153	Bman Golab		67	0	M	11 0-0	55:18.8	55:50.1	0:31.2	17:50/M	39:46.0
154	Denise Golab	Erie Bank	69	0	F	9 0-0	55:27.4	55:51.8	0:24.4	17:53/M	35:44.6
155	Breanna Golab		68	0	F	10 0-0	55:43.9	56:08.3	0:24.4	17:58/M	36:01.0
156	Chrissy Anthony		4	0	F	11 0-0	55:45.0	56:08.7	0:23.6	17:59/M	36:02.2
157	Erin Dick	Erie PA	39	38	F	21 30-39	55:45.2	56:10.9	0:25.7	17:59/M	36:02.3
158	Jean Nejman	Erie PA	144	47	F	13 40-49	55:50.1	56:11.4	0:21.3	18:01/M	36:07.2
159	Robert Taylor	Erie PA	89	34	M	16 30-39	56:01.8	56:31.2	0:29.4	18:04/M	40:29.0
160	Amanda Wells	Erie PA	81	34	F	22 30-39	56:06.2	56:31.4	0:25.2	18:06/M	36:23.3
161	Robin Boyd	Erie PA	15	46	F	14 40-49	56:13.2	56:46.8	0:33.5	18:08/M	36:30.4
162	William Brady	Homosassa FL	196	74	M	1 70-79	56:13.9	56:47.9	0:33.9	18:08/M	40:41.1
163	John Fox	Erie PA	60	25	M	6 20-29	56:21.8	56:55.4	0:33.5	18:11/M	40:49.0
164	Allison Keenan	Erie PA	164	60	F	3 60-69	58:30.3	59:00.9	0:30.6	18:52/M	38:47.4
165	Greg Keenan	Meadville PA	162	58	M	20 50-59	58:31.4	59:00.8	0:29.4	18:53/M	42:58.5
166	Claire McGraw		151	0	F	12 0-0	1:02:47.2	1:03:26.4	0:39.2	20:15/M	43:04.3
167	Caitlin Bames		7	0	F	13 0-0	1:03:14.9	1:03:54.9	0:40.0	20:24/M	43:32.0
168	Sean Rohan		123	0	M	12 0-0	1:06:08.7	1:06:41.9	0:33.1	21:20/M	50:35.9
169	Mariah Rohan		126	0	F	14 0-0	1:06:25.0	1:07:02.1	0:37.1	21:25/M	46:42.1
170	Earl Corp	Atlantic PA	33	55	M	21 50-59	1:15:53.9	1:16:24.7	0:30.7	24:29/M	1:00:21.1