

# Sparrow Pond Trail Run

## Age Group Results

### 5k Race

Race Date  
May 04, 2019

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Katie Kuttenkuler	Wattsburg PA	35	171	2	19:35.7	6:19/M	

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Andrew Hellmann	Erie PA	30	172	1	17:02.5	5:30/M	

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## Female 9 to 11

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Allie Gladitz	Wattsburg PA	11	138	15	24:50.1	8:01/M	
2	Graci Kosiorek	Wattsburg PA	9	152	17	26:08.4	8:26/M	1:18.3
3	Ava Greer	Union City PA	11	187	21	27:29.6	8:52/M	2:39.4
4	Sophie Fritts	Fairview PA	9	175	27	28:55.0	9:20/M	4:04.9

## Male 9 to 11

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Sully Hess	Waterford PA	10	147	34	33:50.2	10:55/M	
2	Cj Haywood	Waterford PA	10	142	48	42:59.5	13:52/M	9:09.2

## Female 12 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Gwen Adams	Corry PA	14	177	10	23:32.5	7:35/M	
2 *	Ali Hess	Waterford PA	13	145	22	27:45.4	8:57/M	4:12.8

## Male 12 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Jack Fritts	Fairview PA	12	176	11	24:05.4	7:46/M	

## Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Thomas Agresti	Erie PA	19	126	4	21:02.1	6:47/M	

## Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Marlee Manuel	Connoquenessing PA	24	154	30	29:28.9	9:30/M	
2	Abby Trypus	Centerville PA	24	165	33	32:32.6	10:30/M	3:03.7
3	Aubrae Stanbro	Erie PA	24	157	43	38:12.6	12:19/M	8:43.7

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## Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Colton Titus	Erie PA	23	163	8	23:29.4	7:35/M	
2	Grant Filbeck	Erie PA	20	136	12	24:18.4	7:50/M	0:48.9
3	Joseph Stuczynski	Girard PA	27	159	19	26:24.6	8:31/M	2:55.1
4	Brett Ferrell	Waterford PA	20	185	53	53:31.6	17:16/M	30:02.1
5	Jordan Hitzges	Waterford PA	26	184	54	53:32.6	17:16/M	30:03.1

## Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Meghan Linsted	Titusville PA	31	174	18	26:20.6	8:30/M	
2	Christa Schreckengost	Erie PA	32	173	31	30:32.9	9:51/M	4:12.3
3	Amy Simmons	Cranberry Township PA	35	181	32	30:59.0	10:00/M	4:38.4
4	Whitney Keener	Waterford PA	31	150	36	35:07.6	11:20/M	8:47.0
5	Savannah Custard	Edinboro PA	32	130	37	35:08.5	11:20/M	8:47.9
6	Dailene Adams	Corry PA	35	178	47	40:45.1	13:09/M	14:24.5
7	Michelle Cottrell	Townville PA	33	129	51	44:46.5	14:26/M	18:25.8
8	Beth Kopay	Erie PA	30	151	57	53:50.7	17:22/M	27:30.0

## Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Brett Simmons	Cranberry Township PA	36	182	6	22:47.7	7:21/M	
2	Robert Fugate	Erie PA	33	137	16	25:28.0	8:13/M	2:40.3
3	Cliff Cottrell	Townville PA	39	128	52	44:48.9	14:27/M	22:01.2

## Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Maria Seman	North East PA	49	156	24	28:09.3	9:05/M	
2	Jessica Clippinger	Ripley NY	45	180	26	28:32.1	9:12/M	0:22.7
3	Kerri Greer	Union City PA	40	188	29	29:04.6	9:23/M	0:55.3
4	Carrie Johnson	Erie PA	41	149	42	38:04.0	12:17/M	9:54.7
5	Amy Haywood	Waterford PA	40	141	49	43:09.6	13:55/M	15:00.3
6	Cindy Terlitsky	Mill Village PA	43	161	50	43:32.9	14:03/M	15:23.6
7	Pamela Ferrell	Waterford PA	45	135	55	53:33.5	17:16/M	25:24.2
8	Amy Harvey	Mc Kean PA	44	139	56	53:34.5	17:17/M	25:25.2

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## Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Bryan Delio	Erie PA	46	170	3	19:44.4	6:22/M	
2	Christopher Hawes	Erie PA	46	140	9	23:31.4	7:35/M	3:46.9
3	Christian Titus	Erie PA	41	162	13	24:31.0	7:55/M	4:46.5
4	Dan Hess	Waterford PA	41	146	23	27:46.3	8:57/M	8:01.8
5	Brian Troutman	Erie PA	49	164	38	36:31.8	11:47/M	16:47.3

## Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Pamela Wassell	Erie PA	55	166	5	22:35.5	7:17/M	
2	Desiree Davis	Girard PA	53	131	28	29:02.6	9:22/M	6:27.1
3	Tricia Young	Union City PA	51	167	35	34:44.4	11:12/M	12:08.9
4	Peggy Howell	Corry PA	59	148	44	38:47.6	12:31/M	16:12.1

## Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Craig Zonna	Erie PA	56	169	7	23:07.3	7:27/M	
2	Ted Lord	Warren PA	53	153	25	28:14.1	9:06/M	5:06.7
3	Dennis Stanbro	Erie PA	54	158	39	36:32.7	11:47/M	13:25.3

## Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Mary Durlin	Girard PA	65	132	40	36:55.0	11:55/M	
2	Mary Harned	Union City PA	61	183	41	38:01.1	12:16/M	1:06.1
3	Mary Ellen Humphrey	Ripley NY	66	179	45	39:31.4	12:45/M	2:36.4
4	Rhae Brown	Corry PA	60	127	46	40:25.7	13:02/M	3:30.7

## Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Michael Durlin	Girard PA	64	133	14	24:37.1	7:56/M	

## Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	* Rod Brest	Meadville PA	71	168	20	27:21.2	8:49/M	