

LECOM 6,000 Steps for Success 5K and 1-Mile Wellness Walk

5K Run Open Male Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	58	Jonathan Goetsch	M	1: M	22	Plainfield	IL	16:06.7	16:06.7	5:11
2	169	Connor Volk-Klos	M	2: M	22	Erie	PA	16:21.7	16:20.8	5:16
3	92	Mark Miller	M	3: M	24	Erie	PA	18:01.9	18:01.7	5:48

5K Run Open Female Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	228	Jessica Persin	F	1: F	22	Erie	PA	25:20.8	20:09.8	6:29
2	5	Riya Agrawal	F	2: F	22	Pittsburgh	PA	25:48.4	20:44.1	6:40
3	159	Arden Bui	F	3: F	22	San Jose	CA	26:08.3	20:57.9	6:45

5K Run Female 1 - 19 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	190	Allie Anderson	F	24: F	14	Union City	PA	26:53.3	26:51.7	8:39
2	239	Trinity Cottrell	F	34: F	19	Erie	PA	32:15.6	32:12.1	10:22

5K Run Female 20 - 29 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	132	Lea Ziolkowski	F	4: F	25	Romeo	MI	26:08.2	20:58.0	6:45
2	177	Sydnee Johnson	F	5: F	24	Erie	PA	26:08.9	20:58.0	6:45
3	318	Maninder Kaur	F	6: F	24	Erie	PA	26:08.7	21:05.7	6:47
4	305	Aaliya Khaja	F	7: F	21	Addison	IL	26:10.5	21:06.3	6:48
5	95	Emily Kulesza	F	8: F	28	Erie	PA	21:40.0	21:38.1	6:58
6	341	Ashita	F	9: F	22	Erie	PA	27:08.6	21:41.7	6:59

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
		Mummareddy								
7	54	Amelia Kilduff	F	10: F	23	Erie	PA	27:20.0	21:47.1	7:01
8	53	Caitlin McCormack	F	11: F	26	Erie	PA	27:22.5	21:50.0	7:02
9	114	Kathleen Shay	F	12: F	22	Middletown	NJ	22:05.5	22:02.7	7:06
10	263	Lexi Seifert	F	13: F	22	Erie	PA	22:22.4	22:18.7	7:11
11	246	Christina Witters	F	14: F	22	Erie	PA	27:57.0	22:41.2	7:18
12	224	Vipheaviny Chea	F	16: F	25	Erie	PA	29:05.6	23:28.8	7:33
13	4	Andrea Jakubowski	F	17: F	24	Doylestown	PA	23:35.8	23:31.8	7:34
14	336	Kaitlyn Stroschio	F	18: F	22	Johnstown	PA	29:01.6	23:32.1	7:35
15	308	Haley Stabile	F	19: F	22	Erie	PA	29:02.1	23:32.8	7:35
16	293	Ezri Yuen	F	21: F	23	Erie	PA	29:01.9	23:33.9	7:35
17	40	Danielle Williams	F	22: F	22	Sandy Lake	PA	25:24.0	25:19.9	8:09
18	357	Keziah A Thomas	F	23: F	21	Erie	PA	26:49.1	26:49.1	8:38
19	139	Sophia Maloney	F	26: F	21	Du Bois	PA	29:01.9	28:53.7	9:18
20	264	Lena Alnazer	F	28: F	21	North Royalton	OH	29:06.4	29:02.7	9:21
21	229	Bridget Dougherty	F	30: F	26	Erie	PA	31:26.7	31:23.9	10:06
22	59	Sabrina Kurian	F	32: F	22	Erie	PA	31:41.0	31:33.4	10:09
23	350	Emma Carroscia	F	33: F	22	Erie	PA	33:50.4	31:40.9	10:12
24	258	Allie Wakley	F	36: F	29	Erie	PA	33:03.3	32:49.5	10:34
25	167	Soultana "sara" Liberatore	F	37: F	23	Erie	PA	33:21.5	33:17.2	10:43
26	165	Laurie Horsch	F	38: F	21	Erie	PA	33:22.5	33:18.3	10:43
27	230	Michelle Kaminski	F	39: F	24	Erie	PA	33:22.9	33:20.2	10:44
28	192	Taylor Rinn	F	40: F	22	Erie	PA	33:25.7	33:22.5	10:45
29	3	Maria Trejo	F	41: F	25	Erie	PA	34:15.6	34:09.9	11:00
30	340	Ashley Rakuljic	F	43: F	24	Erie	PA	35:17.7	35:17.7	11:22

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
31	189	Courtney Meyer	F	47: F	22	Erie	PA	37:12.2	37:02.7	11:55
32	13	McKenna Kaye	F	49: F	21	Erie	PA	39:04.3	38:55.7	12:32
33	242	Mughiara Qadeer	F	50: F	24	Erie	PA	40:57.2	40:50.7	13:09
34	37	Katie Tulp	F	51: F	23	Erie	PA	41:03.9	40:52.3	13:09
35	325	Anjolaoluwa Oyemade	F	52: F	21	Erie	PA	40:59.5	40:52.8	13:09
36	241	Kamala Subedi	F	53: F	23	Erie	PA	41:00.1	40:54.2	13:10
37	57	Tiffany Hsieh	F	54: F	26	Erie	PA	42:00.5	42:00.5	13:31
38	56	Bhavika Nagareddy	F	55: F	25	Erie	PA	42:01.5	42:01.5	13:32
39	256	Maclyn Vasey	F	56: F	21	Erie	PA	44:22.5	44:15.5	14:15
40	205	Maggie Cunningham	F	59: F	21	Erie	PA	44:41.0	44:38.3	14:22
41	138	Jasmina Kansara	F	63: F	23	North Royalton	OH	47:19.5	47:11.5	15:11
42	99	Emma Kinnear	F	64: F	22	Erie	PA	47:16.9	47:13.3	15:12
43	62	Christine Green	F	66: F	23	Erie	PA	56:59.0	56:46.3	18:16

5K Run Female 30 - 39 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	259	Charlotte De Vries	F	27: F	36	Erie	PA	29:02.3	28:56.8	9:19
2	86	Alexis Smith	F	29: F	30	Guys Mills	PA	31:30.8	31:22.4	10:06
3	150	Sarah McCarthy	F	31: F	38	Erie	PA	31:32.2	31:30.1	10:08
4	339	Leah Labranche	F	57: F	33	Erie	PA	44:30.4	44:17.7	14:15
5	365	Nicole Rial	F	58: F	38	Waterford	PA	44:22.9	44:22.9	14:17
6	71	Meagan Morton	F	60: F	32	Erie	PA	45:18.3	45:05.3	14:31
7	16	Brittany Karns	F	61: F	31	Erie	PA	45:17.9	45:05.3	14:31
8	266	Kimberly Tuttle	F	62: F	38	Fairport	NY	46:36.6	46:24.9	14:56

5K Run Female 40 - 49 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	85	Samantha Savage	F	15: F	41	Apex	NC	23:00.8	22:58.7	7:24
2	36	Diana Speelman	F	20: F	42	Fairview	PA	23:36.0	23:33.4	7:35
3	41	Becki Williams	F	42: F	49	Sandy Lake	PA	35:13.3	35:03.5	11:17
4	108	Danielle Hansen	F	44: F	45	North East	PA	35:28.9	35:20.3	11:22

5K Run Female 50 - 59 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	27	Heather Jones	F	25: F	50	Wattsburg	PA	27:54.5	27:52.2	8:58
2	75	Kathleen Spinazzola	F	35: F	56	Erie	PA	32:34.4	32:25.8	10:26
3	141	Patricia Crotty	F	45: F	54			37:10.1	37:01.2	11:55
4	298	Jen Carner	F	48: F	50	Waterford	PA	38:04.8	37:55.8	12:13
5	237	Carol Kulesza	F	65: F	51	Erie	PA	53:20.4	53:03.1	17:05

5K Run Female 60 - 69 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	220	Mary Harned	F	46: F	65	Union City	PA	37:02.5	37:02.5	11:55

5K Run Male 1 - 19 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	90	Alexander Savage	M	9: M	16	Apex	NC	20:05.1	20:04.5	6:28
2	32	John Grady	M	31: M	8	Erie	PA	24:40.3	24:33.9	7:54
3	162	Major Hackwelder	M	49: M	8	Erie	PA	27:44.8	27:38.5	8:54

5K Run Male 20 - 29 Results

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1	140	Ryan Lutrzykowski	M	4: M	25	Erie	PA	18:52.6	18:51.0	6:04
2	290	Dennis Bikmayev	M	7: M	23	Erie	PA	25:01.8	19:55.7	6:25
3	297	Renil Contractor	M	8: M	25	Erie	PA	25:04.8	19:57.9	6:26
4	45	Nate Peters	M	10: M	23	Erie	PA	20:18.9	20:17.7	6:32
5	164	Duncan Tallman	M	11: M	22	Erie	PA	20:22.0	20:20.9	6:33
6	317	Kevin Wisniewski	M	12: M	23	Erie	PA	25:41.8	20:28.9	6:36
7	218	Jack Gilbert	M	13: M	22	Erie	PA	25:48.8	20:44.1	6:40
8	103	Simeon Singh	M	14: M	25	Erie	PA	26:00.3	20:54.6	6:44
9	22	Carson Gausman	M	15: M	23	Erie	PA	26:06.5	20:59.4	6:45
10	206	Naseer Bahnam	M	16: M	28	Erie	PA	26:11.4	21:08.7	6:48
11	209	Nickolas Vasil	M	17: M	21	Erie	PA	26:21.2	21:09.5	6:49
12	234	Roberto Rodriguez	M	18: M	22	Erie	PA	26:22.7	21:10.7	6:49
13	307	William Zsembik	M	19: M	23	Fort Washington	PA	26:38.3	21:15.7	6:51
14	142	Austin Pense	M	20: M	25	Erie	PA	26:58.7	21:39.3	6:58
15	295	Mason Herzig	M	21: M	22	Erie	PA	27:15.7	21:39.3	6:58
16	146	Andrew Esper	M	22: M	29	Erie	PA	21:51.2	21:50.4	7:02
17	202	Frankie Pryor	M	23: M	23	Erie	PA	27:47.4	22:16.6	7:10
18	349	Luke Tsudis	M	25: M	22	Canfield	OH	28:00.6	22:39.5	7:18
19	311	Corey Zimmer	M	34: M	23	Girard	PA	24:58.5	24:55.4	8:01
20	173	Zachary Mendola	M	35: M	25	Charleroi	PA	24:58.6	24:55.7	8:01
21	273	Swagato Kanjilal	M	36: M	21	Erie	PA	25:00.8	24:57.6	8:02
22	236	Connor Peeples	M	37: M	25	Bend	OR	25:00.8	24:57.7	8:02
23	275	Sanando Kanjilal	M	38: M	21	Erie	PA	25:00.9	24:57.7	8:02
24	117	Jake	M	41: M	22	Erie	PA	25:24.0	25:18.7	8:09

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
		Holloway								
25	26	Benjamin Melle	M	42: M	22	Erie	PA	26:31.9	26:30.4	8:32
26	48	Dominic Manzella	M	43: M	21	Boston	NY	26:41.1	26:37.6	8:34
27	261	Daniel Smith	M	45: M	24	Brunswick	GA	27:18.9	27:13.8	8:46
28	147	Ethan Cunningham	M	46: M	21	Erie	PA	27:22.1	27:16.7	8:47
29	130	Zack Houghton	M	48: M	25	Erie	PA	27:45.0	27:38.5	8:54
30	331	Clark Iorio	M	51: M	23	Medina	OH	28:06.0	27:56.4	9:00
31	20	Johnny Rowland	M	54: M	22	Youngstown	OH	29:00.5	28:53.9	9:18
32	149	Faysal Abu-Samhan	M	58: M	22	Erie	PA	30:07.2	30:02.2	9:40
33	217	Devan Shumway	M	60: M	28	Erie	PA	31:10.3	31:05.0	10:00
34	49	Colin McLaughlin	M	64: M	24	Erie	PA	31:27.0	31:23.8	10:06
35	17	Blake Beck	M	65: M	23	Erie	PA	31:55.2	31:49.5	10:15
36	226	Ivan Hutchison	M	66: M	28	Erie	PA	32:21.0	32:17.5	10:24
37	172	Benjamin Tilmes	M	68: M	22	Erie	PA	33:32.7	33:30.3	10:47
38	213	Samuel Calkins	M	70: M	21	Erie	PA	34:59.9	34:56.6	11:15
39	61	Ian Rhee	M	71: M	26	Erie	PA	35:06.0	35:03.5	11:17
40	270	Zakariya Ali	M	72: M	24	Erie	PA	35:13.8	35:09.3	11:19
41	7	Connor Elsner	M	73: M	29	Erie	PA	35:14.9	35:11.2	11:20
42	186	Cameron Bush	M	74: M	22	Erie	PA	35:21.0	35:13.3	11:20
43	63	Walter Holtgreffe	M	75: M	22	Erie	PA	36:17.1	36:06.8	11:37
44	43	Porsche Lee	M	77: M	26	Erie	PA	38:25.3	38:20.3	12:20
45	128	Kunj Patel	M	78: M	22	Morton Grove Grove	IL	38:24.8	38:24.2	12:22
46	334	David Nguyen	M	80: M	26	Erie	PA	38:44.8	38:41.1	12:27
47	39	Brandon Williams	M	81: M	24	Sandy Lake	PA	39:43.4	39:33.6	12:44
48	125	Sean Blanchette	M	82: M	23	Fairview	PA	40:26.0	40:16.6	12:58
49	285	Samuel	M	83: M	23	Erie	PA	40:26.1	40:16.7	12:58

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
		Botta								
50	38	Daniel Blades	M	84: M	22	Erie	PA	41:04.3	40:44.0	13:07
51	174	Joshua Malanyaon	M	85: M	23	Erie	PA	42:20.0	42:05.2	13:33
52	227	Michael Matteis	M	86: M	22	Erie	PA	42:19.3	42:09.7	13:34
53	143	Joshua Doan	M	87: M	27	Salt Lake City	UT	42:20.0	42:16.1	13:36
54	231	Brian Shu	M	88: M	27	Erie	PA	44:22.7	44:17.7	14:15
55	96	Luke Smith	M	90: M	29	Erie	PA	53:20.2	53:03.7	17:05

5K Run Male 30 - 39 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	74	Hunter Harrison	M	6: M	39	Mc Keanmckean	PA	19:53.0	19:52.0	6:24
2	211	Dylan Raisner	M	24: M	34	Union City	PA	22:42.1	22:34.9	7:16
3	101	Matt Decker	M	27: M	35	Waterford	PA	23:18.6	23:17.2	7:30
4	145	Mohammad Kadir	M	28: M	37	Erie	PA	29:06.0	23:32.3	7:35
5	215	Zachary Robinson	M	29: M	32	Erie	PA	23:50.6	23:46.1	7:39
6	14	Jack Lee	M	30: M	38	Erie	PA	24:10.2	24:08.8	7:46
7	31	Adam Grady	M	32: M	37	Erie	PA	24:41.1	24:34.3	7:55
8	151	Andre Torres	M	33: M	31	Erie	PA	24:57.4	24:53.1	8:01
9	184	Tyler Umbrell	M	39: M	35	Erie	PA	25:01.4	24:59.1	8:03
10	46	Nathan Holder	M	47: M	32	Erie	PA	27:45.3	27:34.8	8:53
11	366	Christopher Rial	M	50: M	39	Waterford	PA	27:44.4	27:44.4	8:56
12	88	Brian Price	M	61: M	36	Erie	PA	31:21.2	31:18.7	10:05
13	135	Edwin Bautista	M	62: M	31	Erie	PA	31:26.4	31:19.6	10:05
14	131	Tyrel Thompson	M	63: M	39	Erieerie	PA	31:26.3	31:20.1	10:05
15	64	Bryan Mahoney	M	69: M	32	Erie	PA	33:53.5	33:52.1	10:54
16	112	Christopher	M	79: M	31	Erie	PA	38:42.7	38:31.9	12:24

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender</u> <u>Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock</u> <u>Time</u>	<u>Chip</u> <u>Time</u>	<u>Pace</u>
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Logue

5K Run Male 40 - 49 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender</u> <u>Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock</u> <u>Time</u>	<u>Chip</u> <u>Time</u>	<u>Pace</u>
1	8	Mark Badaracco	M	5: M	41	Erie	PA	19:23.6	19:23.1	6:14
2	12	Benjamin Radicella	M	44: M	45	Edinboro	PA	26:47.8	26:41.7	8:36
3	109	Corey Hansen	M	52: M	49	North East	PA	28:44.1	28:35.8	9:12
4	21	Dan Rowland	M	53: M	46	Youngstown	OH	28:59.7	28:53.1	9:18
5	148	Brian Benka	M	57: M	45	Erie	PA	29:05.8	29:05.8	9:22
6	299	Shawn Carner	M	76: M	45	Waterford	PA	38:04.8	37:56.3	12:13

5K Run Male 50 - 59 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender</u> <u>Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock</u> <u>Time</u>	<u>Chip</u> <u>Time</u>	<u>Pace</u>
1	238	Randy Kulesza	M	40: M	50	Erie	PA	25:10.4	25:07.9	8:05
2	91	Garvin Tate	M	56: M	54			29:06.0	29:04.0	9:21
3	127	Kregg Heenan	M	59: M	50	Erie	PA	31:06.7	30:58.9	9:58
4	161	Eric Hackwelder	M	67: M	50	Erie	PA	33:13.1	33:05.6	10:39

5K Run Male 60 - 69 Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Gender</u>	<u>Gender</u> <u>Place</u>	<u>Age</u>	<u>City</u>	<u>State</u>	<u>Clock</u> <u>Time</u>	<u>Chip</u> <u>Time</u>	<u>Pace</u>
1	87	Don Fagley	M	26: M	61	Albion	PA	22:57.4	22:52.3	7:22
2	260	Geert De Vries	M	55: M	68	Atlanta	GA	29:03.7	28:58.7	9:20
3	274	Mitch Willis	M	89: M	67	Erie	PA	46:36.1	46:24.5	14:56